

Many painters' life and emotional information are often revealed in their paintings. For example, Claude Monet's series of paintings with his wife Camille as the protagonist, as well as his own large-scale use of warm colors to cold colors from sunrise impression to water lily, reflect the changes in his mood from his heyday to his later years. Of course, there are also the maturity and change of painting skills and style, as well as Van Gogh's large-scale warm color sunflowers during his manic period. The stars of depression, and his many self-portraits. Leonardo da Vinci's commendable light and darkness in the last supper and Rembrandt who brings the light and darkness to the extreme. Using psychological knowledge to interpret paintings has long been in the west, but Chinese paintings have rarely been explored because of their unique system and profound cultural connotation.

Results: Since ancient times, there has been a legend of Nuwa refining multicolored stones to repair the sky and save people from fire and water. During the Warring States Period, Zou Yan, a family of yin and yang, combined the theory of yin and yang, five elements and five colors, and finally developed the theory of yin and yang and five elements of five elements, five colors, five internal organs and five tunes. The five elements correspond to the five directions one by one. In ancient China, the theory of Yin and Yang and the Five Elements was applied to all aspects of life-house purchase, urban planning, medical treatment and even dynasties. Later, after the development of the Wei, Jin, Tang and Song Dynasties, five colors gradually declined in the mainstream painting circle-literati painting. In the Ming and Qing Dynasties, ink painting became the mainstream. For example, cinnabar paintings appeared in the famous paintings of Fuchun Mountain Residence.

Conclusions: Chinese painting is based on Lao Zhuang's idea of searching for meaning from images, forming a unique method of taking images, taking freehand brushwork as the aesthetic principle in creative thinking and creative practice. Regardless of how professional painters and literati painters understand images, the general point is the concentrated expression of the painter's thoughts and feelings of "sensing from objects" and "hidden within". Ignoring the importance of form to images is not conducive to the reform and development of national art in the new situation.

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ANALYSIS OF PSYCHOLOGICAL PROMOTION STRATEGIES AND PATHS IN CHORUS CONDUCTING TEACHING IN COLLEGES AND UNIVERSITIES

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Background: With the improvement of people's living standard, the public is paying more attention to the quality of spiritual and cultural life. Under such a background, some folk chorus came into being. However, due to the lack of command talents in China, these folk choruses cannot meet the needs of basic performances, and they cannot afford to improve their performing skills. In the training of Chinese music and art talents, choral command majors recruit fewer students every year, and the graduates do not meet the requirements of chorus command talents. Therefore, it is necessary to analyze the current teaching situation of chorus conducting in colleges and universities, and find out the problems existing in the teaching, so as to put forward the solution strategy and path.

Subjects and methods: The chorus command course is a comprehensive course. It is not like a piano, vocal music and other technical courses, and not like music theory, harmony theory course while it is a comprehensive course integrating theory, creation, technology and so on. In the process of conducting chorus command and teaching in colleges and universities, it is necessary to have a clear understanding of the content of the course. As far as the current situation of chorus command teaching in China is concerned, there are some problems in the following aspects: First of all, colleges and universities do not pay attention to the chorus command and teaching, resulting in that students' understanding of the content of the curriculum is not comprehensive. A lot of music and art majors in various colleges and universities in our country have set up a chorus command course. But due to various reasons, schools and teachers don't pay enough attention to this course. Even some music teachers believe that chorus command courses belong to supplementary courses, while vocal music and instrumental music are key professional courses.

Study design: After analyzing the current situation of college chorus command teaching, we can see that there are some problems in the traditional chorus command teaching method. In view of the existing problems of teaching, this paper puts forward the following strategies of conducting chorus command

teaching in colleges and universities.

Results: Chorus teaching is not only to make the students master the knowledge of chorus and command, but also let the students have a certain ability to perform the chorus and command, which requires the students to understand, analyze and deal with the music from the double angles of singing and conducting. The study of theory and the training of skills are the core of chorus command teaching, which shows the professional and practical of the chorus command teaching. In the teaching of chorus command in colleges and universities, the following points should be emphasized in order to fully realize the professionalism and practicality of teaching, as Figure 1.

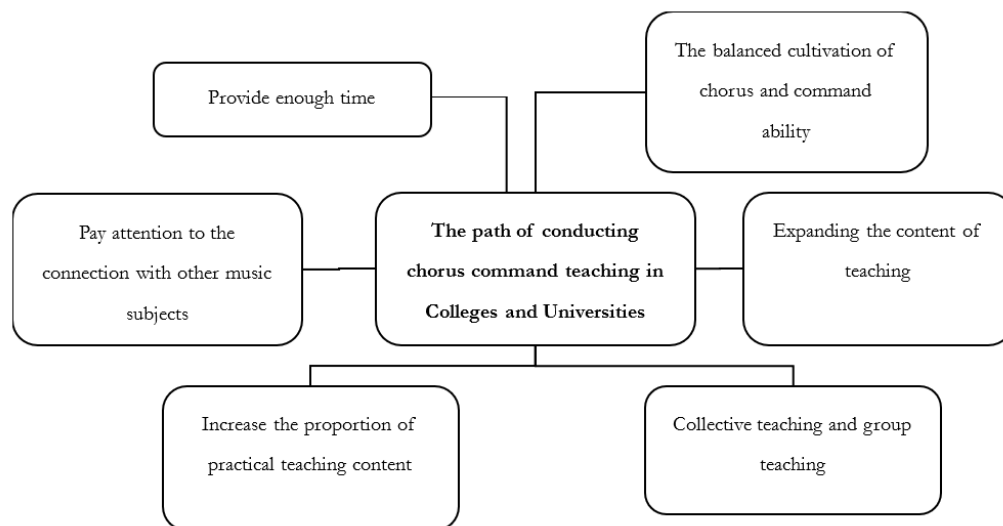


Figure 1. The path of chorus command teaching in colleges and universities

In addition, the proportion of practical teaching content should be increased. The study of the chorus command course is not only the study of theoretical knowledge, but also the learning of chorus and command skills. Practice and theory are equally important, and no one should be ignored. In the arrangement of teaching content, the practice of students should be increased. The more times the practice is, the more the students' chorus command experience will be. At the same time, the students' organizational and performance ability is also cultivated in the concrete practice. Chorus is art of teamwork, and it can't be completed by one person. The wonderful chorus performance often requires the tacit coordination of the whole chorus team and the command. In the practice of the re-creation of a chorus work, the ability of the students' chorus command and operation will be exercised and promoted repeatedly. At the same time, teachers should provide necessary and timely help to the students in the process of practice training, and provide solutions to the students' various problems, so as to help them improve the level of chorus command.

Conclusions: The shortage of chorus command talents requires that universities must deeply reflect on a series of problems in current teaching when carrying out chorus command teaching. It includes the lack of attention to the chorus command course, the single form of teaching, the neglect of the command practice of the students, and so on. On this basis, colleges and universities should transform teaching strategies conscientiously, recognize the value of chorus command teaching, and adopt comprehensive teaching methods. Through the provision of adequate number of hours, balanced chorus and command ability, and increasing the proportion of practical teaching content, the professionalism and practicability of the chorus command teaching are realized, so as to cultivate outstanding choral conductor talent.

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A THEORETICAL MODEL OF SPORTS SINGLE CYCLE COMPETITION RANKING BASED ON SPORTSMANSHIP PROMOTION

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Background: Antagonism competition's principle of "Winner takes priority, pay attention to winning or