2. Strengthen the guidance and supervision mechanism in the practical learning stage of practice. (1)Provide internship instructors to strengthen guidance and supervision. In the actual internship process, basically every university will provide each student with corresponding internship instructors during the hotel internship. The role of instructors is to strengthen the communication with students at ordinary times, find problems and solve them in time. But in fact, because the instructor is in the school, there will be some problems in the communication with the interns. The interns can't solve the problems encountered by the students in the actual work in time, which will seriously affect the students' working attitude and emotion. In addition, if the internship instructor can't see the performance of students in time, the best way is to arrange an internship teacher in the internship Hotel. In this way, it can guide students in time, correct and solve problems in time, and also play a certain role in supervising and urging students' internship work, which is convenient for the management of schools and hotels. (2) Stipulate the management system for internship students. In order to make students get good exercise in the process of practice and achieve the expected goal of teaching, we must establish a set of scientific management methods. First of all, according to the school's management regulations on practice links, formulate the corresponding regulations on the management of student internship. Identify students' practice through five aspects: performance during practice, written practice report, practice log, identification of practice unit and examination results. After the internship, the enterprise and the school will commend the outstanding students, issue the "excellent intern certificate" and give material rewards; Secondly, the whole practice is divided into several stages, focusing on the summary of students' practice in each stage. Establish special practice files to make students get theoretical sublimation through practice summary. Through the summary in the form of Symposium and internship report, students can complete the gradual process of "theory, practice and theory".

3. Strengthen guidance and establish professional confidence in the practice summary stage after practice. In the process of internship, due to the disappointment of the nature of work on students' psychology, we should actively guide them after internship, establish professional confidence, and find that the lack of knowledge in practice should be supplemented in time, so as to lay a good foundation for future work. In addition, encourage students to recognize their own shortcomings and enhance knowledge learning and exercise.

Conclusions: In short, internship is not only an important link in teaching, but also an important way to cultivate qualified tourism management talents. In this regard, we can achieve good results only by carefully arranging, strengthening management and constantly summarizing experience. Both hotel training and school education have their own advantages and disadvantages, but one thing we must be clear about is what the purpose of our training is. For the school, if it is only to complete the teaching task, the teaching itself has no intention. Hotel training is the same, not to make the employees' operation skills better How excellent, but we should focus on improving the comprehensive quality and ability of employees, which is the ultimate goal of our training.

Acknowledgements

Henan government decision making one of the "one belt, one road" strategy: the role of Zhengzhou airport link (Item No:2015B025)

* * * * *

THE INNOVATION OF COLLEGE STUDENTS' MENTAL HEALTH EDUCATION MODEL UNDER THE CONCEPT OF POSITIVE PSYCHOLOGY

Danfeng Zhao

Student Affairs Office, North University of China, Taiyuan, 030051, Shanxi, China

Background: College Students' mental health education is an important part of College Students' work. With the development of the times, the traditional college students' mental education model has been unable to meet the needs of College Students' mental development. Colleges and universities should fully understand the necessity and urgency of innovating the mental health education model, and strengthen the theoretical and practical discussion on the construction of the new model, Effectively promote the all-round development of College Students' mental health education. At the end of the 20th century, western positive psychology thought, aiming at the development and happiness of all mankind, changed the tradition of only focusing on the repair of life problems to establish a better quality of life at the same time, emphasized the cultivation of healthy and positive personality, temperament and ability of college

students, fully developed their potential ability, and promoted college students to develop themselves as much as possible, Realize the harmonious development of College Students' mental health.

Objective: As a new trend of psychology, positive psychology advocates that psychology should study the positive qualities of human beings. Grasp the basic concept of positive psychology and analyze its significance to mental health education in Colleges and universities, so as to realize the innovation of positive psychology on the theoretical basis, educational ideas and technical means of mental health education in Colleges and universities.

Subjects and methods: The role of positive psychological education. In the process of mental health education in Colleges and universities, we need to consider the basic characteristics of college students, so as to ensure the effect of education. In the mode of mental health education in Colleges and universities, the use of positive psychology can be called positive psychological education. The use of positive psychological education plays an obvious role, mainly in cultivating the psychological quality of college students. A positive mental health education mode is adopted to replace the traditional negative mental health education and change passivity into initiative. In the process of education, more emphasis is placed on love and forgiveness. There are four modes in human mental health education, mainly psychology, sociology, medicine and ideological and political education. Positive psychology is a new model of mental health education, which has played a great role in the process of practice. Positive psychology is not only an effective supplement to medical psychology, but also has the function of Ideological and political education. After using positive psychology, the mode of mental health education has been continuously improved. Therefore, positive psychology can be regarded as a new achievement of psychological education, which means that psychological education has developed to a higher level and plays an important incentive role in the development of mental health education in Colleges and universities in the future. With the continuous improvement of the level of mental health education, the educational objectives pursued by human beings will continue to change. Therefore, the application of positive psychology in the mode of mental health education in Colleges and universities is consistent with the goal of human development in a positive direction and the development trend of society.

Basic needs of mental health education in Colleges and Universities. With the continuous development of college education, although college managers have made great efforts in college students' mental health education, they have always used the negative psychological model, and the main goal of college mental health education is to help college students solve psychological problems. The use of negative psychological model has certain limitations. Under this model, it can not effectively improve students' psychological state. Although colleges and universities have carried out psychological counseling and mental health publicity, they can not correctly guide students to form a healthy psychology. Colleges and universities attach importance to students' psychological problems, but they are not targeted in the process of solving psychological problems, so they can not effectively prevent the emergence of problems. In the process of educational practice, psychological teachers can provide some help for students, but most education is universal education, there is no personalized guidance for students, and it is impossible to teach students according to their aptitude. There are many psychological problems of college students. Teachers do not pay attention to students' psychological education and personality guidance. Although they can guide students to avoid bad emotions, they can not effectively help students learn to solve problems by themselves. The main disadvantage of using negative psychology is that it weakens the effect of mental health education in Colleges and universities. Therefore, in the future mental health education in Colleges and universities, we should strive to absorb the latest educational ideas and build a new psychological education model with the help of the ideas of positive psychology, which can continuously cultivate college students' good psychological quality.

Results: Realize the innovation of theoretical basis. Psychology is the theoretical source and technical support of the practice of mental health education in Colleges and universities. What kind of theory determines what kind of practice. The "problem oriented" mode of mental health education is a working mode formed under the negative influence of traditional psychology. Its essence is determined by the nature of its theoretical basis. Positive psychology is a positive concept different from previous psychology. It is a science committed to the study of human positive forces and virtues. Its theory has injected positive blood into college mental health education, from negative to positive, and college mental health education has realized theoretical innovation. College mental health education not only realizes the theoretical reform, but also realizes the theoretical integration. Positive psychology gathers the research on positive contents scattered in the field of psychology, uses scientific methods to explore human positive quality and strength, establishes its own research system, and has its own research methods and treatment technology. Therefore, the innovation of positive psychology on the theoretical basis of mental health education in Colleges and universities is also reflected in the integration of theoretical basis of mental health education in Colleges and universities is also reflected in the integration of theoretical basis of mental health education in Colleges and universities is also reflected in the integration of theoretical integration of theoretical in the integration of theoretical in the integration of theoretical in the integration of theoretical basis of mental health education in Colleges and universities is also reflected in the integration of theoretical basis of mental health education in Colleges and universities is also reflected in the integration of theoretical basis of mental health education in Colleges and universities is also reflected in the integration of theoreties.

Realize the innovation of educational ideas. Positive psychology realizes the construction of positive quality and positive prevention in mental health education in Colleges and universities. Positive psychology believes that the most important thing in prevention is to systematically shape various abilities within individuals, rather than correct defects. The main task of prevention is to build a science about human power, and its mission is to find out how to cultivate these qualities in young people. Through reliable and effective measurement of these positive qualities that play an internal driving force, appropriate longitudinal research is carried out to clarify the formation process and ways of these qualities, and appropriate intervention is carried out to shape these qualities. Methods are taken to enhance these positive qualities so as to realize active prevention. In other words, psychologists teach people how to use optimistic qualities, which can effectively prevent depression and anxiety, rather than blindly correcting defects.

Realize the innovation of technical means. A variety of measurement techniques were used to implement positive psychological intervention. The new mental health education under the concept of positive psychology evaluates mental health status with positive indicators. As one of the positive evaluation indicators, the measurement technology of well-being has formed a diversified measurement system with structured questionnaire measurement as the main body and combined with other evaluation technologies to comprehensively, accurately and deeply reveal the essence of happiness and evaluate the quality of life Life satisfaction provides a solid technical foundation and technical support. At the same time, the new mental health education is committed to solving psychological problems with active intervention. Positive psychological intervention starts with the possibility of human development and realizes the resolution of problems and the sublimation of positive power by stimulating people's internal positive potential. Active intervention advocates using human's own positive power to complete the prevention and treatment of mental diseases. This positive power is not obtained through external indoctrination, but is independently constructed by individuals in intervention. It is the exploration and cultivation of individual positive quality, and the maintenance and promotion of positive power.

Conclusions: To sum up, the construction of mental health teaching mode under the concept of positive psychology is the primary development direction of mental health education in Colleges and universities in the future. In this regard, relevant educators need to strengthen the relevant research on positive psychology, infiltrate the concept of positive psychology into every link of college psychological education, and strengthen the application and innovation in practice, so as to improve the educational quality and effect of college psychological education.

* * * * *

THE INFLUENCE OF EVALUATION ON STUDENTS' LEARNING PSYCHOLOGY IN FRENCH TEACHING

Jingli Zhao

Shanghai University of International Business and Economics, School of Foreign Languages for International Business, Songjiang, 201620, Shanghai, China

Background: Foreign language teaching is an activity that takes students as the main body, teachers as the leading and can be completed through the cooperation of teachers and students. It is also a process of mutual communication and promotion between teachers and students. Therefore, the teaching process is also a process in the sense of psychology, not just in the sense of pedagogy. Therefore, teachers' research on educational psychology is very helpful for them to understand and master students' learning characteristics and psychological characteristics, so that they can use a variety of teaching methods in line with students' physical and mental characteristics in teaching practice, so as to cultivate students' awareness of autonomous learning and improve teaching quality.

Objective: In French teaching, teachers usually pay more attention to the evaluation and summary of students' learning effect in the previous stage, and summarize the advantages and disadvantages of their own teaching arrangement in the previous stage by analyzing the evaluation results, so as to improve the teaching arrangement in the next stage; However, there is a lack of systematic analysis and Research on the impact of evaluation results on students' psychology and learning attitude in the next stage. This paper analyzes the impact of different types of assessment on the psychology of students with different language ability levels, hoping to provide some reference for teachers, so that the future assessment of students can vary from person to person, and give different assessment results according to the needs of different students, so as to promote students' learning enthusiasm from the perspective of assessment.