

Mode	Subjective cognitive experience	Processing information	Contrastive mental lexicon	Do as the Romans do
Classical literature	4	4	4	4

Conclusions: There is no doubt that translators are familiar with rhetoric, linguistics, translatology, cognitive linguistics, cognitive psychology and other related theories, which can better translate metaphor. In the process of translating metaphor, the translator needs to bring his subjective ability into full play, and at the same time, to follow the grammatical structure. Therefore, translators need to improve their own cultural accomplishment and cognitive ability through cognitive psychology. No metaphor can be understood without the experience of the subject. However, the accumulated experience between people cannot be completely unified, and often vary from person to person, each person has his own different life accumulation. Furthermore, the interpretation of metaphor by the metaphorist is essentially a kind of appreciative activity. Finally, it is hoped that the translator can combine the traditional and modern theories of metaphor translation to effectively resolve the contradictions in cross-cultural communication and transfer the cognitive mode of the source language culture to the readers so as to achieve the goal of cultural communication.

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CULTURAL CONFLICT AND STUDENTS' THINKING EXPRESSION OBSTACLES IN COLLEGE ENGLISH TEACHING UNDER THE BACKGROUND OF MULTICULTURALISM

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Background: In the process of China's social and economic development, economic and cultural exchanges between China and other countries are becoming more and more frequent. In this context, China's culture and the culture of other countries continue to collide and integrate, and on this basis, it has been innovated and developed, and the renewal and development of culture are also faster and faster. The cultures of various countries, nationalities, industries and regions are facing different bases and challenges. Emerging cultures are also emerging and developing, which has also created cultural diversity. In the context of multiculturalism, the importance of international talents who can master and skillfully use English is becoming more and more prominent. Therefore, in recent years, college English teaching has become more and more important in the college education system, and has been paid attention by local governments, parents and people from all walks of life. The university gathers students from all over the world. These students have different cultural backgrounds, living habits, eating habits and language use habits. Therefore, in the process of college English teaching, it is easy to produce cultural conflicts, which will damage students' self-esteem and self-confidence, affect students' physical and mental health, and then lead to some students' thinking and expression barriers.

Patients with thinking expression disorder cannot normally express their emotions, tendencies, feelings and judgments, which seriously affects students' daily life and learning. If the thinking and expression disorder of students cannot be solved and alleviated for a long time, it will also lead to the increasingly withdrawn character of students, the degradation of students' social function, and even make students have psychology such as weariness and depression. Therefore, finding a suitable method to improve and innovate the college English teaching mode, so as to alleviate the obstacles of students' thinking and expression, is of great significance to students' physical and mental health and future development. In view of the above contents, the research combines school psychology to improve and innovate the college English teaching model. School psychology is a kind of applied psychology and the application of psychology in school education practice. The main research content of school psychology is to scientifically and reasonably evaluate the students' mental health level and the school's psychological education level, improve the teaching mode according to the evaluation results, and carry out psychological intervention on students. School psychology plays a good role in correcting and alleviating students' emotional disorders, personality disorders, and other mental diseases. Based on school psychology, this study puts forward strategies for the innovation and improvement of college English teaching mode, discusses the impact of improving college English teaching mode on students' thinking and expression barriers, and designs experiments to verify the teaching effect of improving college English teaching mode. The research provides a new way to improve the mental health level of college students, and is also of great significance to the long-term development of college students.

Objective: The university gathers students from all over the world. These students have different cultural backgrounds, living habits, eating habits and language use habits. Therefore, in the process of college English teaching, it is easy to produce cultural conflicts, which will damage students' self-esteem and self-confidence, affect students' physical and mental health, and then lead to some students' thinking and expression disorders. Based on school psychology, this study puts forward strategies for the innovation and improvement of college English teaching mode, discusses the impact of improving college English teaching mode on students' thinking and expression disorder, and hopes to find an appropriate way to treat students' thinking and expression disorder.

Research objects and methods: Using stratified cluster sampling method, 120 students with thinking expression disorder due to cultural conflict were selected from 8 colleges and universities, including 67 boys and 53 girls. 120 students from different majors, aged 18-25. Using the self-made thinking expression ability evaluation scale to evaluate students' thinking expression ability. The scale includes four elements: fluency of expression, clarity of speech, clarity of thinking logic and expression intention. The score of each element is 1-25, and the full score of the scale is 100. The higher the score, the stronger the students' thinking and expression ability. Using students' English performance evaluation to improve the teaching effect of English teaching model.

Research design: 120 students were randomly divided into research group and control group by random number table method, with 60 people in each group. Among them, the students in the research group adopted the improved college English teaching model based on school psychology. The control group adopts the traditional college English teaching mode. After four months of teaching, the thinking expression ability and English performance of the two groups were compared.

Methods: The relevant data were processed and analyzed by software SPSS22.0.

Results: After teaching, the English scores of the students in the study group were significantly improved compared with those before teaching ($P < 0.05$). The English scores of the students in the study group were significantly higher than those in the control group ($P < 0.05$), as shown in Table 1.

Table 1. English scores of the two groups

Timing	English achievement		<i>t</i>	<i>P</i>
	Research group	Control group		
Before teaching	67.1±10.2	66.4±11.1	0.246	0.752
After teaching	85.3±8.4	75.9±12.4	8.572	0.001
<i>t</i>	8.720	0.453	-	-
<i>P</i>	0.001	0.654	-	-

Conclusions: Under the multicultural background, the importance of international talents who can master and skillfully use English is becoming more and more prominent. Therefore, in recent years, college English teaching has become more and more important in the college education system, and has been paid attention by local governments, parents and people from all walks of life. In the process of college English teaching, it is easy to produce cultural conflict, which leads to the damage of students' self-esteem and self-confidence, affects students' physical and mental health, and then leads to some students' thinking and expression barriers. Patients with thinking expression disorder cannot normally express their emotions, tendencies, feelings and judgments, which seriously affects students' daily life and learning. School psychology plays a good role in correcting and alleviating students' emotional disorders, personality disorders and other mental diseases. Therefore, combined with school psychology, the research improves and innovates the college English teaching model, effectively alleviates the degree of students' thinking and expression obstacles, and improves students' English performance.

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THE CURRENT SITUATION AND COUNTERMEASURES OF RURAL FINANCIAL TARGETED POVERTY ALLEVIATION UNDER THE RURAL REVITALIZATION STRATEGY UNDER THE BACKGROUND OF COGNITIVE IMPAIRMENT

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