

Dražen Begić

## **Psihopatologija**

### ***/ Psychopathology***

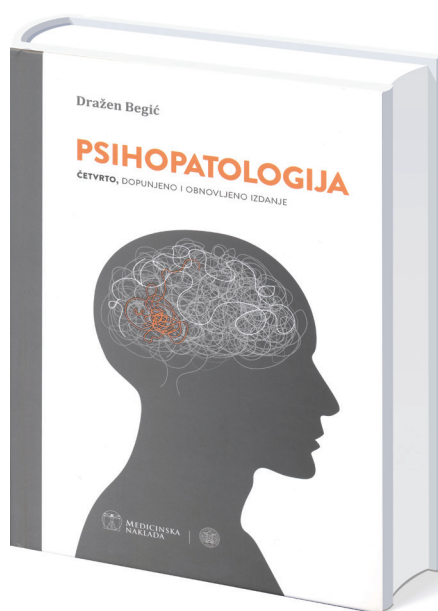
Četvrto, dopunjeno i obnovljeno izdanje.

*/ Fourth, supplemented and updated edition.*

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Prije 10 godina objavljena je knjiga „Psihopatologija“ profesora Dražena Begića. Ona je bila namijenjena, prije svega, studentima psihologije i medicine. Ta se knjiga u međuvremenu našla na popisu obvezne ili dopunske literature mnogih fakulteta i studija, a koristili su je stručnjaci različitih profila i usmjerenja u području mentalnog zdravlja. Svako sljedeće izdanje, koje je bilo dopunjavano i proširivano novim spoznajama, upotrebljavalo je sve više studenata različitih diplomskih i poslijediplomskih studija. I tako je ta knjiga stekla pomalo kulturni status među čitateljima psihijatrijske publicistike.

Sada je pred nama četvrto, dopunjeno i obnovljeno izdanje, koje se najviše razlikuje od originala. Dodana su nova poglavlja (o epidemiologiji u psihijatriji i psihopatologiji, o transkulturalnoj psihopatologiji). Neka su poglavlja znatno promijenjena (ona o povijesti psihopatologije, o klasifikaciji psihičkih poremećaja, o dijagnozi psihičkih poremećaja, o bolestima ovisnosti, o suicidalnosti). Uvršteni su novi entiteti, npr. organski katatonni poremećaj, psihički poremećaji uzrokovani sintetskim kationima i kanabinoidima, bihevioralne ovisnosti, pore-

The book titled “Psychopathology” by Professor Dražen Begić was published a decade ago. Above all, it was intended for students of psychology and medicine. In the meanwhile, the book has found its way onto the list of required or supplementary literature at various faculties and studies and has been used by experts of various profiles and specializations in the field of mental health. Each subsequent edition supplemented and expanded with new findings was used by more and more students of various graduate and postgraduate studies. The book has thus achieved a kind of cult status among readers of psychiatric literature.

The book in front of us is the fourth, supplemented and updated edition, which differs the most from the original. New chapters have been added on epidemiology in psychiatry and psychopathology as well as on trans-cultural psychopathology. Some chapters have been significantly changed, i.e., the chapters on the history of psychopathology, classification of mental disorders, diagnosis of mental disorders, addiction and on suicide. A number of new entities has been included, such as organic catatonic disorder, mental disorders

mećaj s uvjerenjem o vlastitom neugodnom mirisu, ruminacijsko-regurgitacijski poremećaj, kompulzivni poremećaj seksualnog ponašanja i dr.

Najznačajnija promjena odnosi se na uvođenje 11. revizije Međunarodne klasifikacije bolesti (MKB-11). Ta revizija, koja na potpuno novi način konceptualizira psihičke poremećaje i uvodi novi oblik njihovog šifriranja, bit će u službenoj upotrebi 2022. godine. No, do njezine potpune primjene bit će potrebno u prijelaznom razdoblju rabiti i postojeću MKB-10 klasifikaciju. Stoga su u knjizi „Psihopatologija“ uključene obje klasifikacije i međusobno uspoređene (kada god je to moguće). Naime, neki se entiteti nalaze u obje klasifikacije i tu je usporedba laka i jednostavna. Neki entiteti se nalaze u obje klasifikacije, ali su različito nazvani i/ili se nalaze na različitim mjestima u klasifikacijskom sustavu, a neki su navedeni u jednoj klasifikaciji, a nema ih u drugoj. Tim je situacijama autor vješto postupio objasnivši zašto je tomu tako. I pokazao je ideju vodilju u razvoju klasifikacija, opisao razlike u kliničkoj slici i dijagnostici te uveo usporedbu s DSM sustavom.

Ova je knjiga metodički iznimno dobro prilagođena studentima (stručna je, a istodobno jednostavna i jasna). Autor je tekst napisao slijedeći najsuvremenije znanstveno-stručne spoznaje, što je vidljivo iz samog rukopisa, ali iz iznimnog bogatog i suvremenog popisa literature. „Psihopatologija“ će mnogim studentima koristiti u usvajanju znanja o psihičkim smetnjama, poremećajima i bolestima, a istodobno će i mnogim diplomiranim stručnjacima pomagačkih zanimanja biti nezaobilazan tekst u njihovu cjeloživotnom usavršavanju.

Ovaj udžbenik je originalan i praktički se ne može usporediti s drugim domaćim djelima. U usporedbi s najvažnijim stranim knjigama, ovo djelo izdržava bilo kakvu kritičku analizu i usporedbu u sadržajnom i strukturnom smislu.

caused by synthetic cations and cannabinoids, behavioural addictions, olfactory reference syndrome, rumination and regurgitation disorder, compulsive sexual behaviour and more.

The most significant change relates to the introduction of the 11th revision of the International Classification of Diseases (ICD-11). The 11th revision provides a completely new concept for mental disorders and introduces a new coding structure, which will be officially used in 2022. Until its full implementation, the existing ICD-10 classification will be used during the transition period. Therefore, the book *Psychopathology* comprises both classifications and cross-references between the two. To be specific, certain entities are contained in both classifications and in such cases the comparison is undemanding and simple. On the other hand, certain entities are listed in both classifications but under different names and/or headings in the classification system while some are listed in one classification and not in the other. The author of the book tackled the problem very skilfully by explaining the reasons. Also, he pointed to the guiding idea behind the development of the classifications, described the differences in the clinical picture and diagnostics and introduced a comparison with the DSM system.

In terms of methodology, *Psychopathology* is extremely well adapted to students. It is professional yet simple and concise. Professor Begić wrote *Psychopathology* incorporating state-of-the-art scientific findings, which is evident from the content as well from an extensive list of references. This book will be useful to many students in acquiring knowledge about mental disorders, symptoms and diseases. At the same time, it will be a very important resource for many graduate professionals in the course of their lifelong learning.

*Psychopathology* is an original textbook that practically cannot be compared to any other book published by a domestic author. Compared to the most important foreign books, it

Uvodni dio, prvih 10 poglavlja, posvećen je osnovnim pojmovima, paradigmama i znanstvenim istraživanjima psihopatologije i psihijatrijske dijagnostike, definira sve dijelove uzimanja psihičkog statusa te prepoznavanja patoloških fenomena u psihičkom pregledu bolesnika. U drugom dijelu, koji sadrži 12 poglavlja (opća psihopatologija), objašnjeni su psihički simptomi, detaljno i sustavno, svih promijenjenih psihičkih funkcija. U trećem dijelu (specijalna psihopatologija) opisani su psihički poremećaji. Ovdje se autor čvrsto drži strukture poglavlja: od epidemiologije, preko etiologije, komorbiditeta, kliničke slike i diferencijalne dijagnoze pojedinih psihičkih poremećaja. Nedostaje još samo terapija. Prof. Begić u predgovoru objašnjava zašto nema terapije („jer bi to bio udžbenik psihijatrije...a prezahtjevno bi bilo da ga piše jedan autor“). Zatim slijedi Rječnik psihopatologije. On je (sada znatno proširen) sveobuhvatan, sustavan, može se čitati kao samostalno djelo.

Knjiga sadrži kazalo pojmova, kazalo autora, popis kratica i literaturu. Na samom kraju su test pitanja iz područja psihopatologije s točnim odgovorima.

Knjiga „Psihopatologija“ ima 789 stranica i preko 900 referenci. Ima 35 poglavlja (i isto toliko primjera, odnosno opisa nekog psihičkog poremećaja), 8 tablica, 19 slika. S pričama o nekom poremećaju (s njegovim opisom u prvom licu) počinju istoimena poglavlja specijalne psihopatologije. U prilogima (kojih ima 16) dani su zanimljivi opisi nekih fenomena, pristupa, poznatih eksperimenata u psihologiji, iskustvo čovjeka koji je preživio samoubilački skok.

Ova knjiga korespondira sa sadašnjim vremenom i novim izazovima koji su pred nama. Tako su obrađene teme „Utjecaj COVID-19 na psihičko zdravlje“, „U ordinaciji dr. Googla“, „Ekspati“.

„Psihopatologija“ je jedan od rijetko duboko promišljenih, strukturiranih i potpuno urav-

withstands critical analysis or comparison in terms of its content and structure.

The introductory part of the book, or the first ten chapters, introduces the basic concepts, paradigms and scientific research on psychopathology and psychiatric diagnostics and defines all relevant elements for determining a mental status and recognizing pathological phenomena in the mental examination of patients. The second part comprises twelve chapters dedicated to general psychopathology and provides a detailed and systematic explanation of psychological symptoms of all the changed mental functions. The third part of the book (special psychopathology) provides a description of various mental disorders. In this part of the book the author firmly adheres to the structure of chapters dealing with epidemiology, etiology, comorbidity, clinical picture and differential diagnosis of individual mental disorders. The only missing aspect is therapy. In the preface, Professor Begić explains why therapy was not included: “because it would be a textbook on psychiatry... and it would be too demanding to leave everything in the hands of a single author”. This part of the book is followed by the Dictionary of Psychopathology. This edition provides a considerably expanded, comprehensive and systematic dictionary that functions well independently.

The book also comprises an index, a list of authors and abbreviations as well as a list of references. At the very end of the book the author gives test questions from the field of psychopathology with correct answers.

*Psychopathology* is a book comprised of 789 pages, over 900 references, 35 chapters (and the same number of examples, i.e., descriptions of a mental disorder), 8 tables, and 19 pictures. The chapters dedicated to special psychopathology begin with a story or a description of a particular disorder (given in the first-person form), which is then also the title of that chapter. Sixteen annexes provide interesting descriptions of particular phenomena, approaches, well-

noteženih nastavnih tekstova s hrvatskog govornog područja. Premda postoje prethodna izdanja ovog sasvim jedinstvenog udžbenika, sadašnja dorada i dopuna ih nadmašuje. Usudila bih se reći da je ovo kapitalno djelo hrvatske psihijatrijske i psihologijske publicistike.

Prof. Vlado Jukić je u recenziji prvog izdanja „Psihopatologije“ napisao da će se taj udžbenik čitati i citirati ne godinama, nego desetljećima. I bio je u pravu.

Alma Mihaljević-Peješ

known experiments in psychology, and the experience of a man who survived a suicide jump.

This book corresponds to the present time and the new challenges that lie ahead. In the light of that the topics such as “The impact of COVID-19 on mental health”, “In the office of Doctor Google”, and “Expats” were tackled.

*Psychopathology* represents one of the few deeply thought-out, structured and fully balanced teaching texts written in the Croatian language. Although this completely unique textbook had previous editions, its latest version containing supplements surpasses all of them. I would dare to say that *Psychopathology* is a major work of Croatian psychiatric and psychological literature.

In the review of the first edition of *Psychopathology*, Professor Vlado Jukić wrote that this textbook would be read and quoted not for years, but for decades. He had a point.

Alma Mihaljević-Peješ