

Results: Table 1 refers to the results of logistic regression analysis of various social and psychological factors on college students' Internet addiction. The results of regression analysis showed that the more serious the students' social anxiety, the higher the tendency of Internet addiction. The independent risk factors of Internet addiction are communication, friendliness, self-acceptance, social self-esteem and social anxiety.

Conclusions: The independent risk factors of Internet addiction are communication, friendliness, self-acceptance, social self-esteem and social anxiety. Therefore, teachers, parents and other supervisors should pay attention to these risk factors in college students' online interpersonal relationships to avoid students falling into the vortex of the Internet to the greatest extent.

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INFLUENCE OF INDOOR SPACE ENVIRONMENT DESIGN OF PREFABRICATED BUILDINGS ON IMPROVING PATIENTS WITH COGNITIVE IMPAIRMENT

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Background: Cognitive impairment refers to the abnormal knowledge processing in the process of thinking judgment and learning. In most cases, machine experience is manifested as memory function and learning dysfunction, and even serious psychological abnormal behaviors such as loss of line, recognition, and use. The causes of cognitive impairment are chronic brain injury, chronic systemic diseases, mental and psychological abnormalities, among which mental and psychological abnormalities are the main causes. Cognitive impairment can be divided into thinking impairment, memory impairment and perception impairment according to different types of impairment. The clinical manifestations of thinking disorder include delusion, thinking logic disorder, association process disorder, abstract generalization stage disorder and so on; In clinical practice, memory impairment mainly includes memory error, memory fragment loss, memory enhancement and so on. Perceptual disorder can be manifested as perceptual comprehensive disorder, sensory sensitivity, sensory retardation and so on. The treatment of patients with cognitive impairment has become a topic of great concern to clinical scholars. The common treatment methods are behavior therapy, music therapy, environmental therapy and so on. Psychological journals point out that the design of indoor space and environment in prefabricated buildings can help alleviate the symptoms of patients with cognitive impairment.

The research of space environment design on alleviating cognitive impairment is mainly reflected in improving the cognitive ability of the elderly, taking space environment design as an auxiliary means, and promoting public communication. Under the requirements of alleviating cognitive impairment of the elderly, the strategies of indoor space and environment design of prefabricated buildings are as follows. First, the design of lighting environment. The visual characteristics of elderly patients with cognitive impairment were significantly lower than those of young people or healthy groups of the same age. With the increase of age, the ability of pupil to adapt to light changes decreases. In terms of lighting environment design, it is necessary to promote public communication behavior, including selecting electric light source with good display performance, illumination, and color temperature, and preventing glare. Second, the design of color environment. According to the cognitive impairment of the elderly, the perceptual characteristics of the color environment should be designed accordingly. It is necessary to activate the space atmosphere through the decorative colors in the space, pay attention to the primary and secondary colors, and avoid the use of large areas of green, blue and white. With the help of the characteristics of color, it can help association, alertness and identification. In addition, you need to adjust your mood through color. Third, the rational use of decorative materials. The interior decoration space of wooden materials can make people get a more positive emotional experience. Designers should pay attention to the matching use of materials in the design process, and give full play to the emotional and physical characteristics of different materials in touch and vision. Special attention should be paid to the selection of flexible finishing materials, the use of integrated material matching, the use of thermal insulation materials, and the use of regular and delicate texture materials as far as possible. Fourth, pay attention to home display, including the way and location of furniture layout, the aging and comfort of furniture, and the color matching of furniture. Fifth, other indoor environmental elements, including form characteristics, spatial scale, climate environment, sound, etc.

Objective: To analyze the improvement effect of indoor space environment design of prefabricated

buildings on elderly patients with cognitive impairment, in order to help elderly patients with cognitive impairment provide intervention measures.

Research objects and methods: 120 elderly people with different degrees of cognitive impairment in two cities were selected as the research object. The mitigation of indoor space environment design of prefabricated buildings on elderly patients with cognitive impairment was evaluated by fuzzy evaluation method and analytic hierarchy process. The evaluation index includes five aspects: lighting environment, color environment, decorative materials, home display and other elements. There are five grades: obvious improvement, general improvement, improvement, slight improvement and no improvement. The corresponding scores are 1-20, 21-40, 41-60, 61-80 and 81-100 respectively.

Methods: Through SPSS22.0 data statistical analysis software to obtain the improvement effect of indoor space environment design of prefabricated buildings on elderly patients with cognitive impairment.

Results: Table 1 refers to the improvement effect of urban D prefabricated building indoor space environment design on elderly patients with cognitive impairment. It can be seen from Table 1 that lighting environment; color environment and decorative materials have the most obvious effect on the improvement of cognitive impairment.

Table 1. Improvement effect of indoor space environment design of urban D prefabricated building on elderly patients with cognitive impairment

Category	Significant improvement	General improvement	Improve	Slightly improved	No improvement
Illumination environment	34	41	17	16	12
Color environment	28	37	23	14	18
Decorative materials	26	35	29	16	14
Home display	21	25	30	21	23
Other elements	22	24	35	20	19

Conclusions: The indoor space environment design of prefabricated buildings has a good improvement effect on elderly patients with cognitive impairment, especially in three aspects: lighting environment, color environment and decorative materials. This scheme can be applied to the improvement of elderly patients with cognitive impairment.

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INTEGRATION OF INDUSTRY AND EDUCATION AND THE DEVELOPMENT OF INFORMATIZATION IN COLLEGES AND UNIVERSITIES TO ALLEVIATE THE ANXIETY OF COLLEGE STUDENTS

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Background: As the core content of vocational education, the integration of industry and education plays an important role in the process of cultivating applied high-quality talents in colleges and universities. As early as 2017, China has issued a programmatic document on the integration of industry and education, which takes the integration of industry and education as an important development strategy in the process of China's education reform. The integration of industry and education is not only to establish a simple school-enterprise cooperation relationship, but also to organically combine the teaching of professional courses in colleges and universities with the training of enterprise internships, so that students can apply what they have learned, and be trained and improved in theory and practice. Moreover, the continuous development of big data technology has made a breakthrough in the reform and optimization of the teaching mode of integration of production and education. The university has established a mode of integration of production, teaching and information, laying a solid foundation for the advanced teaching mode of "Internet plus education". The main way of information development of the integration of industry and education in colleges and universities is to build a virtual training platform, which can improve the practical operation ability of college students to a certain extent. In the traditional teaching and training