

more attention to and participate in the activity. Success is an inevitable way to cultivate students' interest in sports. Students continue to succeed in classroom physical education and extracurricular physical exercise, stimulate and continue their interest in sports, so as to ensure that students are willing to exercise and diligent in exercise. By constantly seeing or experiencing success, we can further promote the generation of college students' sports interest. (4) Cultivate students' interest in sports through happy sports. College physical education should let students experience the happiness of sports in the process of sports activities, so as to cultivate their interest in sports. On the basis of mutual respect between teachers and students, form a harmonious relationship between teachers and students and establish a loose learning environment. (5) Maintain students' interest in sports through teaching art. Classroom physical education is an important way to cultivate college students' interest in physical education. In the process of cultivating students' interest through classroom physical education, physical education teachers need to accumulate a lot of knowledge and arrange their own teaching methods and means from different dimensions such as psychology and physiology. (6) Further stimulate students' interest through competitive games. Students are generally competitive and hope to express themselves through various activities. The selection of the competition should be carried out carefully, so that every student has the opportunity to win, so as to avoid the loss of confidence of some students due to repeated failures. Through a variety of different levels and different nature competitions, we can further cultivate students' sports enthusiasm and promote and stimulate the formation of sports interest.

Conclusions: In short, the research on the promotion of students' physical health emphasizes the stage and process of physical exercise behavior change, as well as the role of more social cognitive factors in its formation and maintenance. A new analysis and interpretation of the change of physical exercise behavior from the perspective of ecological view and system view has become an important direction for the development of this field in the future. A few researchers began to try to combine two or three theories to construct a comprehensive behavior change theory, and carry out some preliminary empirical research.

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CONSTRUCTION OF THE THEORETICAL SYSTEM OF NATIONAL GEOGRAPHIC ENVIRONMENT FROM THE PERSPECTIVE OF MARXIST MATERIALIST DIALECTIC PSYCHOLOGY

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Background: In being one of the Chinese nation, has modern powers of oppression, many people of insight in order to achieve the goal of saving the nation from subjugation, began to try to introduce western ideas, such as reformism, anarchism, populist, liberalism and anarchism, etc., have become the Chinese advanced molecular active learning objects, although these ideas have certain advanced, but failed to make China's future and destiny of problem fundamentally solved, until the early twentieth century, after the construction of the national geographic environment, along with the new democratic revolution and socialist revolution unfolding. Only then did China gradually embark on the correct development path with Marxism as the core, and through the gradual improvement of Marxism and the continuous self-revolution, the center of the Chinese nation stands firm in the east of the world. Thus, a combination of Marxism with Chinese practice has in nearly years of revolution and construction has achieved outstanding results, only to the Sinicization of Marxist gradually, can let the Chinese socialist construction on the right track, and to build the theory system of Marxist materialist dialectics process and research, natural is very realistic.

Study design: Marxist theoretical system, as a kind of historical materialism, dialectics and a critique of capitalism on the basis of political, economic, social, world view, in the process of development and perfection though has become a national geographic environment construction of the socialist cause of guiding ideology. However, as a result of China's national conditions compared with western society there is a strong specificity. Therefore, in the process of the construction and development of socialist China, Marxist theoretical system still needs to China's actual conditions combined with times characteristics, gradually realize the Marxist materialist dialectics. Since the birth of national geographic environment of the revolution itself, it is a direct reflection of the course of Marx's materialist dialectics. Therefore, from the different stages of China's socialist construction, the Marxist materialist dialectics has carried on the review and analysis of national geographic environment from the ecological perspective. At the same time around the theoretical system of Marxist materialist dialectics embody the spirit of building on the discussion, hope to be able to make the development of Marxist materialist dialectics, can clearer to understand.

Subjects and methods: Marxism theory system as an important ideological weapon to revitalize the Chinese nation, since early last century since the establishment of a national geographic environment, has been very valued, and national geographic environment of people such as Li Dazhao, Mao Zedong in order to better use of Marxism, also put forward the principle of combining Marxism with Chinese reality, this is not only for the pointed out the direction of the continuous progress of the Chinese revolution, at the same time also let people represented by Mao Zedong's national geographic environment has been clear about the essence of Marxist theory and method of class struggle.

Results: From national geographic environment established nearly a century of national geographic environment, Marxist materialist dialectics are able to succeed, and provide important guidance for China's socialist construction, the key lies in the labor of the revolutionary spirit itself from national geographic environment, and it is also a national geographic environment can always adhere to the leadership of the important reasons for the revolution and construction career. For national geographic environment, as a result of Marxism party itself is a highly critical and revolutionary as, so want to victory in the revolution and reform, it is necessary to have self-revolutionary spirit and courage, and in extreme difficult struggle, the communists also do insist on this point, take the initiative to learn experience from practice mistakes, overcome their own is not enough, and in the process of self-denial exploration gradually realize self-improvement.

Conclusions: In short, Marx's materialist dialectics as a national geographic environment of revolution, construction and reform of the basic ideological line, has experienced a very long since the founding of the national geographic environment, the theory of new democratic revolution, socialist revolution theory or the theory of socialism with Chinese characteristics new era, XJP, the thought of socialism with Chinese characteristics, are all important theoretical achievements of Marxist materialist dialectics, and Marxist materialist dialectics are able to continue to succeed, is because of theory system of constructing national geographic environment.

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CORRELATION ANALYSIS BETWEEN ARTISTIC CHARACTERISTICS AND CULTURAL PSYCHOLOGY OF DANCE CHOREOGRAPHERS AND DIRECTORS

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Background: The theoretical hints of creativity psychology to Chinese Dance circles show that temperament, as the expression of people's high-level neural activities in behavior, is the dynamic characteristic of people's psychological activities. It is mainly reflected in the strength of emotion, the speed of thinking, the size of willpower, the difficulty of concentration and transfer of attention, and the internal and external direction of psychological activities. Practice has proved that artistic temperament is closely related to creative activities and has a profound impact on the publication of future works. One of the artistic characteristics and creative styles of dance choreographers is that they are good at changing and adjusting their artistic temperament when their works go through a difficult period. The research on the temperament of art masters is connected with the research on the psychology of creativity, which will have a profound impact on the research on the new generation of dance choreographers and directors and the improvement of the quality of cultural psychology. Artistic temperament is a kind of vigorous spirit in dance creation activities, a bottom pull formed by the accumulation of artistic practice, a high-level embodiment of aesthetic cultivation in the publication of works, and a reflection of profound cultural knowledge and strong theoretical support. Studying the temperament of Shun Dao's editors and directors and the theoretical enlightenment of the talented students of editors and directors is the expectation of sister-in-law Hui in the future of successful editors and directors.

Objective: Temperament, as the expression of human high-level neural activities in behavior, is the dynamic characteristic of human psychological activities. As the internal embodiment of human emotions, psychology is the expression of human thinking consciousness. The influence of artistic temperament and cultural psychology on people is mainly reflected in the internal behavior expression methods, and in the natural ways or habits of dealing with people in a specific cultural and artistic atmosphere. For example, people who dance hip-hop often have a casual street atmosphere, while people who dance ballroom dances such as national standards are more elegant and solemn. The artistic temperament and cultural psychology