## RESEARCH ON THE INNOVATION OF TRAINING PATH SYSTEM OF PRESCHOOL TEACHERS IN COLLEGES AND UNIVERSITIES UNDER THE OBSTACLE OF COMMUNICATION AND ADAPTATION

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Background: Communication disorder is a common psychological problem, which can lead to people's mental tension, anxiety and other bad emotions. In the field of psychology, the counselor's financial ability, language expression ability and communication ability can usually be tested through social function. According to different types of communication barriers, communication barriers can be divided into physical barriers, psychological barriers, language barriers, cultural barriers, environmental barriers, status barriers and number barriers. Physical disorder refers to that the information transmitted by the body information expresses the wrong point of view. Most people will have different degrees of physical obstacles, which can pass the thematic apperception test. Psychological disorder is an obstacle in the process of communication caused by poor expression. This kind of communication disorder can be divided into two types: long-term persistent psychological disorder and stress psychological disorder. Language barrier refers to the communication barrier caused by local language, which needs continuous adaptation and learning to overcome. Cultural barriers refer to the customs and cultural differences arising from different regions and countries, which exist and cannot be eliminated. Environmental barriers refer to the fixed habits and behaviors caused by different environments, and then the communication barriers. The influence of professionals is limited by their status. The number barrier refers to the different states produced in different occasions. Efficient communication needs continuous learning and efforts, which is of great significance in the education and training of preschool teachers in colleges and universities.

The teaching level of preschool teachers in colleges and universities is closely related to the current situation of national education development. It is not only the concentrated expression of a country's comprehensive quality, but also the embodiment of international politics and economy. At present, there are the following problems in the team of preschool teachers in colleges and universities. First, there are great differences in the quality level of preschool teachers' team. Teachers have limited cultural knowledge, few professional ethics training courses, weak language expression ability and lack of patience in the teaching process. Second, preschool teachers have no sense of belonging and social identity. At present, the professional training of individualized education, five intelligences, hygiene, pedagogy and psychology is ignored in the training process of preschool teachers. Teachers' posts lack corresponding staffing, they cannot become formal teachers, and their work mobility and instability are very high. Third, the social welfare and status of preschool teachers are low. Compared with primary school teachers, the educational background of preschool teachers is no different from that of primary school teachers, but there are great differences in professional title, social status and salary. In such an environment, how to enrich their inner world and give children a healthy and happy environment is a matter of concern. Fourth, the job burnout of preschool teachers is serious and the pressure of work is large. Preschool teachers face heavy curriculum pressure, and they also need to actively communicate with their parents, facing great psychological pressure.

**Objective:** This paper explores and puts forward a new path system for the cultivation and training of preschool teachers in colleges and universities, and analyzes its impact on the obstacles of communication and adaptation, in order to provide new ideas and directions for the cultivation and training of preschool teachers in colleges and universities.

Research objects and methods: The preschool teachers of five universities were selected as the research object. The traditional and new preschool teachers' training path system was evaluated through the Balanced Iterative Reducing and Clustering using Hierarchies (BIRCH). The evaluation content included five aspects: communication fear, language, emotion, information overload and selective intuition. The research evaluated the results through the degree of improvement. The improvement degree is obtained through the calculation formula of consensus improvement degree. Any number whose membership degree is [0,1]. The closer the value is to 1, the higher the membership degree is. The degree of improvement is divided into three levels: obvious improvement, improvement and no improvement. The average value of the research object is selected as the final result, and the number of evaluators is 60.

**Methods:** This study analyzes the impact of the new college preschool teacher training path system on communication adaptation barriers through Excel data analysis software.

**Results:** Table 1 refers to the impact of the new college preschool teacher training path system on communication adaptation barriers. It can be seen from Table 1 that the training path system of preschool

teachers to school preschool teachers has a high degree of improvement in communication fear, language, emotion, information overload and selective intuition. The follow-up research can be improved in the other three aspects to improve the applicability of preschool teachers to the training path system of school preschool teachers.

Table 1. The influence of the new college preschool teacher training path system on communication

adaptation barriers

Attribute	Communication fear	Language	Emotion	Information overload	Selective intuition
Significant improvement	28	23	18	17	27
Improve	26	21	17	19	24
No improvement	6	16	15	14	9

Conclusions: The new college preschool teacher cultivation and training path system constructed by the Institute has a high degree of improvement on communication adaptation barriers, which can make corresponding contributions to the subsequent college preschool teacher cultivation and training, and give a specific implementation plan for the overall improvement of the national education level.

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## RESEARCH ON ENGLISH TRANSLATION AND INFORMATION COMMUNICATION OF SPORTS PLATFORM UNDER EDUCATIONAL PSYCHOLOGY

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Background: Educational psychology can be analyzed from two aspects: narrow educational psychology and broad psychology. Narrow educational psychology refers to school educational psychology, and broad psychology is the science of various psychological and behavioral laws in the process of educational practice. As an important type of applied psychology, educational psychology mainly studies how to teach, how to learn, and the interaction between learning and teaching. At present, there has been a trend of differentiation in educational psychology, and the research focus has changed from laboratory to school, and then to society. The research focus of future educational psychology is to analyze in combination with social psychology. The research trends are mainly learners' initiative, initiative, learning process and mechanism, the impact of social environment, the role of cultural background, effective teaching mode and learning environment design, and the application of information technology. The research of psychological development and education has always been closely related, including the concept of cognitive development and education, the general law and education of psychological development, the theory and education of personality development, the difference of psychological development and education.

With the continuous development of educational psychology, college sports platform is facing great challenges. English translation and information dissemination of college sports platform is an important performance of keeping pace with the times. The main problems faced by college sports platform English translation are as follows: English translation has no subjectivity, the translation process has not realized the construction of the real ecological environment, and the dominant thinking of translation is the traditional teaching concept, which can be embodied in the deviation of word understanding, the wrong division of English long sentences, colloquial words, inconsistent context terms, and the language organization does not conform to the language habits. Based on the analysis of the problems of English translation and information communication of sports platform, it is of positive significance to construct the English translation and information communication scheme of sports platform from the perspective of educational psychology. The new information communication mode of sports platform needs to combine the characteristics of educational psychology to ensure that the audience can obtain correct sports information, and also make the transmitted content conform to the psychological and emotional changes of the audience. The new information communication mode of sports platform can be embodied in timeliness, interactivity, globality, accuracy and characteristics. It can complete effective communication through efficient data technology, which is also the most basic requirement of English translation of sports platform.