

collected, and the data on the influencing factors of the environmental behavior perception level of the elderly are collected. Then, with the help of environmental behavior psychology, optimize and improve the problems existing in the rural infrastructure environment, and collect data on the mental health status and views of the elderly under different elderly care service levels by compiling the environmental perception behavior scale.

Method design: After the beginning of the experiment, semi-structured interviews were conducted with the subjects to understand their psychological status and views on elderly care service facilities. The interview questions were designed by the research team in advance. Record the data scores according to the interview results. After the experiment, the experimental data of the research object are sorted and analyzed with the help of statistical analysis tools. The data are displayed in the form of mean \pm standard deviation for *t*-test. The counting data are displayed in the form of number or number proportion for chi-square test. The significance level of the difference is taken as 0.05.

Results: The content of environment includes cultural level, psychological level and material level. The expression of individual behavior and mental state in environmental landscape space is the harmonious relationship between human and environment. The application of environmental behavior psychology to the basic elderly care service facilities in rural areas can better grasp the spatial scale of privacy and openness, practicability and agreeableness, optimize and improve the environmental conditions with the help of plant configuration, spatial layout and facility layout, and effectively protect the spatial and psychological needs of the elderly. The experimental results show that the improved elderly care service facilities of environmental behavioral psychology can effectively improve the psychological security of the elderly. Table 1 shows the statistics of anxiety scores of rural elderlies in different facilities and environments.

Table 1. Statistics of anxiety scores of rural elderlies in different facilities and environments

Environment of elderly care facilities	Facility safety anxiety	Psychological safety anxiety score
Before improvement	32.15 \pm 3.12	28.16 \pm 2.03
After improvement	12.51 \pm 2.77	14.07 \pm 1.94
<i>P</i>	0.002	0.004

Conclusions: Different levels of basic elderly care service facilities will directly affect the psychological status and emotional experience of the elderly. Good service facilities will bring them greater psychological satisfaction while meeting their basic living needs, make them feel that their value has been valued, and then show a healthy psychological state. The results show that the integration of environmental behavior psychology into the environmental design of aging rural infrastructure can effectively optimize and improve from the psychological needs of the elderly and create a better service environmental condition for them.

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ANALYSIS ON THE RELATIONSHIP BETWEEN FINANCIAL PERSONNEL'S PSYCHOLOGICAL CAPITAL ESTABLISHMENT AND ENTERPRISE FINANCING EFFICIENCY

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Background: Psychological capital is a positive core psychological element, which specifically shows the psychological state in line with the standards of organizational behavior. It goes beyond human capital and social capital to a certain extent. It has the characteristics of investment and income, that is, it can develop and manage individual psychological capital through specific and effective intervention. At the same time, psychological capital covers a wide range of contents and levels, and its constituent elements such as self-efficacy, hope, optimism and resilience are positive psychological forces. Rational and scientific use of the relevant contents of psychological capital can effectively carry out psychological intervention on working individuals and make them show positive psychological state and work emotion. Psychological capital is a psychological resource to promote personal growth and performance. The increasing competitive pressure of modern enterprises makes managers gradually pay attention to the relationship

between employees' mental health and their work performance. The importance of psychological comfort and emotional value is becoming more and more prominent. The more tedious and monotonous work content will cause financial personnel to have negative emotions and psychological problems such as anxiety, boredom and conflict in the process of work, which will cause great interference to their physical and mental health and work. The psychological capital of financial personnel is not only closely related to their individual growth and development, but also has an obvious impact on the overall work, operation and management of the enterprise. As the recorder and accountant in the process of enterprise operation, financial accounting is the supervisor of the overall economic benefits and operation mechanism of the enterprise. It plays an important role in the enterprise. At the same time, its psychological quality and professional ability will affect the overall financing ability and efficiency of the enterprise.

The financing efficiency of enterprises is related to their own asset structure, profitability, risk adjustment, financing mode, financing structure and other factors, including micro and macro levels. For the external macro environmental factors, enterprises can only adapt to and timely adjust their strategic positioning in order to improve their ability to adapt to the changes of the economic market. In order to improve the financing efficiency of enterprises, we need to improve their profitability and anti-risk ability, manage and deploy from within the enterprise, that is, pay attention to the management and distribution of enterprise financial assets. Under this condition, paying attention to the professional ability and mental health level of financial personnel is an important factor to improve the operation and management ability, financing ability and efficiency of enterprises. There is a mutual influence and restriction relationship between enterprises and employees. Grasping the support and promotion mechanism of employees to enterprises and the improvement and guidance mechanism of enterprises to employees can promote the long-term and effective development of enterprises and improve the financing efficiency of enterprises and the mental health level of financial personnel.

Objective: The psychological satisfaction and emotional value of financial personnel are not only the important content of psychological capital, but also one of the influencing factors affecting their work efficiency and mental health level. Moreover, the overall operation of the enterprise and the difficulty of work will affect the psychological health and emotional value of financial personnel. A good psychological state will enable them to maintain a more positive mood and devote themselves to work, so as to create benefits for the enterprise. Negative mental state will make mistakes in work and show negative emotions such as anxiety and resistance. Therefore, with the help of positive psychology theory, this study introduces psychological capital to explore the relationship between the establishment of financial personnel's psychological capital and enterprise financing efficiency, in order to provide guidance for enterprise development and the satisfaction of employees' psychological needs.

Subjects and methods: The research select financial personnel of different types, different business nature and different scale enterprises as the research object. Firstly, the basic information of their work attitude, work view and mental health status is collected, and then the psychological capital intervention model is constructed with the help of relevant theories of positive psychology. With the help of this model, this paper explores and analyzes the psychological changes of the research object and its impact on enterprise financing efficiency.

Method design: The study collected data on the psychological changes of the subjects with the help of mental health scale and psychological capital intervention model, and constructed panel model and Data Envelopment Analysis (DEA) model to collect and predict the financing related data and financing efficiency of enterprises.

Results: The overall working state of employees will have an impact on the operation efficiency of the enterprise, while the efficiency and care of financial personnel in processing enterprise data and information will affect the external evaluation of the overall economic strength of the enterprise. By introducing positive psychology and psychological capital model to intervene financial personnel, the results show that after the intervention, financial personnel will significantly improve their sense of self-efficacy and work attitude, and effectively improve their negative emotions and psychological problems. Table 1 shows the impact of psychological capital appreciation on the professional ethics of accounting practitioners.

Table 1. Impact of psychological capital appreciation on professional ethics of accounting practitioners

Factor	Sense of self-efficacy	Hope	Optimism
Small business finance personnel	4	4	3
Financial personnel of medium-sized enterprises	3	3	3
Financial personnel of large enterprises	3	4	4

Conclusions: At present, there are some problems in financial personnel, such as uneven professional

quality and low professional ethics, which reduce the overall economic efficiency and management efficiency of the enterprise, and seriously affect the financing efficiency of the enterprise. At the same time, the level of financing efficiency of the enterprise will also have a reaction mechanism on the psychological status of financial personnel. Good mental health will greatly improve the financial staff's sense of identity and self-efficacy for their own work. Bad mental health will make them deviate from professional ethics and make behaviors harmful to their own development level and relevant interests of the enterprise. The research constructs a psychological capital intervention model based on positive psychology. The results show that the appreciation of psychological capital can effectively promote the mental health of financial personnel, keep them in a more positive psychological state, promote their work efficiency and quality, and promote the improvement of enterprise financing efficiency.

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RESEARCH ON THE INFLUENCE OF ENGLISH TEACHING REFORM PRACTICE AND PATH ON ALLEVIATING STUDENTS' LEARNING ANXIETY

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Background: Young college students are easily limited by the law of physical and mental development in the process of growth, which makes them more likely to suffer from negative emotions and psychological problems such as emotional anxiety, depression, depression and pessimism, and even suicidal thoughts when facing and dealing with difficulties and setbacks in life. Anxiety disorder in this period is regarded as the "growth pain storm" of teenagers. The etiology and pathological mechanism of anxiety are extremely complex, such as genetic factors, personality characteristics, attribution style, family factors, social support, peer relationship, psychological cognitive equality and so on. According to statistics, in the past 30 years, the global incidence rate of adolescent mental disorders has increased significantly. Anxiety disorder is one of the most common mental disorders. The prevalence of adolescent anxiety disorder is as high as 19%. Anxiety disorder belongs to a very complex psychological and emotional disorder. Its clinical manifestations are usually motor agitation and hyperactivity of sympathetic nerve function, accompanied by negative emotions such as shame, disappointment, uneasiness and fear, which makes individuals doubt their own value evaluation and identity, and is prone to cognitive bias and emotional dilemma when making things judgment and decision-making, which leads to a series of psychological problems and behavioral disorders. As a major role of teenagers, students spend most of their time related to learning activities. The difficulty of curriculum teaching, classroom teaching level, teaching methods and teaching plans will affect their classroom harvest and changes in their psychological status. Most college students are in a noisy and crowded living environment. The change of learning environment and the standard change of students' self-requirements will make it difficult for them to invest in learning concentration and poor learning effect when dealing with college education and curriculum learning. Because the learning results of courses are not in direct proportion to their own psychological expectations and efforts, it will lead to anxiety, fatigue, slowness, irritability and other negative emotions. Learning anxiety in the normal range will make students generate self-motivation and stimulate their interest in learning. Excessive anxiety will have a negative impact on the evaluation of their psychological state and emotional regulation. In the current English teaching, due to the differences of students' learning level and ability, it is difficult for some students to keep up with the teaching courses. In addition, due to the differences of individual psychological characteristics and their excessive emphasis on examinations and certificates, students have learning anxiety without a little knowledge of knowledge. Learning anxiety will not only affect the quality and effect of students' English learning, but also cause great interference to their mental health level. If it is not intervened in time and effectively, the learning anxiety will do harm to the normal life of students.

Objective: In order to alleviate the anxiety of college students in English teaching classroom and help them improve their mental health level, this paper studies the path of English teaching reform with the help of psychological theories, in order to alleviate students' learning anxiety and provide guiding suggestions.

Subjects and methods: 800 college students of different grades in a university were selected as the research objects. Using the method of stratified cluster sampling, the learning anxiety and mental health level of college students before and after the reform of English teaching path were analyzed by Self-rating Anxiety Scale (SAS) and Hospital Anxiety and Depression Scale (HADS).

Method design: The study first evaluates the learning anxiety of the subjects, then studies the correlation between English teaching classroom and students' learning anxiety with the help of correlation