

Research Project; Research and practice of BIM based multi-disciplinary collaborative graduation design model of architecture colleges (No. 20213F25H7900A8).

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ANALYSIS ON THE ALLEVIATING EFFECT OF PROMOTING MULTI SENSORY READING MODE ON COLLEGE STUDENTS' COGNITIVE IMPAIRMENT

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Background: In the medical field, cognitive impairment is not considered as a kind of mental disease that is difficult to cure, and there are many textures that lead to the formation of cognitive impairment. However, in the medical field, clinical medical experts believe that the factor leading to cognitive impairment is that the patient's brain is stimulated, resulting in damage to the nerves that control human neural activities, and the cognitive function of the brain is affected and unable to receive external information normally. However, more experts and scholars tend to attribute cognitive impairment to mental and psychological diseases, because from a psychological point of view, some patients can alleviate their condition through drug treatment, psychological adjuvant treatment, physical rehabilitation training and other ways. However, different patients have different types of cognitive impairment, and the treatment methods are not the same. At present, in colleges and universities, some student groups have cognitive obstacles, and it is difficult to accept knowledge in learning. At the same time, there are also some obstacles in interpersonal communication, which affect the development of students. Considering that the cognitive impairment of students mainly comes from psychological factors, drug treatment is not only easy to damage students' body, but also affect students' body and mind. Therefore, the cognitive impairment of students can be alleviated in the form of psychological counseling. Through the reconstruction of students' patients' thinking, cultivate students' consciousness and emotion, and help patients establish a cognitive system, so as to reshape patients' world outlook and improve students' cognitive impairment.

In the development of colleges and universities, in order to improve students' physical and mental health problems, psychological counseling and ideological and political education are often adopted to improve students' mental health problems. Considering that cognitive impairment is a serious disease at the psychological level, and the patients lack accurate judgment and cognition of things, among the students with cognitive impairment, we can improve the condition of the sick students through the study of students' psychological emotion, especially the multi-sensory treatment method, which can awaken the students' ability to accept new things and improve the patient's condition. Therefore, in college education, it has been proposed to promote multi-sensory reading mode in colleges and universities to improve students' cognitive impairment. Considering that patients with cognitive impairment lack the ability to correctly judge things and have obstacles in emotion, psychology, emotion and cognition of new things, they can use multi-sensory stimulation. For example, let students try to express the emotion of reading content by mobilizing sensory organs such as eyes, brain, heart, mouth and hands through reading multi-sensory content, so as to help the sick students feel things again and adjust their psychological state. And improve students' cognitive impairment through multi-sensory training. Therefore, in order to clarify the impact of psychological counseling strategies on college students' cognitive impairment, a multi-sensory reading model is proposed to alleviate students' cognitive impairment. Through multi-sensory reading, patients' senses are mobilized and their psychological emotions are adjusted, so that the cognitive impairment of sick students can be improved.

Objective: To explore the current situation of college students' cognitive impairment, analyze the impact of students' cognitive impairment on personal development and physical and mental development, and put forward a multi-sensory reading model to improve the condition of college students with cognitive impairment.

Subjects and methods: Taking 100 students in a university as the research object, set 1 to 4 grade indicators respectively, of which 1 means poor, 2 means average, 3 means good and 4 means very good. Set three evaluation indicators of test items, namely "learning cognitive ability", "learning effect" and "psychological performance", to reflect the impact of multi-sensory reading mode on college students with cognitive impairment.

Results: After 5 months of multi-sensory reading promotion test, the index scores of ordinary students and sick students are counted, as shown in Table 1. It is obvious that after half a year's test, the condition of students suffering from psychological disorders has been alleviated and basically reached the index of

ordinary people.

Table 1. 5-month multi-sensory reading promotion test results

Project	1 month	2 months	3 months	4 months	5 months
Learning cognitive ability	2	2	2	2	3
Learning effect	1	2	2	2	3
Psychological and emotional status	1	1	1	2	3

Conclusions: With the expansion of competitive pressure in modern society and the gradual rejuvenation of cognitive impairment diseases, college students with cognitive impairment have received extensive attention from the society. As a serious mental disease, cognitive impairment not only affects people's thinking and consciousness, but also has a great impact on their mood and physical and mental state. College students with cognitive impairment should be treated rationally. Teachers and students should pay more attention to and care for the sick students, and increase mental health counseling to help the sick students restore their self-confidence and return to a healthy state of mind. The promotion of multi-sensory reading teaching in colleges and universities can improve the behavioral indicators of students with cognitive impairment, which has a positive impact on promoting the scientific development of modern education.

Acknowledgement: This work was supported by the Humanities and Social Sciences Research Fund of the Chinese Ministry of Education, Ministry of Education (No. 17YJA870003); the Philosophy and Social Science Fund of Zhejiang Province, Federation of Humanities and Social Sciences of Zhejiang Province (No. 21NDJC039YB); and the Scientific Research Program of Zhejiang Educational Committee, Education Office of Zhejiang Province (No. Y202147067).

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RESEARCH ON STUDENTS' PSYCHOLOGICAL PROBLEMS AND COUNTERMEASURES UNDER THE MODE OF INDUSTRY EDUCATION INTEGRATION OF VOCATIONAL EDUCATION

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Background: With the continuous expansion of social competitive pressure, more and more people have psychological problems. In vocational education, many students also face psychological problems. For example, in the investigation of vocational education, it is found that many students have psychological problems such as mental anxiety, mental tension, depression and slow thinking. The investigation of these students' psychological problems shows that there are many factors causing students' psychological problems, but they are mainly concentrated in several aspects: lack of good career planning objectives and anxiety about the future employment market. Weak mastery of professional knowledge and lack of employment competitiveness. Fear of employment, exclusion of social employment and dare not face it. These anxiety problems generally appear in China's vocational education student groups. Considering the particularity of vocational education, many students do not have a systematic understanding and understanding of vocational education. The purposes of many students entering vocational schools include mixing diplomas, mixing time, falling in love, and failing in the exam, so they have to choose vocational education. No matter for various reasons, students in vocational schools are facing unprecedented pressure from social competitors. Due to the lack of social competitive advantage, many students have psychological anxiety problems, which is unfavorable for the development of vocational education. At the same time, it also affects the healthy growth of students and has a negative impact on their academic planning and development, at present, education needs to urgently solve the psychological problems of students in current vocational education, help students establish correct career development goals, and adjust their mentality, so as to improve the quality of vocational education.

At present, the society generally has prejudice and discrimination against vocational education students, which also leads to the lack of good social competitiveness of vocational education students. With the continuous advancement of China's educational reform, China's educational development has made a new layout and planning for vocational education, taking the application of practical ability as the goal of the development of vocational education and opening up a new direction for vocational students. In particular,