significance level, and it is considered that the data difference is not significant. The scores of students on obsessive-compulsive disorder, sensitivity, depression, anxiety, hostility, and paranoia after the experiment were statistically significant compared with the data before the experiment.

Conclusions: Aiming at the mental disorder of English majors in colleges and universities in China, based on the investigation and collection of relevant literature, this study puts forward some improvement methods combined with Internet technology and tools, and designs and implements a teaching experiment to verify the effectiveness of these strategies. The experimental results show that after teaching, students have an obvious recovery effect on the symptoms closely related to mental disorders. This experiment shows that paying more attention to students' mental disorders in the process of English teaching and adopting targeted internet means to adjust teaching methods and progress can help alleviate the severity of mental disorders of English majors.

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THE VIEW OF WOMEN IN RUSSIAN LITERATURE FROM THE PERSPECTIVE OF SOCIAL PSYCHOLOGY

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Background: Social psychology is a subject that studies the psychological and behavioral conditions of individuals and organizations in the social environment, and summarizes the laws used to solve the corresponding social problems. Social psychology is an interdisciplinary subject of sociology and psychology. Compared with traditional psychology, it focuses on language, friends, family, living environment While the learning environment has an impact on itself, it also pays attention to the communication mode, group behavior norms, group thinking and habits of group organizations at the social level. Because the research object of social psychology involves human organizations, it is necessary to strictly abide by the principle of value neutrality, systematic principle and ethical principle in the process of case study, so as to prevent irrelevant variables affecting the results from being introduced into case study.

From modern times to modern times, the concept of women in Russian literature shows an obvious law of change. In the literary works of the Russian Soviet era, because at that time, under the background of communism, equality between men and women and materialistic historical concept were the mainstream ideas in society, the female roles were always positive, willing to contribute, intelligent and high social status. In these literary works, many women are morally noble, despise material interests, and are willing to struggle for their beliefs and ideals without complaint and regret all their life, with a sense of beauty similar to religious asceticism. The writers of literary works in these times praise and publicize the Russian women as the mainstream force that can save the country and change history. However, after the disintegration of the Soviet Union, the Russian literary thought, which has long been restricted by the literary censorship system and guided by the government, began to become diversified, the proportion of positive female roles in literary works decreased significantly, and the female roles at the grass-roots and bottom levels in society appeared more and more frequently. This study is expected to use social psychology methods and tools to find the reasons for the change of women's views in Russian literary works.

Objective: To analyze the specific content and change trend of women's view in Russian literature in different periods of modern times, and to find the social-psychological reasons for the drastic changes of women's view in Russian literature. It provides some valuable references for China's construction of high-quality socialist spiritual civilization.

Objects and methods: Collect the literary works with high influence and popularity in modern and contemporary Russia, carefully study these literary works, and summarize the female view and the changes of female view in Russian literary works in different periods of modern and contemporary times. Combined with the era and social background at that time and the characteristics of the material and spiritual needs of the Russian people, this paper analyzes the social-psychological reasons for the formation and transformation of women's view in literary works in various periods. Then, 25 Russian writers, historians and sociologists were found to form an expert group. Using the Delphi method, based on the proposed social-psychological reasons, they were asked to return their comments on the social-psychological reasons for the formation and transformation of women's views in Russian literary works in various periods. The

expert group is required to judge the influence degree of various reasons on the view of women in literary works. The influence degree is divided into no influence, slight influence, medium influence, obvious influence and full influence. The feedback results are sorted out and sent to the expert group for evaluation again. Until the expert group reaches an agreement on the evaluation.

Results: After the expert group reached an agreement, the evaluation results of the statistical expert group are shown in Table 1.

Table 1. Social psychological reasons for the change of women's view in Russian literary works investigated by the Delphi method

Reason	No effect	Slight impact	Medium impact	Obvious influence	Full impact
The author and the masses are emancipated	0	1	3	12	9
The masses need more diverse literary works	1	2	6	10	6
Release the repressed desire to express	3	5	9	7	1
Foreign public opinion and guidance of literary works	1	4	12	7	1

The figures in Table 1 represent the number of people who the expert group believes that the corresponding reasons have an impact on the transformation of women's view in Russian literary works at all levels. It can be seen from Table 1 that the expert group believes that there are four main social-psychological reasons for the transformation of women's view in Russian literary works, among which "the minds of authors and the masses are liberated" and "the masses need more diverse literary works" have the most significant impact, followed by "foreign public opinion and guidance of literary works".

Conclusions: In order to explore the reasons for the changes in women's view in modern Russian literary works, this study selects research tools and methods from the more suitable research discipline social psychology to analyze the reasons. And share these reasons with the expert group for cross-validation to increase the reliability of the conclusion. After sorting out the opinions of the expert group, it is found that the expert group believes that the social-psychological reasons for the transformation of women's view in Russian literary works mainly include "the emancipation of the thoughts of authors and the masses", "the masses need more diverse literary works", "the release of repressed desire for the expression" and "the guidance of foreign public opinion and literary works", of which the first two have the most significant impact. The research results enlighten us that in the process of building socialist spiritual civilization, we should pay attention to maintaining the appropriate right of freedom of expression in the literary circles, to meet the growing diversified needs of the masses for literary and artistic works.

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TRAINING OF APPLIED TALENTS BASED ON ENGINEERING EDUCATION CERTIFICATION AND EVALUATION SYSTEM UNDER THE BACKGROUND OF EDUCATIONAL PSYCHOLOGY

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Background: Educational psychology is an interdisciplinary subject composed of general psychology and pedagogy, which studies the psychological situation of human beings in the context of education, the teaching psychology of teachers and the overall consciousness and behavior of teaching related institutions. The research focus of educational psychology is to find the research results that help to improve the teaching effect and teaching quality in psychology, and apply them to improve the teaching mode in a reasonable way.

After China put forward the strategic goal of building a powerful manufacturing country, the