

were counted, and the main social psychology of students was obtained by cluster analysis. Evaluate the impact of students' social psychology on students' daily learning, including students' professional achievements and students' psychological changes. The innovative model of college students' values education is formulated based on students' social psychology, which is applied to 200 participating students to evaluate students' professional achievements and psychological changes under the innovative model.

Results: The professional scores and psychological changes of students are shown in Table 1. Table 1 shows that the average score of students' professional performance has been significantly improved after receiving the innovation mode education. At the same time, under the influence of the innovation mode, the number of students with positive psychology has also increased significantly, especially the number of students with correct values.

Table 1. Changes of students' values before and after education

Project	Professional achievement	Firm patriotism	Positive outlook on life	Correct values
Before education	67.8	127	92	66
After education	81.4	184	163	179
<i>P</i>	<0.05	<0.05	<0.05	<0.05

Conclusions: In college education, how to cultivate students' correct values has always been a problem that colleges and universities try to breakthrough. In the research, aiming at the problem of cultivating the correct values of college students, an innovative teaching model in colleges and universities based on social psychology is proposed. This model emphasizes that students' social psychology is the main element affecting students' thoughts. The test results show that under the influence of the innovative model, students' ideological and political professional scores have been significantly improved, and students' values have been cultivated, among them, the number of students who establish correct values has increased significantly. Therefore, in college teaching, in order to help students, develop good values, we should fully understand students' social psychology, take social psychology as the theoretical basis, and build an innovative model that fully affects students' learning attitude, so as to improve students' correct values and promote students' healthy growth.

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THE INFLUENCE OF SINGER'S PSYCHOLOGICAL ANXIETY ON SINGING STABILITY

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Background: For vocal singers, people pay more attention to their singing skills, and often ignore the influence of the singer's psychological state on the singing effect, but the vocal singing effect is closely related to the singer's own psychological activities. Psychological factors play an important role in the singer's singing process. Vocal singers are prone to produce varying degrees of psychological anxiety in training, performance, singing examination and other singing practice activities, which affects the singers' singing performance in singing practice. Psychological anxiety refers to the tension and uneasiness caused by the inability to effectively solve the problem or the premonition that it is difficult to deal with when individuals are facing difficulties or obstacles. Some vocal singers have poor adaptability to the performance environment and are prone to serious psychological tension when performing in unfamiliar venues. There are also some singers who care too much about their singing results and perform in front of a large audience. They have panic and anxiety because they are worried about their performance mistakes. When the vocal singer's psychological anxiety reaches a certain degree, it will seriously interfere with the singer's singing performance and affect the singer's physical and mental health development.

Vocal performance is a comprehensive art, which conveys the singer's emotion and shows the singer's understanding of the song through the performance of human voice and body. In the actual music performance activities, singing may often produce singing psychological anxiety due to insufficient preparation and self-confidence, which will affect the singer's singing performance and the final performance effect. Good mental health can play a positive role in the effect of singers' singing programs,

and good singers' psychological activities can endow singing songs with soul. The poor psychological state is not conducive to the singer giving full play to his singing strength. The performance effect of vocal performance is affected by the vocal singer's sound state and psychological state. Therefore, the research on the importance of the singer's psychological factors in the singing process has important practical significance for the improvement of the singer's singing level and technology.

Objective: The research analyzes the singer's psychological anxiety state in the singing process, discusses the influence of the singer's psychological anxiety state on the singing stability, and analyzes the mechanism of psychological factors in the singing process of vocal singers, so as to provide a reference for maintaining the singing stability of vocal singers.

Study design: Through the statistical analysis of the psychological anxiety of vocal singers, through the analysis of the degree and causes of the psychological anxiety of vocal singers, this paper deeply analyzes the influence of the psychological anxiety of singers on the stability of their singing, discusses the influence mechanism of the psychological anxiety of singers, and puts forward the mitigation measures of the psychological anxiety of singers on this basis, help vocal singers reduce the influence of psychological anxiety on the effect of singing. The study uses the method of correlation analysis to analyze the influence of vocal singers' psychological anxiety on their stable performance, and uses Spearman correlation coefficient to measure the correlation between vocal singers' psychological anxiety and their stable performance.

Results: The statistical analysis results of the causes of singers' psychological tension and anxiety are shown in Table 1. Nervous stage fright, self-confidence, eager for success, inadequate preparation and other adverse emotional effects are the important reasons for singers' psychological anxiety. Then vocal singers are not confident in their own performance strength and lack practical experience, resulting in tension, which affects the stable play of their singing strength. Some singers are eager for success, and their study of vocal music singing knowledge is not complete. Regardless of their own actual development situation, they blindly pursue singing skills, which will also lead to the psychological anxiety of singers. Sometimes other bad emotions of the singer will directly or indirectly affect the stability of the singer's psychological state and interfere with the singer's singing performance.

Table 1. Statistical analysis of the causes of singers' psychological tension and anxiety

Survey object	Male	Female
Nervous stage fright	3	4
Lack of confidence	3	4
Eager for success	4	3
Inadequate preparation	4	3
Other adverse emotional effects	3	3

Conclusions: A good psychological state and singing physiological state have a direct impact on the performance effect of the singer. A good psychological state can help the singer show his emotions more comprehensively, integrate the singer's understanding of the song into the vocal singing, and comprehensively show the emotional connotation that the singer expects to convey to the audience through the singing performance. A good psychological state will have a positive impact on the singer's physiological state and help the singer to keep a relaxed state to sing. Psychological anxiety will have a negative impact on the singer's singing effect, affect the stable play of the singer's singing strength, reduce the singer's real-time singing level, and affect the singer's final singing performance effect. And the singer's psychological state will also affect the movement of his throat organs. When the singer falls into psychological anxiety, the singer's whole-body muscles will enter a tight state, which will lead to the rigidity of his throat organs, which is not conducive to the stable play of singing performance.

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THE IMPACT OF TOURISM PROTECTION AND DEVELOPMENT OF FAMOUS HISTORICAL AND CULTURAL VILLAGES ON ALLEVIATING CONTEMPORARY PEOPLE'S MENTAL ANXIETY

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