

inability to fully understand and master some complex theories, and then suffer from an anxiety disorder. Based on educational psychology, the research improves the teaching mode of UAV mission planning course, so as to improve the teaching quality of the course, improve students' learning efficiency and avoid students' anxiety caused by excessive pressure.

Research objects and methods: Two classes were randomly selected from the major of UAV system engineering in a university as the research object. Self-rating Anxiety Scale (SAS), Self-rating Depression Scale (SDS) and Hospital Anxiety and Depression Scale (HADS) were used to evaluate the degree of anxiety of students.

Research design: One class (58 people) is used as the research group to teach the improved UAV task planning course based on educational psychology, and the other class (56 people) is used as the control group to teach the traditional UAV task planning course. After a period of time, the test scores and psychological anxiety of the two classes were compared.

Methods: The relevant data were processed and analyzed by software SPSS23.0.

Results: After teaching, the SAS score, SDS score and had score of the students in the study group were significantly lower than those in the control group ($P < 0.05$). The SAS scores of the two groups are shown in Table 1.

Table 1. SAS scores of two groups of students

Timing	SAS score		<i>t</i>	<i>P</i>
	Research group	Control group		
Number of students	58	56	-	-
Before teaching	65.3±12.3	66.1±12.9	0.403	0.762
After teaching	44.6±6.2	65.3±10.1	4.354	0.042
<i>t</i>	8.019	0.431	-	-
<i>P</i>	0.000	0.437	-	-

Conclusions: The teaching effect of UAV mission planning course is related to the professional quality and ability of UAV professionals in China, so the design and practice of the course are very important. At present, there are some defects in UAV mission planning course, which leads to students' inability to fully understand and master some complex theories. For a long time, students' psychological pressure, such as learning pressure and employment pressure, has increased, and their negative emotions have accumulated, which has evolved into anxiety psychology. Based on educational psychology, the teaching mode of UAV mission planning course is improved. The results showed that after a period of teaching, the SAS score, SDS score and had score of the students in the research group were significantly lower than those in the control group ($P < 0.05$). Therefore, using educational psychology to optimize the UAV task planning course can effectively improve the teaching quality of the course, improve students' learning efficiency, and avoid students' anxiety due to excessive pressure. It is of great significance to students' personal development and the development of UAV industry.

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ON THE SIGNIFICANCE OF THE RESEARCH ON THE "YUFU ZHI" IN CHINESE DYNASTIES FROM THE PERSPECTIVE OF SOCIAL PSYCHOLOGY

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Background: As a branch of psychology, social psychology combines psychological theory with sociological theory, studies the social psychological performance of individuals and groups under the background of social environment, analyzes the psychological characteristics of individuals and social groups, and discusses the emotional thought and behavior performance of individuals under the restriction of others or groups under the social environment. From the individual level, social psychology analyzes the psychological characteristics of social individuals such as self-consciousness, social perception and psychological behavior motivation, and makes an in-depth study on the interaction between social individuals, including the psychological laws of multiple interactive behaviors such as individual

interpersonal communication and communication psychology. From the perspective of social groups, social psychology analyzes the psychological basis behind the customs and culture of social groups, and explores the differences of psychological characteristics between different social classes and nationalities. YuFu Zhi is the research literature of clothing system in important dynasties in Chinese history. Under the guidance of social psychology theory, this paper studies and analyzes YuFu Zhi, combines social psychology theory with clothing field, and realizes the extension and expansion of social psychology in clothing field. Social psychology in the field of clothing is to analyze the dressing psychology of individuals and groups in the social situation, excavate the dressing behavior characteristics of individuals and social groups, and explain the essence of dressing psychological behavior of individuals and groups through the extension of various theories.

Clothing culture is an indispensable part of Chinese traditional culture. The characteristics of clothing culture in different times show the social development and technical level at that time, and the social style and cultural characteristics in different historical periods. China is a country of rites, and the clothing culture runs through ancient and modern times. Many historical books have specially set up chapters of YuFu Zhi to record and analyze the clothing system in ancient China. The study of YuFu chronicles of previous dynasties can find the changing characteristics of Chinese clothing culture from historical data and excavate the characteristics of Chinese clothing culture in different historical periods, which is conducive to the in-depth study of Chinese traditional culture with clothing culture as the starting point. The research on the annals of public service in the past dynasties of China is an in-depth excavation of the Chinese etiquette culture and national spirit. From the perspective of the dress culture in the past dynasties of China, this paper analyzes the characteristics and connotation of the national spirit under the historical dynasties of China.

Objective: Based on the theory of social psychology, this study organically integrates social psychology and the field of clothing, analyzes the characteristics and connotation of the chronicles of public service in Chinese dynasties, and discusses the research significance and value of the chronicles of public service in Chinese dynasties, hoping to find a new entry point for the study of Chinese history and culture, explore new research ideas of national spirit and cultural connotation in different historical periods.

Research design: Using the method of literature, the study studied the relevant research literature of YuFu annals and YuFu annals of Chinese dynasties, understood the characteristics of YuFu annals of Chinese dynasties, and obtained the connotation and characteristics of YuFu annals of Chinese dynasties. By using the method of questionnaire and expert interview, we can understand the understanding of ancient historical data researchers and readers of relevant works on the research value of public service chronicles of Chinese dynasties. Taking the researchers of ancient Chinese historical materials and the readers of relevant documents and works as the research object, this paper discusses the research value of YuFu chronicles of Chinese dynasties from the perspectives of researchers and readers, and analyzes the significance and connotation of the research of YuFu chronicles of Chinese dynasties. Combined with the methods of questionnaire and focus interview, this study discusses the research value and significance of YuFu annals of Chinese dynasties from five perspectives: the change of traditional clothing system, the compilation of historical materials, the connotation development of Chinese traditional culture, the characteristics of etiquette culture and agricultural production.

Results: The survey results of the research value of the chronicles of public service in Chinese dynasties are shown in Table 1. Researchers of ancient historical materials and related works believe that the research value of the chronicles of public service in Chinese dynasties is high.

Table 1. Investigation results of the research value of YuFu Zhi in previous dynasties in China

Survey object	Researcher of ancient Chinese historical materials	Readers of relevant literature and works
Changes in traditional clothing system	3	4
Compilation and revision of historical materials	4	3
The connotation and development of Chinese traditional culture	4	4
Characteristics of etiquette culture	3	4
Agricultural production	4	3

Conclusions: It is of great historical value and practical significance to study YuFu chronicles of Chinese dynasties. A comprehensive study of YuFu chronicles of Chinese dynasties can help historians understand the changes of clothing system in ancient China, clarify the changes of clothing and hierarchy in ancient China, and start from the clothing system in different historical periods of China. Learn about the ancient hierarchy. And as a part of the historical records, the historical records of YuFu in the past dynasties of China also show

the editing characteristics of historical materials in different historical periods of China. The study of the historical records of YuFu in the past dynasties of China is helpful for us to understand the characteristics of the history of ancient China.

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PRACTICE AND EXPLORATION OF DOCTORAL STUDENTS IN COLLEGES AND UNIVERSITIES IN IDEOLOGICAL AND POLITICAL EDUCATION FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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Background: Educational psychology is a marginal interdisciplinary subject of pedagogy and psychology. Based on educational psychology, pedagogical theory and psychological theory, it analyzes the characteristics and changes of psychological activities of educators and educates in educational practice, and probes into the causes and influencing factors of the phenomenon of psychological activities in educational practice. The development time of educational psychology is relatively short. Educational psychology developed into an independent discipline in the late 19th century, but the application scope of educational psychology is wide. Every educational practice contains the theoretical background of educational psychology. Educational psychology has become an important means for teachers to improve the quality of teaching. Educational psychology extends the theory of psychology to the field of education and discusses students' psychological activities in many aspects such as character cultivation, will building and knowledge learning in educational practice, which can effectively help teachers grasp the characteristics of students' psychological changes, accurately guide students' learning attention and improve learning efficiency and effect.

Social education is accompanied by people's life. Education guides and trains individuals in knowledge and morality through planned and purposeful social education practice. Ideological and political education guides and cultivates students' ideological concepts and value orientation, guides students' psychological trend through ideological and political education, promotes students to establish a good outlook on life, values and world outlook, and helps students realize healthy learning and growth. Students' values are not mature and are in the establishment stage of life values. Therefore, it is necessary to guide the development of students' mental health, help students standardize their moral behavior, cultivate students' personality quality, and achieve the real education of building morality and cultivating people. Doctoral students are the highest training level of China's higher education talent training system, but there are many problems in doctoral students' ideological and political education. The government and colleges pay less attention to doctoral students' ideological and political education, and the effect of ideological and political education is not significant.

Objective: Under the guidance of educational psychology theory, this study analyzes the current situation of ideological and political education of doctoral students in colleges and universities, understands the problems existing in the ideological and political education system of doctoral students, discusses the reform direction and path of ideological and political education of doctoral students in colleges and universities, and provides help to improve the ideological consciousness level of doctoral students in colleges and universities. The research deeply excavates the concept and content of ideological and political education, analyzes the guiding role of ideological and political education on doctoral students in colleges and universities, discusses the practical value of doctoral students' Ideological and political education, and puts forward suggestions for promoting the all-round development of doctoral students.

Research design: Combined with the review and investigation on the quality of graduate education carried out by a university in 2021, this study analyzes the situation of ideological and political education in doctoral education in colleges and universities, and obtains the evaluation data of doctoral groups and review and evaluation experts on the level of doctoral ideological and political education from the review report. Based on the review data and combined with the theory of educational psychology, the research analyzes the psychological characteristics of doctoral students in educational and teaching activities, deeply analyzes the teaching problems existing in the ideological and political education of doctoral