

increase the dimension of comparison. Therefore, teachers' evaluation will be more objective and comprehensive.

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PROBLEMS AND COUNTERMEASURES OF MENTAL HEALTH EDUCATION IN RURAL SCHOOLS

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Background: It is the consensus of educators to deepen educational reform and promote the development of quality education. The school should cultivate people who are physically and mentally healthy, with all-round development of knowledge and ability, sound personality and good personality to adapt to the society. This educational thought pays attention to the all-round development including people's psychological quality, and paying attention to the cultivation of psychological quality must pay attention to mental health education. Mental health education is an important part of quality education. Since the rise of mental health education in mainland China in the 1980s, many experts, scholars and educators have invested a lot of energy in the research of mental health education. However, most of their eyes focus on China's economically developed areas, and pay less attention to the majority of rural schools.

Subjects and methods: With the continuous improvement of modern social and economic level, people's ideological, cultural and moral quality has been gradually improved. More and more people pay more attention to mental health problems, and school mental health education is a part that cannot be ignored by educators. In recent years, rural school mental health education has attracted extensive attention, there is no regional difference in attaching importance to school mental health education, and rural school mental health education also needs attention. This paper briefly expounds some problems still existing in rural school mental health education and the countermeasures to solve these problems.

Study design: The shadow of exam-oriented education has been perplexing the majority of primary and secondary school students. In addition, rural parents themselves suffer from less reading and place their hopes on their children. Rural primary school students bear great learning pressure, and because they are left behind children, they have nowhere to tell when they encounter pressure. This accumulated psychological pressure causes primary school students to move forward with heavy load in learning, and its main performance is learning and examination anxiety. With high expectations and worry about not doing well in the exam, they are nervous, impatient, rapid heartbeat, dizziness, sweating, poor sleep, decline in learning efficiency, exaggerating failure, fidgeting, making random answers, leaving the exam room too early, etc. As the normal level cannot play, it is easy to fail in the exam. We learned from the survey and interview that lack of sleep, decline in learning efficiency and random answers are the most prominent external manifestations of rural primary school students' learning and test anxiety. (1) Difficult parent-child communication. (2) Self-blame tendency. (3) Anxiety about self-image.

Methods of statistical analysis: School education, family education and social education are studied by means of investigation and analysis and literature review.

Results: Change the concept of mental health education in rural schools. School is the main place for students to receive education. If there is a deviation in the concept of mental health education in a school, when students encounter psychological problems, they will have no way to seek help and difficult to solve, which will gradually affect the development of students' mental health. Therefore, for rural schools, we should scientifically understand the objectives, objects and contents of mental health education, we should timely break the old ideas and realize the importance of mental health education to students. We must fully understand students rather than judge them by traditional exam-oriented education. We should not only care about students' academic achievements, but also pay attention to students' physical and mental health growth. Education management departments can also regularly carry out teacher training and Symposium on mental health education, more practically and effectively assist rural schools to establish a correct concept of mental health education and promote the benign development of mental health education: a. Improve the management system of mental health education. b. Construct the network system of mental health education.

Conclusions: The mental health education of rural school students is an easy problem to be ignored in the current education system. The mental health problem of primary school students is by no means an

individual phenomenon, which needs the high attention of the whole society, especially the leaders, teachers and management departments of rural primary schools. As long as all parties pay attention to it and it is not difficult to resolve it, the mental health education of primary school students will be greatly improved under the attention of home, school and society.

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RESEARCH ON INTEGRATING NATIONAL ELEMENTS INTO HOME DESIGN BASED ON THE PSYCHOLOGICAL NEEDS OF OWNERS

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Background: Due to the different geographical environment, historical changes and economic development levels, different countries have their own unique cultures. This cultural difference is mainly reflected in people's living habits, values, aesthetics and so on. China is a country with a long history and culture. The 5000-year historical accumulation contains rich cultural essence. Designers should learn from the essence of traditional culture and apply it to the design of space. Therefore, how to properly integrate the traditional decorative elements with the modern living space is a problem worth pondering.

Subjects and methods: In today's society, the rapid economic development has greatly improved people's living standards, and people's pursuit of home life quality has also improved. We are no longer satisfied with the simple living function in the living space. Therefore, how to improve the design quality of home space and better meet people's demand for home has become the main content of interior designers.

Study design: Chinese traditional elements are the external manifestation of Chinese traditional culture and an important part of Chinese culture and art. It is reflected in people's lifestyle, customs, psychological characteristics, aesthetic taste, values and other aspects of daily life. Chinese traditional elements have deeply shaped the national character of the Chinese people in the long-term development and evolution, and also influenced the development of world culture and art with its unique oriental aesthetics. The so-called home space design is to use various technical means to create a place to meet people's living needs. Room space design involves multi-disciplinary knowledge, such as aesthetics, color psychology, materials science, mechanics, architecture, physics and so on. It can be seen that it is not easy to organically combine traditional decorative elements with home space design to truly create an indoor environment that can meet people's material and spiritual needs. Chinese traditional culture has a profound connotation. People should grasp its connotation as a whole, start with the details, and absorb the traditional decorative elements beneficial to home design.

Methods of statistical analysis: Chinese traditional color. Chinese traditional architecture is rich and gorgeous in color. Red, cyan, yellowish brown and other colors are widely used indoors and outdoors. Zhumen white wall, carving and painting create an indoor color decoration style with Chinese traditional characteristics. Color is not only highly symbolic, but also has a profound impact on people's psychology and physiology. Therefore, color plays a very important role in interior design. The meaning of color in different cultural backgrounds will be different. For example, in Chinese traditional culture, red represents festivity and warmth. It is an auspicious color, which is called "China Red". However, in some western countries, red represents bloody and erotic, which is an unlucky color. Another example is yellow. In Chinese traditional culture, yellow is regarded as a stable and solemn color, which means to prolong life. There is also the saying of "dark yellow in heaven and earth", but in the west, yellow is regarded as a dirty color and pornographic color. "The image of living in heaven is formed on earth, and changes are seen." Chinese traditional culture holds that the application of color should change according to different environments. The good living environment in the room design is composed of various factors. The living space should be arranged according to the heavenly stems and earthly branches of the residents, yin and Yang and five elements. Therefore, in the design of home space, we should be familiar with the traditional color taboo, and use color carefully and carefully.

Results: The rapid development of economy has greatly improved people's living standards, and people's requirements for living environment and working environment will be higher and higher. Traditional values are not only called tradition because of their long history, but also because they are valuable to people. The