

PROMOTING EFFECT OF SPORTS COMPETITION ON STUDENTS' MENTAL HEALTH

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Health not only refers to the strength of the body and the absence of disease, but also a perfect state of physiology, psychology and society. Physical and mental health are the common conditions to measure a person's health. Only when both can reach a good state and have excellent adaptability can they be called real health. In the rapidly developing society, students are facing severe pressure of life. Sports is an important content and means to promote health. It plays an irreplaceable role in other disciplines that have a positive impact on people's mental health. Sports competition is not only a physical activity, but also a psychological and social activity. Actively participating in sports competitions can not only be beneficial to physical health, but also promote people's psychological adjustment and social adaptability. Therefore, students should make full use of the promoting effect of sports competition on mental health to promote the healthy development of students' physical and mental health.

Key words: sports competition - mental health - psychological regulation

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THE OPTIMIZATION OF INFORMATION TECHNOLOGY BASED ON INTELLIGENT NETWORK IN COLLEGE PSYCHOLOGICAL EDUCATION

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With the continuous development of modern society, the network has become an indispensable part of people's life. Network intelligence has played a lot of roles in life. At present, there are some teaching backwardness in college education, which can not keep up with the pace of the times and adopt network technology teaching. Therefore, how to make full use of teaching resources to carry out new work has become an important goal of optimizing campus mental health teaching. Strengthening the practical application of network intelligence in mental health education can achieve the purpose of comprehensive mental health education. Starting from the application point of network technology, build a new educational model. By comparing with traditional teaching, this paper studies the new classroom teaching mode of intelligent network application.

Key words: psychological education in colleges and universities - intelligent network - application of information technology

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INFLUENCING FACTORS AND INTERVENTION STRATEGIES OF ACCIDENT PSYCHOLOGICAL TRAUMA OF COAL CHEMICAL PRODUCTION SAFETY PERSONNEL

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Industrial coal chemical industry is an important part of China's chemical industry and has made an important contribution to the development of the national economy. However, as a high-risk industry, the current chemical production process often has the characteristics of frequent accidents and bad impact. It will not only cause huge losses of life and property, but also cause great harm to the psychology of victims, rescue workers and the public, and can not be recovered in a short time. It is often manifested in extreme fear, shock, anxiety and withdrawal. Therefore, it is necessary to get rid of the shadow of the

accident and resume normal life through psychological intervention. Combined with domestic industrial coal chemical production accidents, this paper analyzes the influencing factors of psychological trauma. According to the characteristics of different influencing factors, this paper puts forward the psychological intervention policies for people with psychological trauma.

Key words: industrial coal chemical production accident - influencing factors of psychological trauma - intervention strategy

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DISCUSS ON THE IMPROVEMENT OF COLLEGE ENGLISH TEACHING QUALITY FROM THE PERSPECTIVE OF PSYCHOLOGICAL EFFECT

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Different psychological effects in life have different emotional effects on people. It is the behavior or function of a certain person or thing. Because the role of psychological effect affects people's different behaviors, there are many corresponding changes. Based on the study of psychology and pedagogy, teachers can understand and master some common psychological effects and make good use of them in English classroom teaching, which can often achieve twice the result with half the effort. Teachers should create an equal and democratic classroom teaching environment and make full use of motivation strategies to alleviate students' anxiety and stimulate students' internal learning motivation, so as to improve the quality of classroom teaching. There are various teaching methods in English classroom. Teachers should strive to explore in teaching practice to make English teaching more in line with the laws of language teaching, psychology and pedagogy. Only in this way can we improve efficiency, reduce students' burden and comprehensively improve students' quality. To improve students' classroom learning efficiency, this paper mainly discusses the role of psychological effect in improving the English education.

Keywords: psychological effect - english education - students' psychological quality

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CRIMINAL PSYCHOLOGICAL ANALYSIS OF THE CRIME OF PERSECUTION IN INTERNATIONAL LAW

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Crime as a social phenomenon is a historical category. The criminal psychology of the perpetrator is the internal factor of individual criminal behavior. Criminal psychology analyzes the criminal psychology of criminals with the analysis method of psychology, and summarizes the psychological motivation, psychological process and psychological law of crime. It provides scientific analysis basis and solutions for crime prevention, punishment and correction. The crime of persecution is a specific crime among crimes against humanity. It entered the field of international law after World War II. Since then, after more than half a century of evolution, the crime of persecution has become more and more mature in terms of definition and constitution. The objective element of the crime of persecution is that the perpetrator seriously deprives a group or collective (one or more persons) of their basic rights in violation of the provisions of international law. The subjective element is intentional and requires the perpetrator to have discriminatory intention. Based on the analysis of the criminal psychology of the crime of persecution in international law, this paper discusses the research and application of the criminal psychology of the crime of persecution from the perspective of crime prevention, crime trial and crime correction.

Key words: international law - crime of persecution - criminal psychology

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