

At the same time, the English classroom teaching method based on educational psychology has also created a lot of experience in promoting teaching reform. Some studies have pointed out that the English classroom teaching method based on educational psychology is expected to subvert the traditional way of education. Anxiety psychology is different from ordinary mental diseases. It will not only cause serious negative emotions to college students, but also the accumulation of all kinds of negative emotions. In order to comprehensively improve college students' English learning ability and comprehensive quality, English teaching should pay attention to the cultivation of students' nonintellectual factors, so that students can obtain positive emotional experience in English learning and learn effective learning strategies, which will play a positive role in students' lifelong development.

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THE EFFECT OF BUSINESS ENGLISH TEACHING AND TRAINING CURRICULUM REFORM ON EDUCATIONAL PSYCHOLOGY

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Background: In recent years, educational psychology is closely related to psychiatry, medicine, sociology, anthropology, education and other fields. The main research content of educational psychology is the basic psychological laws of education and teaching situation and middle school teaching. It studies teaching design, educational technology, special education and classroom management based on psychology. Educational psychology. Different from psychology, educational psychology focuses on the psychological laws of student groups, and evaluates whether students can learn knowledge and master corresponding skills in daily teaching. The teaching subject of educational psychology theory is the workers engaged in education. The goal is to improve the level of teachers, improve the quality of education and teaching, and promote the reform of education and teaching. The practical significance of this discipline is to assist teachers to complete the problems in teaching work, provide scientific and reasonable theoretical guidance for teachers' teaching work, and assist teachers to analyze in practical teaching work. Educational psychology can be simply understood as all the sciences involved in the process of learning and teaching, including teaching methods, students' characteristics and teachers' characteristics. According to the type of subject, teachers can adopt different teaching schemes.

In the practical courses of business English teaching in colleges and universities, the traditional teaching methods lead teachers to take intellectual factors such as scores and test passing rate as the key indicators to evaluate the teaching effect, and do not consider nonintellectual factors, emotions, interests and hobbies and other psychological factors. With the proposal and improvement of modern educational psychology and other concepts, English teaching methods have undergone significant changes, from the previous cramming teaching to students' autonomous and active learning. This teaching method can cultivate comprehensive talents with high quality and high skills. The relevant data of the education part points out that most college students have varying degrees of psychological problems, and a small number of them suffer from serious psychological diseases. The future business English teaching and training courses need to be improved in combination with the theory of educational psychology, so that students can master professional English teaching knowledge and transfer relevant cultural knowledge and humanistic knowledge to students, which can not only help students receive relevant knowledge efficiently, but also create a good learning atmosphere and enhance students' interest in English learning. In the specific teaching work, teachers need to focus on practical activities, let students participate in the process of activities in the form of teaching in fun, and accept knowledge in a relaxed and pleasant way, as well as the views and thoughts that domain teachers want to convey to us in the activities.

Objective: This paper analyzes the impact of business English teaching training course combined with educational psychology on students' mental health, in order to provide a new research direction for college English teaching mode.

Research objects and methods: 100 students from a university were randomly selected as the research object and divided into control group and experimental group by digital random grouping method. The control group used conventional English teaching methods, and the experimental group used business English teaching and training teaching methods combined with educational psychology. The experimental period was 2 months. Mental health was assessed by Symptom Checklist-90 (SCL-90), and the grade classification of assessment was completed by Density Based Spatial Clustering of Application with Noise (DBSCAN). The scale includes 90 items and 10 subscales, of which subscale 10 is not used for these statistics. Each factor item was analyzed with a five-level scoring standard of 0-4 points. The higher the score of each factor, the lower the level of mental health. The subjects' evaluation of each factor is equal to or greater than 3 points, which can be used as the standard of moderate health problems and above.

Methods: Through the latest version of Epi Info data statistical analysis software, this paper analyzes the effect of business English teaching practice teaching method combined with educational psychology on students' mental health.

Results: Table 1 refers to the proportion of the experimental group with good mental health in the whole experimental cycle. The psychological problems of the patients in the experimental group were significantly improved, and with the increase of the implementation time of the new business English teaching and training teaching intervention, the psychological health level of the patients was significantly improved. Therefore, the experimental group introduced the English business English teaching practice teaching combined with educational psychology, which has an ideal effect on the intervention of patients' psychological problems.

Table 1. The proportion of the experimental group with good mental health in the whole experimental cycle (%)

Mental health indicators	After 1 month	After 2 months	After 3 months
Somatization	72.21	81.36	86.29
Obsession	72.36	82.13	87.56
Interpersonal sensitivity	71.28	82.36	84.16
Depressed	74.28	82.48	89.23
Anxious	73.68	82.39	86.34
Hostile	75.21	82.94	86.29
Terror	74.14	82.36	87.56
Paranoid	73.21	83.28	84.16
Psychotic	74.16	83.78	83.25

Conclusions: The practical teaching method of business English teaching combined with educational psychology can greatly improve students' psychological problems to varying degrees. This new teaching mode can be vigorously promoted and publicized in the future, so as to increase the educational effect of business English teaching and training.

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THE EFFECT OF OPTIMIZED MANAGEMENT OF TOURISM INDUSTRY ORGANIZATION ON THE PSYCHOLOGY OF EMPLOYEES

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Background: Organizational psychology is a science that analyzes human behavior laws and psychological phenomena in organizational management. The theory takes people as the center, constantly adjusts and optimizes the interpersonal relationship in the organization, changes and improves the external environment and conditions, gives full play to the individual's creativity, initiative and enthusiasm, and smoothly realizes the organizational objectives in a scientific way, which is conducive to the common development of the organization and the individual. The research content of organizational psychology can be attributed to three relationships: human and human, human and material, and material and material. The goal of organizational psychology is to analyze the law of psychological activities of leaders, organizations, groups and individuals in the organization with the help and application of relevant theories