

sophomores scored lowest. Urban students scored highest and urban students scored lowest.

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RESEARCH ON THE ROLE OF SINGING PSYCHOLOGICAL QUALITY IN VOCAL MUSIC TEACHING AND PERFORMANCE

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Background: Having good psychological quality can reasonably regulate their emotions. Good psychological quality plays a positive and important role in any industry. Similarly, singing psychological quality also plays an important role in vocal music teaching and vocal music performance, so it is of great significance to study and research on water culture of traditional national rural culture tourism development under the mass psychology of new ecological environment analyze the methods of how to improve students' singing psychological quality for the development of vocal music teaching activities.

Subjects and methods: The quality of singing psychological quality will directly affect the development prospect of students' singing career in the future. The reason is that singing psychological quality can effectively help students overcome various negative emotions in the process of singing, and also contribute to the smooth development of teaching activities.

Study design: This paper will focus on how to improve students' singing psychological quality from three aspects, in order to provide some help for relevant research.

Methods of statistical analysis: The role of singing psychological quality in vocal music teaching. 1. Singing psychological quality is conducive to cultivating students' interest in singing. Interest is the best driving force for learning. The vocal music learning process is a relatively boring process. In learning, we should pay attention to the adjustment of students' learning psychology. In a good psychological state, it will be easier to have interest and achieve better learning results. 2. Singing psychological quality is conducive to mobilize students' subjective initiative. Learning is a process like sailing against the current, which requires a long time of persistence. Good psychological quality in learning will stimulate students' interest in learning and turn teachers' forced learning into students' active learning. Students think consciously and study hard to learn vocal music. It has better learning effect than boring knowledge explanation, so as to quickly improve their musical literacy. 3. Singing psychological quality is conducive to teachers to adopt correct teaching methods. Singing teaching method is an important part of singing learning. Facing students with different conditions, teachers should teach students according to their aptitude. Sometimes using the same teaching method will often have different effects. For example, the method of severe criticism may make the outward oriented students study harder, while the inward oriented students may inhibit their ability to express themselves and their understanding of singing works. Therefore, teachers should adopt teaching methods suitable for students' own characteristics, encourage, affirm and appreciate students, and strive to be reasonable and emotional.

Results: Give full play to the guiding role of teachers. Teachers should play a more guiding role in follow-up teaching activities, encourage students to practice singing, organize some joint activities in and between classes, actively encourage students to participate, and teach according to the characteristics of students, while improving the singing level improve one's own psychological quality, and finally realize all-round growth.

Students are required to practice frequently. The improvement of singing psychological quality cannot completely rely on the work of teachers. Students should also develop study plans based on their own characteristics, strive to improve their psychological quality, and continuously enhance their own abilities.

Strengthen psychological education. The improvement of psychological quality is directly related to psychological education. In the follow-up work, teachers should clarify their responsibilities, take the long-term development of students as the core pursuit of teaching, and take the continuous progress of students as their own responsibility, carry out professional teaching, increase psychological counseling and education content, and cultivate students' singing psychological quality for a long time.

Conclusions: Teachers should change the traditional teaching misunderstanding, realize the importance of psychological counseling and the important role of singing psychological quality in vocal music teaching and performance, and understand some specific theoretical contents. In the follow-up teaching activities, vocal music teachers should pay attention to the cultivation of students' psychological quality, formulate corresponding teaching plans according to the characteristics of each student, and teach students according

to their aptitude. And in the teaching process, constantly guide students' positive emotions, encourage students to practice more, improve their singing level, and continuously improve students' psychological quality, which is also conducive to the smooth development of teaching activities.

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THE FUNCTION AND STRATEGY OF PSYCHOLOGICAL SUGGESTION IN MODERN ENGLISH TEACHING

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Background: Suggestion is a process in which individuals or groups exert influence on individuals through implicit and indirect methods. It is the most common psychological phenomenon in people's daily life. Its role is often greater than that of direct persuasion or instruction. English teachers should make full use of psychological suggestion to stimulate students' interest in learning, actively dredge their negative and dull emotions, timely solve students' psychological problems of anxiety, inferiority and weariness, and improve the efficiency of English teaching.

Subjects and methods: Psychological suggestion refers to the psychological characteristics that people accept the influence of the wishes, ideas, emotions, judgments or attitudes of the outside world or others. It is a psychological phenomenon that people or environment send information to individuals in a very natural way, and individuals inadvertently accept this information, so as to make a corresponding response. English classroom teaching needs teachers to actively create the conditions for the implementation of psychological suggestion, adopt reasonable and effective ways and methods, and effectively use all the existing favorable conditions. Indirectly stimulate students' potential consciousness from the side, so as to have a positive impact on students' psychology and behavior.

Study design: Build a harmonious classroom interpersonal relationship. First, the harmony between teachers and students. The relationship between teachers and students is the most basic interpersonal relationship in middle school and one of the key factors to measure the success or failure of school teaching. Building a harmonious relationship between teachers and students with mutual respect, personality equality, teaching and learning and mutual care is the core content of harmonious interpersonal relationship on campus. We should achieve harmony in this regard. It is inseparable from the improvement of teachers' own quality and their own teaching ability. As the saying goes, "learning from high is a teacher and being a model", teachers can't do this. The establishment of a harmonious relationship between teachers and students can only become empty talk. Secondly, the harmony between students. Without the harmony between students, there will be no normal teaching order and learning atmosphere.

Methods of statistical analysis: Implication of language. Language is the basic way of human communication, so it is also an important means to realize psychological hint. The key of language suggestion is to use affirmative language to give psychological support to the implied object. Therefore, in teaching. Especially in class, appropriate language should be used to hint at students. In English classroom teaching, guiding people is a very important link. Through the use of guiding language, give students hints about the contents to be discussed and learned in this class, and naturally introduce students into the state to smoothly enter the next step of learning. Using relaxed and lively language will create a positive and active classroom atmosphere. Make students learn knowledge in a cheerful atmosphere and experience the fun of learning. From the topics most students are interested in. Everyone is familiar with the theme of this class in the conversation, so that the students unknowingly enter the state of learning, so as to avoid sudden transfer. In addition, when responding to students' activities and answers, we should also pay attention to language hint. When students answer questions or participate in activities, they always want to be supported and recognized by others. If teachers do not affirm and encourage their behavior at this time, it is bound to bring negative psychological impact to students, thus affecting their learning mood and effect.

Results: Stimulate learning interest and improve motivation. Motivation in psychological suggestion includes external motivation and internal motivation. External motivation stimulation focuses on creating various external conditions to improve students' learning motivation, such as reward, praise and so on. Internal motivation stimulation focuses on optimizing personal internal psychological factors to improve the level of learning motivation, such as arousing curiosity, thirst for knowledge, interest, sense of success, self-esteem, self-confidence and so on. Examples of stimulating students' interest in learning and improving their motivation can be found everywhere in teaching.

Conclusions: The application of psychological suggestion in English teaching permeates all aspects. We should also continue to explore and study in ordinary teaching, according to the actual situation of students.