

Table 1. Teaching evaluation results of music teaching reform model in colleges and universities

Dimension	Before teaching	After teaching
Learning interest	2.47±0.38	2.82±0.47**
Learning attitude	2.75±0.42	3.13±0.36**
Music knowledge learning	2.69±0.30	2.92±0.28**
Learning habits and quality	2.15±0.22	2.53±0.28**
Students' classroom participation	2.62±0.33	3.13±0.30**
Classroom teacher-student communication	1.69±0.18	2.19±0.21**

Note: ** $P < 0.01$.

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RESEARCH ON THE EFFECT OF MENTAL HEALTH EDUCATION ON ALLEVIATING COLLEGE STUDENTS' ANXIETY ABOUT INNOVATION AND ENTREPRENEURSHIP FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

Chen Lai* & Wei Liu

Gannan Medical University, Ganzhou 341000, China

Background: Educational psychology is a subject that studies the psychological situation and change law of educators and educates. Through educational psychology, this paper analyzes the psychological phenomena in the process of education and teaching. The knowledge of educational psychology is the inevitable requirement of quality education. The goal of quality education is to improve students' all-round quality and make students' ability training and mental health education develop in an all-round way. When teaching related subjects, teachers carry out educational and teaching activities on the basis of mastering the knowledge of educational psychology and under the guidance of relevant theories of educational psychology. First of all, teachers need to understand the basic psychological laws of students, understand the psychological process of teacher-student interaction in the teaching process, and gradually guide students in the teaching process, so as to achieve teaching objectives and improve students' comprehensive quality. Teachers can manage students through educational psychology knowledge, so that students can abide by discipline in the teaching process, maintain classroom continuity and create a good classroom atmosphere. Pay close attention to students' learning psychology and change rules in the teaching process, and adjust the management work according to these changes to improve the management efficiency, so as to improve the teaching quality. Educational psychology is the realistic need for the healthy growth of college students. When cultivating college students, cultivating good psychological quality is also a part of talent training. Excellent graduates should have a healthy psychology, so that they can bravely face the difficulties in life and work, solve the difficulties and achieve success in life and work. Perseverance, courage and other positive psychological qualities are important conditions for graduates to achieve life achievements.

At present, the psychological quality level of college students is low, different psychological problems occur frequently, and the number of "problem students" is increasing. Among them, in the cultivation of innovative and entrepreneurial talents in colleges and universities, many college students have appeared anxiety. Due to the poor psychological quality and low ability of college students, in the cultivation of innovation and entrepreneurship, college students feel confused and helpless about innovation and entrepreneurship, are afraid of entrepreneurship failure, and cannot bear the pressure of innovation and entrepreneurship, resulting in varying degrees of anxiety. This anxiety will affect the initiative and enthusiasm of college students' innovation and entrepreneurship. When the anxiety exceeds the psychological bearing range of students, it will cause some harm to the body and mind of college students. Therefore, colleges and universities need to intervene the anxiety of college students through mental health education.

Objective: To understand the mental health status of entrepreneurial college students in colleges and universities, and to analyze the causes of anxiety in the cultivation of innovative and entrepreneurial talents. On this basis, through mental health education, alleviate the anxiety of college students, establish a differentiated mental health education model, stimulate the internal potential of each student, and carry out mental health education of corresponding courses according to the different stages of students, so as to promote the cultivation of students' innovation and entrepreneurship ability. Adopt diversified mental

health education methods, create a new psychological environment and give full play to students' subjective initiative.

Subjects and methods: The research objects are college students in innovation and entrepreneurship training. 350 college students were randomly selected from four universities. These students come from different grades and majors. Understand the mental health status, anxiety level, their study and other relevant personal information of these college students, and understand their views and suggestions on the cultivation of innovative and entrepreneurial talents in colleges and universities. These students were given mental health education for one semester, and the relevant data during mental health education were recorded. Fuzzy evaluation was used to analyze the impact of mental health education on college students' innovation and entrepreneurship anxiety. Specific factors were quantified. Grade 1-5 was used. The higher the score, the heavier the degree. SPSS software and Excel house arrest were used to process and analyze the data.

Results: Due to the lack of psychological endurance and innovation ability of college students, many college students showed anxiety and felt confused, nervous and uneasy about entrepreneurship in the training of innovative and entrepreneurial talents in colleges and universities. By adopting corresponding mental health education countermeasures, the mental health level of college students has been improved, and the anxiety of students has been improved to varying degrees. The anxiety score of junior students in innovation and entrepreneurship is 2. The results are shown in Table 1.

Table 1. Innovation and entrepreneurship anxiety scores of college students in different grades

Grade	Anxious	Uneasy	Worried	Panic
Freshman	2	1	2	1
Sophomore	1	2	2	1
Junior	2	2	1	1

Conclusions: Mental health education plays an important role in the cultivation of innovative and entrepreneurial talents in colleges and universities. Through mental health education, we can improve the mental health level of college students, alleviate their anxiety, stimulate their internal potential and promote the improvement of college students' innovative and entrepreneurial ability.

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STUDY ON THE INFLUENCE OF TRADITIONAL ART EDUCATION ON THE REHABILITATION OF PATIENTS WITH THINKING LOGIC DISORDER

Zuyin Zhou

Wuhan Business University, Wuhan 430000, China

Background: Thinking logic disorder is manifested in the fact that individuals do not conform to logical rules in the process of reasoning, and there are contradictions in concepts and premises, which are contradictory to the objective reality. The clinical manifestations of patients with thinking logic disorder are mainly divided into five kinds, namely symbolic thinking, logical wrong thinking, new words, sophistry and contradictory thinking. Symbolic thinking is manifested in that patients will confuse the specific and abstract concepts of things, and express the specific concepts of things through some words or actions that only they can understand. Others can't understand what the patient said, but the patient is very clear about the universal meaning of his expression. For example, mental patients will wear clothes on the opposite side, or ordinary people will make symbolic description, and green symbolizes life. Patients with logical wrong thinking will secretly change concepts in the process of reasoning. The thinking logic is chaotic and strange. Without any logic, they can't find the logical basis and violate the logical rules, making the patient's words very absurd and strange, which makes it difficult for ordinary people to understand and communicate. Patients with new words will create some words, symbols and other contents by themselves and give new meanings to these contents. In the process of word creation, there is no relationship between these words. Ordinary people can't understand this patchwork logic and the reasons for giving meaning. Sophistry patients will carry out some meaningless dialectics and exploration, which seems reasonable but ineffective. The content is very empty and has no practical significance. They like to talk empty words. However, there will be opposition and contradiction between two kinds of thinking, which will compete with each other, and the power of the two kinds of thinking is equal.