should overcome psychological factors and grasp the overall logic of dialogue, rather than entangle in dispensable details.
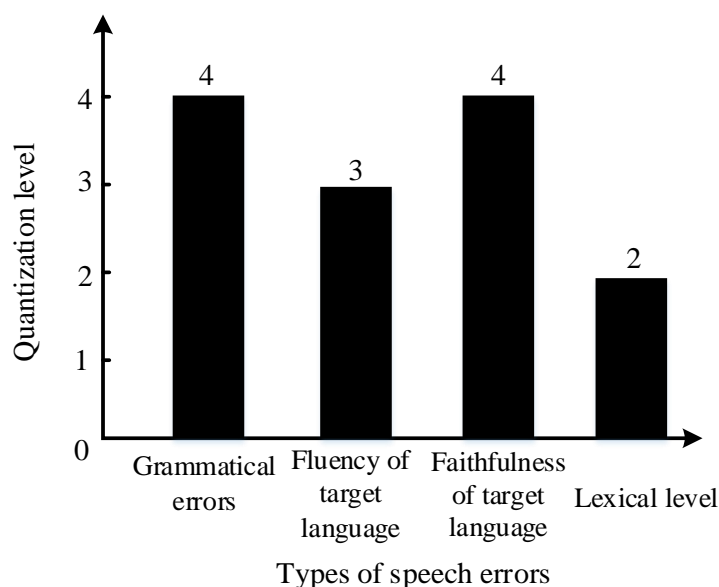

Figure 1. The influence of speech errors in interpretation on cognitive impairment

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THINKING OBSTACLES AND PHILOSOPHICAL REFLECTION IN THE TEACHING PRACTICE OF MARXIST THEORY

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Background: In the process of social and economic development, the demand for talents is also increasing. Colleges and universities, as the main training base of talents, bear important responsibilities. University is not only one of the most important stages of students, but also an important turning point in students' life. At this stage, students begin to get in touch with external thoughts, and are about to enter the society. They have a preliminary understanding of the society. Therefore, students' mentality and cognition are changing rapidly. If they are not guided, it is easy for students to have incorrect and unhealthy ideas, such as worship money, extravagance, worship foreign countries and so on. Marxist theory includes scientific socialism, Chinese Communist Party History, ideological and political education, Marxist theory and other contents. It is an important course to guide students to establish a correct outlook on life, values and world outlook. In addition, Marxist theory course is also the main way to alleviate students' anxiety and improve students' mental health level. Therefore, Marxist theory course is an important part of the teaching system in colleges and universities, and the teaching effect of Marxist theory has also attracted the attention of people from all walks of life.

The course of Marxist theory can cultivate talents with certain Marxist theoretical literacy and knowledge of scientific socialism and international communist movement for the society. Therefore, the teaching of Marxist theory is very important. However, there are still some thinking obstacles in the teaching of Marxist theory in colleges and universities, such as the low intention of strategic thinking and the inability to achieve the teaching goal of Marxist theory. The insufficient application of dialectical thinking makes the teaching effect of Marxist theory unable to meet the expectation. The lack of innovative thinking in teaching affects the realization of the educational value of Marxist theory. Therefore, thinking obstacles and philosophical reflection on the teaching practice of Marxist theory in colleges and universities

are essential. Based on the above contents, this paper puts forward strategies to optimize and improve the current Marxist theory teaching in colleges and universities, including: clarifying and formulating higher strategic thinking, and then clarifying the work objectives and requirements of Marxist theory teaching in colleges and universities. Flexibly, scientifically and reasonably apply dialectical thinking to Marxist theory teaching, so as to resolve work contradictions, such as teaching contradictions, management and service contradictions, and improve the effect of Marxist theory teaching. Through innovative thinking, including concept innovation, teaching content innovation and teaching method innovation, we can improve the sustainable development of Marxist theory teaching in colleges and universities. By improving the teaching mode of Marxist theory, we can improve the teaching effect of Marxist theory, improve students' mental health level, help students establish a correct outlook on life, values and world outlook, and comprehensively improve students' theoretical quality and practical ability.

Objective: To explore the thinking obstacles and philosophical reflection of Marxist theory teaching practice in colleges and universities, so as to improve the Marxist theory teaching mode, improve the Marxist theory teaching effect, improve students' mental health level, help students establish a correct outlook on life, values and world outlook, and comprehensively improve students' theoretical quality and practical ability.
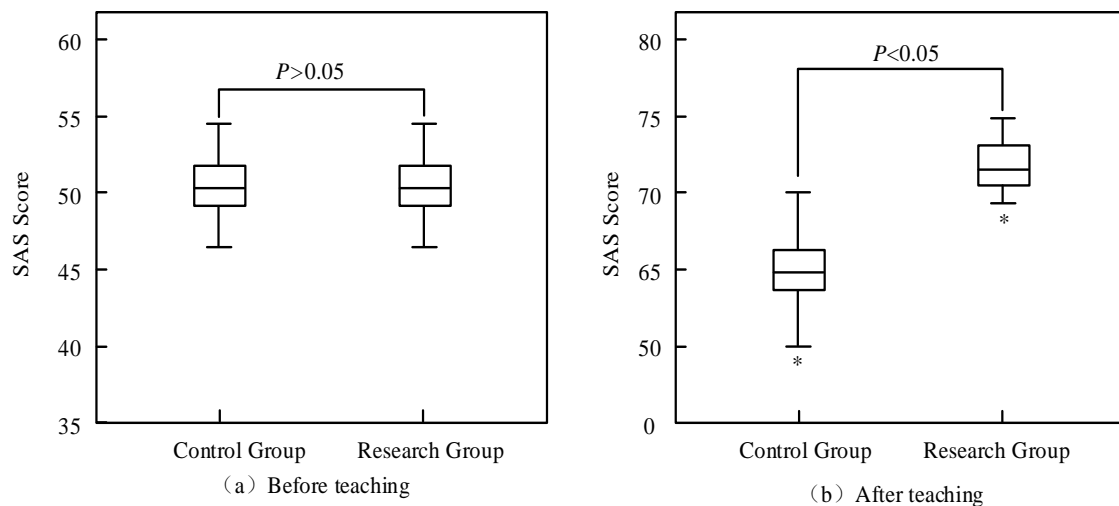
Subjects and methods: 150 students from 6 universities were selected as the research objects. The students came from 5 different majors, including 82 boys and 68 girls. Self-rating Anxiety Scale (SAS) and symptom checklist 90 (SCL-90) were used to evaluate students' mental health, and a self-designed questionnaire was used to investigate students' satisfaction with the teaching model.

Research design: 150 students were randomly divided into research group and control group. The students in the research group used the improved Marxist theory teaching mode for teaching. The students in the control group used the traditional Marxist theory teaching mode. After 3 months, the satisfaction and mental health of the two groups were compared.

Methods: The relevant data were counted and analyzed by Excel software and SPSS 23.0 software.

Results: After teaching, the mental health status and course satisfaction of the students in the research group were significantly higher than those in the control group ($P < 0.05$). The scores of the two groups of students on the self-rating anxiety scale are shown in Figure 1.

Note: *It means that compared with the group before teaching, $P < 0.05$.
Figure 1. SAS scores of two groups of students

Conclusion: Marxist theory is an important course to guide students to establish a correct outlook on life, values and world outlook. In addition, Marxist theory course is also the main way to alleviate students' anxiety and improve students' mental health level. Therefore, thinking obstacles and philosophical reflection on the teaching practice of Marxist theory in colleges and universities are essential. This paper studies and discusses the thinking obstacles and philosophical reflection of Marxist theory teaching practice in colleges and universities, and then improves the Marxist theory teaching mode, improves the Marxist theory teaching effect, improves students' mental health level, helps students establish a correct outlook on life, values and world outlook, and comprehensively improves students' theoretical quality and practical ability.

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DESIGN OF PSYCHOLOGICAL NURSING SATISFACTION SCORING SYSTEM FOR ELDERLY PATIENTS WITH DEPRESSION

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Background: Depression is one of the most common mental diseases among the elderly, and it is also the main reason to reduce the quality of life of the elderly. Depression is one of the most common psychological diseases in modern mankind. Its main clinical manifestation is long-term and uninterrupted depression. There are five main clinical manifestations of depression. The first clinical manifestation is that patients are depressed and pessimistic about external things, problems and various phenomena. At this time, patients with mild depression obviously lack interest in the surrounding things, or work and study, and have persistent depression; Patients with severe depression will have despair, and even lead to suicidal thoughts, which seriously threatens the life safety and social security of patients. The second clinical manifestation is the patient's slow thinking, such as slow response to external stimuli, blocked thinking when thinking about problems or working, which seriously affects the learning efficiency and work efficiency. In addition, the patient will have significant communication barriers and cannot communicate with others normally. The third clinical manifestation is the decline of patients' will activities, slow action, lonely life and world weariness. The fourth clinical manifestation is the impairment of patients' cognitive function, resulting in the decline of patients' memory, learning efficiency and language communication difficulties. The last clinical manifestation is insomnia, limb fatigue, lack of appetite, physical pain and so on.

Mental health is an important index to evaluate the life of the elderly. Therefore, with the development of society, more and more people begin to pay attention to the mental health problems of the elderly. Some elderly people are suffering from hypertension, diabetes and other diseases. Therefore, physical and mental health has been seriously damaged, which has a serious impact on the mental health of the elderly, which leads to a higher prevalence of depression in the elderly. China's population aging is serious, the number of elderlies is increasing, the incidence rate of senile depression is increasing year by year, and has become one of the major social problems in China. Paying attention to the physical and mental health of the elderly, especially the problem of senile depression, has become the focus of people from all walks of life. Psychological nursing for elderly patients with depression is the most effective way to alleviate the depression of elderly patients with depression, improve the mental health level of elderly patients with depression, and then improve the quality of life of elderly patients with depression. Therefore, the effect of psychological nursing is very important for elderly patients with depression. Based on the hospital information platform, the psychological nursing satisfaction scoring system for elderly patients with depression was designed. The psychological nursing satisfaction was scored through the depression of the elderly and the subjective evaluation of the elderly. The system can directly reflect the effect of psychological nursing and provide an important basis for the improvement of psychological nursing means.

Objective: To study the psychological nursing satisfaction scoring system of elderly patients with depression based on hospital information platform, and score the psychological nursing satisfaction through the depression of the elderly and the subjective evaluation of the elderly. The system can directly reflect the effect of psychological nursing and provide an important basis for the improvement of psychological nursing means.

Subjects and methods: 140 elderly patients with depression were selected as the research object, and a questionnaire was developed to investigate the elderly patients with depression.

Research design: After elderly patients with depression experienced the system, a questionnaire was developed to investigate the evaluation of elderly patients with depression on the operation mode, operation interface, operation process and system design of the system. The evaluation score of each item is 1 - 5 points. The higher the score, the more satisfied the elderly patients with depression are with this item.

Methods: The corresponding data were processed and analyzed by Excel software.

Results: The elderly patients with depression had higher satisfaction with the psychological nursing satisfaction scoring system.

Conclusions: Depression is one of the most common mental diseases in the elderly, and it is also the main reason to reduce the quality of life of the elderly. At present, psychological nursing is the most effective means to alleviate the depression of elderly patients with depression, improve the mental health level of elderly patients with depression, and then improve the quality of life of elderly patients with depression. Based on the hospital information platform, the psychological nursing satisfaction scoring system for elderly