

and after the application of Korean humanistic education program based on cognitive psychology. It can be seen from Table 1 that after applying the Korean humanistic education program in colleges and universities based on cognitive psychology, the anxiety and cognitive level of college students have been significantly improved, which is mainly reflected in willingness and emotion.

Conclusions: Students can improve their ability to accept and perceive people and things through their own good English thinking mode. The diversity of cultural understanding promotes students' understanding of the country and individuals. International issues are an open and dynamic process, and students' understanding of different cultures also needs to be constantly updated and improved. The college Korean humanistic education program based on cognitive psychology has an ideal effect on Improving college students' cognitive level, especially in the two aspects of willingness and emotion. The follow-up research can apply the proposed college Korean humanistic education program based on cognitive psychology to colleges and universities in other countries to alleviate students' anxiety and cognitive level.

Table 1. Mitigation results of college students' psychological cognitive ability before and after the application of Korean humanistic education program based on cognitive psychology

Factor	Cognition	Emotion	Will	Faith	Anxious	Fear	Depressed
Before reform	2	1	2	3	2	3	2
After reform	3	4	5	4	4	3	4

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NEW FEATURES AND TRANSLATION STRATEGIES OF COLLEGE ENGLISH TRANSLATION FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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Background: Educational psychology is a discipline in social psychology that focuses on the effect of human educational and learning intervention and related teaching psychology. Its focus is to recreate or sublimate the theoretical knowledge and research results in psychology, and then apply them to the process of education, in order to improve the effect of education. As a comprehensive discipline, educational psychology organically integrates the relevant theories of pedagogy and psychology. On the one hand, it can make psychology develop effectively in depth in the field of education on the basis of studying and revealing the nature, type and process of learning in the educational system. On the other hand, educational psychology can realize the design and reform of the educational system by using the learning law, and finally achieve the purpose of improving educational efficiency and promoting talent training. Educational psychology is often used in the different actual processes of teaching and learning. It can play a strong role in educational supervision in optimizing teaching methods, enhancing learning motivation, improving curriculum design, solving students' learning and growth difficulties and so on. In the process of college English translation teaching, there are certain constraints, such as the wide range of translation teaching text, the lack of translation teaching practice environment, the backward and stereotyped translation teaching methods, etc., many constraints will have a negative impact on the teaching effect of college English translation to a certain extent. In order to improve the teaching quality of college English translation, the current college English translation teaching mode has been reformed and optimized, showing different new teaching characteristics, including the first evolution of teaching mode, the diversification of teaching means, the rationalization of teaching interaction and the enrichment of teaching carriers, which can play a positive role in improving the teaching quality of college English translation. The new characteristics of college English translation show a significant trend of diversified development. In the continuous promotion of students' learning process, it continues to change with the changes of students' learning characteristics, learning effects and learning methods, and plays a decisive role in the teaching effect of college English translation.

Objective: This paper probes into the new characteristics and potential disadvantages of college English translation, and uses educational psychology as the theoretical support of the research, in order to put forward constructive, targeted and operable translation strategies and teaching means.

Subjects and methods: In a college English major, 128 college students were randomly selected, grouped and taken as the research object. From the perspective of educational psychology, this paper makes a comprehensive analysis of the new characteristics of college English translation. Then, through

different translation teaching intervention methods, that is, the traditional college English translation teaching mode and the college English translation teaching mode from the perspective of educational psychology, this paper evaluates the college students who have been grouped and treated by teaching, and uses analytic hierarchy process to compare and analyze the relevant indicators such as college students' English translation level and psychological characteristics. Finally, according to the differences between college students' English translation level and psychological characteristics, this paper puts forward corresponding translation strategies. Through the English translation level and psychological characteristics of college students before and after the intervention, the study puts forward four targeted translation strategies, namely, optimizing the translation teaching mode, enriching the translation teaching means, enhancing the interaction of translation teaching and increasing the translation teaching carrier. All data and information in the research process are using MATLAB software and SPSS26.0 software for statistical analysis.

Results: Before and after the application of the four translation strategies, there are significant differences in college students' English translation level and mental health level. Before the implementation of the strategy, college students' English translation level is low, and the average score of translation test is in the range of 65-75. Under the negative influence of translation test scores, their mental health is at a low level, which causes serious harm to their normal translation learning and translation homework. After the implementation of the strategy, the average score of college students' translation test increased significantly to more than 85 points. Moreover, the mental health level of college students has improved significantly. The application effects of the four translation strategies are good, among which the optimized translation teaching mode is the best strategy, as shown in Table 1.

Table 1. Evaluation results of college students' translation ability and psychological quality before and after the implementation of translation strategies

Translation strategy	Before implementation		After implementation	
	Translation test score	Psychological quality score	Translation test score	Psychological quality score
Optimizing translation teaching mode	67.97±1.27	54.23±4.69	92.85±0.91	94.55±3.49
Enrich translation teaching means	72.03±0.98	56.64±5.72	89.43±1.04	91.71±4.27
Enhance the interaction of translation teaching	70.64±1.02	51.22±4.99	88.67±1.23	85.66±4.13
Increase translation teaching carrier	71.39±1.15	57.35±5.13	90.04±0.88	87.29±3.95

Conclusions: The application effects of different translation strategies are different, but the evaluation results are at a high level. With the implementation of the three translation strategies of enriching translation teaching means, enhancing translation teaching interaction and increasing translation teaching carriers, college students' English translation level and mental health level have been significantly improved, while the implementation effect of optimizing translation teaching mode is the best, which can maximize college students' English translation ability and psychological quality ability. In the process of college English translation teaching, the integration of educational psychology and the flexible application of translation strategies such as optimizing translation teaching mode can ensure better translation teaching effect.

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ON THE PSYCHOLOGY OF CROSS-CULTURAL COMMUNICATION BETWEEN KOREAN ENVOYS AND MING LITERATI IN CHAOTIANLU

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Background: Modern people are prone to various negative emotions for various reasons, such as work pressure, life pressure, economic pressure, etc. When negative emotions accumulate for a long time and cannot be alleviated, they will suffer from various mental diseases, such as anxiety, depression and so on. Anxiety generally refers to a negative psychological reaction dominated by worry and tension in the face of