

However, after the experimental intervention, the scores of the subjects' anxiety in the four dimensions of learning anxiety, social anxiety, employment anxiety and self-cognitive anxiety decreased to varying degrees, and the difference between the scores of students' cognitive anxiety to individuals decreased by 3 points. The above results show that the appreciation of sculpture works can effectively intervene students' psychological status and alleviate their negative emotions.

**Table 1.** The psychological anxiety scores of the subjects in the fusion intervention group before and after the experiment

Types of anxiety	Before intervention	After intervention
Learning anxiety	3.88	1.25
Social anxiety	4.02	2.33
Employment anxiety	3.79	2.69
Self-cognitive anxiety	4.53	1.27

**Conclusions:** The appreciation of sculpture works can effectively enable students to appreciate the spiritual ideas and beliefs conveyed by the works in the process of appreciation of art works, thus attracting attention to their own internalized emotions and values, and effectively reducing the generation of negative emotions and bad psychological problems. As the main force in the construction of the new era, it is very important for college students to pay attention to their mental health, anxiety and depression have great damage to the mental health of college students. Therefore, in the future management of students' psychological work, colleges and universities should actively use the relevant theories of psychology, and use various forms to pay attention to and timely guide students' mental health.

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## A STUDY ON THE EFFECT OF THE FUNCTIONALIST PRINCIPLE OF COMPARATIVE METHOD ON THE EMOTIONAL RELIEF OF ANXIETY PATIENTS

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**Background:** The psychological problems of anxiety patients can be divided into three types according to different performance types, namely, learning anxiety, social anxiety and employment anxiety. The causes of anxiety problems are as follows: social, family, personal and other factors. Social factors include nepotism, money worship, unfair distribution, employment pressure and competition concerns. Family factors include parents' doting on their children, resulting in children's sensitivity and weak ability to resist frustration, life pressure in poor areas, etc. Personal factors include lagging psychological development and less social life experience. Teachers do not pay attention to the psychological needs in the teaching process, which leads to a serious phenomenon of anxiety. In different learning and activities in daily life, anxiety patients are not good at participating in different learning discussions to express themselves, which makes their psychological problems more serious. When college students have serious psychological diseases such as anxiety disorder, teachers need to intervene and control through relevant pedagogical theories. The functionalist principle of comparative law came into being under this background.

The functionalist principle of comparative law is a major paradigm of comparative law, but its own theory has major defects and problems, as shown below. First, there is no in-depth analysis of the function itself. Second, pay special attention to the similarity of systems. If the functionalist principle of comparative law wants to play a greater role, it should pay attention to differences and similarities. Thirdly, the principle of functionalism does not take into account the cultural context. In dealing with and solving social problems, the content of representing values and symbols in the law is ignored. Fourth, the principle of functionalism has no reasonable standard in the process of evaluation. In view of the problems existing in the principle of functionalism at this stage, the research puts forward the principle of functionalism of the reconstruction comparison method for anxiety patients, and the specific path is as follows. First of all, the functionalist comparative jurists should pay equal attention to the differences and similarities of different legal systems, and should adopt the setting of functional plants in a limited level. Then, the functionalist comparative jurists should pay attention to the cultural context when analyzing the functions of the legal system. The functionalism of comparative law, which is divorced from the cultural context, is difficult to be accurately understood. Secondly, the functionalist comparative jurists need to define the function clearly. With

reference to sociological methods, the comparative method of functionalism can form operational methods and functional concepts for observing functions. Finally, when the functionalist comparative jurists evaluate the legal system, they should not only combine the utilitarian standard, but also use the functionalist principle through the moral standard.

**Objective:** The purpose of this study is to improve the psychological problems of anxiety patients and their mental health.

**Subjects and methods:** This paper studies and analyzes the current problems and challenges of the functionalist principle of the comparative method, puts forward four reform paths of the functionalist principle of the comparative method, analyzes the effect of the reform path on the emotional relief of anxiety patients through the latest version of Das statistical analysis software and support vector machine algorithm, and sets the test time range as 3 months. The subjects were 50 people with anxiety disorder in three cities. Anxiety, worry, depression and fear were the evaluation indexes of anxiety relieving effect. The evaluation method is 50-100. The higher the score, the better the mitigation effect. In order to facilitate calculation and statistics, the average value of all personnel is taken as the final result after integer processing.

**Results:** Table 1 refers to the effect of the functionalist principle reform path of the comparative method on the emotional relief of anxiety patients. The proposed reform path can improve the psychological problems of anxiety patients in four levels: anxiety, worry, depression and fear. Therefore, the functional principle reform path of comparative law can greatly improve the psychological problems of anxiety patients.

**Table 1.** The effect of the functional principle reform path of comparative method on the emotional relief of anxiety patients

Index	Before	After 1 month	After 2 months	After 3 months
Anxious	58	62	75	82
Worry	59	68	79	88
Depressed	56	63	74	85
Fear	57	68	73	83

**Conclusions:** The principle of functionalism should be effectively combined with the legal culture. Perhaps corresponding solutions should be formulated according to different specific problems. At the same time, legal systems with value and symbolic meaning should also be analyzed. The basis of functionalism principle is to solve social problems and meet social needs. This basis is a utilitarian standard, which takes the maximization of effect as the evaluation index. The proposed reform path can improve the psychological problems of patients with anxiety disorder in the four levels of anxiety, worry, depression and fear. The improvement score range is 82-88 after 3 months of implementation.

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## RESEARCH ON THE INFLUENCE OF VOCAL MUSIC TEACHING MODE BASED ON EDUCATIONAL PSYCHOLOGY ON STUDENTS' STAGE ANXIETY

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**Background:** Educational psychology belongs to psychology. It is an interdisciplinary subject of pedagogy and psychology. It studies the psychological situation and change law of educators and educates. The knowledge of educational psychology is the inevitable requirement of quality education. The goal of quality education is to improve students' all-round quality and make students' ability training and mental health education develop in an all-round way. When teaching related subjects, teachers need to understand the basic psychological laws of students, understand the psychological process of teacher-student interaction in the teaching process, and gradually guide students in the teaching process, so as to achieve teaching objectives and improve students' comprehensive quality. Teachers can manage students through educational psychology knowledge, so that students can abide by discipline in the teaching process, maintain classroom continuity and create a good classroom atmosphere. Pay close attention to students' learning psychology and change rules in the teaching process, and adjust the management work according to these changes to improve the management efficiency, so as to improve the teaching quality. By using the