

the editing characteristics of historical materials in different historical periods of China. The study of the historical records of YuFu in the past dynasties of China is helpful for us to understand the characteristics of the history of ancient China.

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PRACTICE AND EXPLORATION OF DOCTORAL STUDENTS IN COLLEGES AND UNIVERSITIES IN IDEOLOGICAL AND POLITICAL EDUCATION FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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Background: Educational psychology is a marginal interdisciplinary subject of pedagogy and psychology. Based on educational psychology, pedagogical theory and psychological theory, it analyzes the characteristics and changes of psychological activities of educators and educates in educational practice, and probes into the causes and influencing factors of the phenomenon of psychological activities in educational practice. The development time of educational psychology is relatively short. Educational psychology developed into an independent discipline in the late 19th century, but the application scope of educational psychology is wide. Every educational practice contains the theoretical background of educational psychology. Educational psychology has become an important means for teachers to improve the quality of teaching. Educational psychology extends the theory of psychology to the field of education and discusses students' psychological activities in many aspects such as character cultivation, will building and knowledge learning in educational practice, which can effectively help teachers grasp the characteristics of students' psychological changes, accurately guide students' learning attention and improve learning efficiency and effect.

Social education is accompanied by people's life. Education guides and trains individuals in knowledge and morality through planned and purposeful social education practice. Ideological and political education guides and cultivates students' ideological concepts and value orientation, guides students' psychological trend through ideological and political education, promotes students to establish a good outlook on life, values and world outlook, and helps students realize healthy learning and growth. Students' values are not mature and are in the establishment stage of life values. Therefore, it is necessary to guide the development of students' mental health, help students standardize their moral behavior, cultivate students' personality quality, and achieve the real education of building morality and cultivating people. Doctoral students are the highest training level of China's higher education talent training system, but there are many problems in doctoral students' ideological and political education. The government and colleges pay less attention to doctoral students' ideological and political education, and the effect of ideological and political education is not significant.

Objective: Under the guidance of educational psychology theory, this study analyzes the current situation of ideological and political education of doctoral students in colleges and universities, understands the problems existing in the ideological and political education system of doctoral students, discusses the reform direction and path of ideological and political education of doctoral students in colleges and universities, and provides help to improve the ideological consciousness level of doctoral students in colleges and universities. The research deeply excavates the concept and content of ideological and political education, analyzes the guiding role of ideological and political education on doctoral students in colleges and universities, discusses the practical value of doctoral students' Ideological and political education, and puts forward suggestions for promoting the all-round development of doctoral students.

Research design: Combined with the review and investigation on the quality of graduate education carried out by a university in 2021, this study analyzes the situation of ideological and political education in doctoral education in colleges and universities, and obtains the evaluation data of doctoral groups and review and evaluation experts on the level of doctoral ideological and political education from the review report. Based on the review data and combined with the theory of educational psychology, the research analyzes the psychological characteristics of doctoral students in educational and teaching activities, deeply analyzes the teaching problems existing in the ideological and political education of doctoral

students in colleges and universities, and analyzes the optimization and improvement direction of the ideological and political education of doctoral students in colleges and universities in the future. Based on the analysis of the psychological law of doctoral education, the research puts forward the new concept and innovative development model of doctoral ideological and political education, hoping to provide new development ideas for the reform of doctoral ideological and political education system in colleges and universities, and promote the improvement of doctoral ideological and political consciousness in colleges and universities. Then, the pilot experiment is used to verify the feasibility and effectiveness of the reform of doctoral students' ideological and political education system, and to verify the role of the new doctoral students' ideological and political education model in promoting doctoral students' ideological and political consciousness and mental health level. The research takes a university as the pilot unit for the experiment. During the experiment, the ideological and political education of doctoral students in the university adopts the new teaching mode. The experiment lasts for three months. Doctoral students carry out ideological and political education once a week, and each class hour is 1.5 h.

Results: After the pilot experiment, the changes of ideological and political awareness score and mental health quality score of doctoral students in colleges and universities are shown in Table 1. After the implementation of the teaching reform of ideological and political education for doctoral students under the guidance of educational psychology, the degree of ideological and political awareness of doctoral students in colleges and universities has been significantly improved, which is of great significance to enhance the firmness of doctoral students' ideological ideas. Under the new ideological and political education model, the level of mental health quality of doctoral students has been significantly improved, and the score of mental health quality has increased significantly.

Table 1. After the pilot experiment, the changes of ideological and political consciousness score and mental health quality score of doctoral students in colleges and universities

Survey object	Before the pilot experiment	After the pilot experiment
Ideological and political consciousness score	2.16±0.36	3.74±0.38
Mental health quality score	1.98±0.34	3.71±0.26

Conclusions: Based on the analysis of the psychological characteristics of doctoral students' ideological and political education, the research carries out innovative reform on the ideological and political education system of doctoral students in colleges and universities. It is required to clarify the basic principles of the framework of doctoral students' ideological and political education, and construct the framework of doctoral students' ideological and political education based on the principles of subjectivity and society. The innovation of the ideological and political education system of doctoral students in colleges and universities should start from the educational concept, under the guidance of the basic principles, combined with educational practice, analyze the shortcomings of ideological and political education in colleges and universities, and innovate the educational concept of doctoral students in colleges and universities. Colleges and universities should also pay attention to the path innovation of doctoral students' ideological and political education, expand the channels and methods of ideological and political education, connect ideological and political education with daily scientific research work, and improve doctoral students' ideological and political consciousness. The experimental results show that the new model of doctoral students' ideological and political education can effectively promote the improvement of doctoral students' ideological and political consciousness and thinking firmness, and is of great value to improve the quality of doctoral students' mental health.

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PROTECTION AND APPLICATION OF DIGITAL TECHNOLOGY TO INTANGIBLE CULTURAL HERITAGE FROM THE PERSPECTIVE OF HUMANISTIC PSYCHOLOGY

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Background: Humanistic psychology is to explore people's unique nature and characteristics, oppose the