CORRELATION ANALYSIS BETWEEN TEXT INTERPRETATION AND READERS’ COMMUNICATION ADAPTATION BARRIERS

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Background: Adaptation disorder is a chronic psychogenic disorder caused by long-term stressors or difficult situations, coupled with the patient’s personality defects, resulting in emotional disorders such as anxiety and depression, as well as maladaptive behaviors (such as withdrawal, lack of attention to health, irregular life, etc.), physiological dysfunction (such as poor sleep, lack of appetite, etc.) and impaired social function. The occurrence of adaptation disorder is the result of psychological and social stress factors and individual quality. The reason of adaptation disorder is that individuals cannot adapt to life changes or stress events (such as widowhood, going abroad, immigration, joining the army, retirement, etc.), but they are still in the abnormal state of emotional disorder and bad adaptive behavior. Because many people can successfully deal with the same stressor without any abnormal reaction, and patients have mental disorders, which indicates that personal susceptibility plays an important role in the occurrence of adaptation disorders. Nevertheless, it is important to ensure that this does not happen without pressure. Psychosocial factors of adaptation disorder: changes in living environment and family, deterioration of interpersonal relationship, setbacks in work and study, death of relatives and friends, etc. Some factors also have specific periods, such as newly married, graduates looking for a job, adapting to new life rules after retirement, etc. Personality factors of adaptation disorder: for the same stressor, many people can deal with it smoothly without any abnormal reaction, and the patient has mental disorder, which shows that personal susceptibility plays an important role in the occurrence of adaptation disorder. However, it is important to ensure that this does not happen without pressure. Psychosocial factors of adaptation disorder: changes in living environment and family, deterioration of interpersonal relationship, setbacks in work and study, death of relatives and friends, etc. Some factors also have specific periods, such as newly married, graduates looking for a job, adapting to new life rules after retirement, etc. Personality factors of adaptation disorder: for the same stressor, many people can deal with it smoothly without any abnormal reaction, and the patient has mental disorder, which shows that personal susceptibility plays an important role in the occurrence of adaptation disorder. However, it is important to ensure that this does not happen without pressure. Psychosocial factors of adaptation disorder: changes in living environment and family, deterioration of interpersonal relationship, setbacks in work and study, death of relatives and friends, etc. Some factors also have specific periods, such as newly married, graduates looking for a job, adapting to new life rules after retirement, etc. Personality factors of adaptation disorder: for the same stressor, many people can deal with it smoothly without any abnormal reaction, and the patient has mental disorder, which shows that personal susceptibility plays an important role in the occurrence of adaptation disorder. However, it is important to ensure that this does not happen without pressure. Psychosocial factors of adaptation disorder: changes in living environment and family, deterioration of interpersonal relationship, setbacks in work and study, death of relatives and friends, etc. Some factors also have specific periods, such as newly married, graduates looking for a job, adapting to new life rules after retirement, etc. Personality factors of adaptation disorder: for the same stressor, many people can deal with it smoothly without any abnormal reaction, and the patient has mental disorder, which shows that personal susceptibility plays an important role in the occurrence of adaptation disorder. However, it is important to ensure that this does not happen without pressure. Psychosocial factors of adaptation disorder: changes in living environment and family, deterioration of interpersonal relationship, setbacks in work and study, death of relatives and friends, etc. Some factors also have specific periods, such as newly married, graduates looking for a job, adapting to new life rules after retirement, etc. Personality factors of adaptation disorder: for the same stressor, many people can deal with it smoothly without any abnormal reaction, and the patient has mental disorder, which shows that personal susceptibility plays an important role in the occurrence of adaptation disorder.
barriers.

**Objective:** In order to clarify the connection mechanism between text interpretation ability and readers’ communication barriers, this study carried out a correlation analysis between them, in order to provide a clinical perspective and strategy for overcoming readers’ communication adaptation barriers.

**Subjects and methods:** 500 readers from three university libraries in our city were randomly selected as the research objects, and the text interpretation ability and communication adaptation obstacles of 500 readers were evaluated. Both of them adopted the five-level scoring method. Then, the correlation between 500 readers’ text interpretation ability and communication adaptation disorder was evaluated as a whole.

**Methods:** Use Excel software to complete data analysis.

**Results:** Figure 1 shows the correlation between text interpretation ability and readers’ communication adaptation barriers. It can be seen from Figure 1 that the text interpretation ability is negatively correlated with the communication adaptation disorder of readers, and the higher the text interpretation ability of readers, the smaller the symptoms of communication adaptation disorder.

![Figure 1. Correlation between text interpretation ability and readers’ communication adaptation barriers](image)

**Conclusion:** In order to clarify the connection mechanism between text interpretation ability and readers’ communication barriers, this study carried out a correlation analysis between them. The results show that text interpretation ability is negatively correlated with readers’ communication adaptation barriers, and the higher the readers’ text interpretation ability, the smaller the symptoms of communication adaptation barriers. This shows that improving readers’ text interpretation ability can effectively reduce readers’ communication and adaptation barriers. Therefore, the problem of communication and adaptation obstacles can be alleviated by strengthening readers’ text interpretation ability.

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**RESEARCH ON THE CONSTRUCTION OF PRACTICAL TEACHING SYSTEM OF DIGITAL MEDIA ART SPECIALTY UNDER PSYCHOLOGICAL ANALYSIS**

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**Background:** Psychology includes basic applied science and applied psychology. The research object is human. The research content includes three aspects: human psychological phenomenon, spiritual function