

behavior, the use of Dacheng aesthetic theory to build a unified aesthetic education system can affect their behavior cognition to a certain extent. And in Dacheng aesthetic theory, it not only contains the basic concepts of aesthetic theory, but also contains the changes of psychological activities in the aesthetic process. At the same time, in Dacheng aesthetic theory, Marxist philosophy theory, as an important content pillar, also occupies an important position. The proposal of Dacheng aesthetic theory provides a theoretical basis for the cultivation of individual aesthetic cognition to a great extent. Therefore, in order to help college students, alleviate the obstacles of behavior cognition, the research starts with the improvement of college students' aesthetic cognition, and uses Dacheng aesthetic theory to improve the cultivation efficiency of aesthetic cognition, so as to alleviate the obstacles of students' behavior cognition.

**Objective:** This paper analyzes the current situation of college students' behavior cognitive impairment, discusses the influencing factors of college students' behavior serious disorder, constructs Dacheng aesthetic theory, and analyzes the influence of Dacheng aesthetic theory on college students' behavior cognitive impairment.

**Subjects and methods:** Taking 120 college students in a school as the research object, a two-month follow-up survey was conducted to count the current situation of 120 students' behavioral cognitive impairment, and analyze the influencing factors of students' behavioral cognitive impairment. Construct Dacheng aesthetic theory, and randomly analyze 120 students in the experimental group and the control group. The students in the experimental group use Dacheng aesthetic theory to intervene in behavioral cognitive impairment, and the students in the control group use conventional means to intervene in behavioral cognitive impairment, and analyze the differences before and after students' behavioral cognitive impairment.

**Results:** The changes and differences of behavioral cognitive impairment between the two groups are shown in Table 1. For the behavioral cognitive impairment of students, the changes of three indicators: language impairment, memory impairment and learning impairment are used for analysis. Table 1 shows that the scores of language impairment, memory impairment and learning impairment of students in the experimental group decreased more significantly than those in the control group.

**Table 1.** Analysis on the changes and differences of behavioral cognitive impairment between the two groups of students

Project		Language disorder	Dysmnnesia	Learning involvement disorder
Experience group	Before intervention	15.14±10.66	11.37±5.26	13.11±4.93
	After intervention	10.03±12.45	8.24±1.26	5.32±0.15
Control group	Before intervention	15.26±10.45	11.28±5.42	13.86±4.87
	After intervention	14.11±13.22	10.39±5.47	12.56±4.37

**Conclusions:** The behavioral cognitive impairment of college students is the key factor hindering the healthy growth of students. How to alleviate the behavioral cognitive impairment of college students is an important work in the development of colleges and universities. Aiming at the behavioral cognitive impairment of college students, this study proposes to use Dacheng aesthetic theory to improve students' aesthetic cognition, so as to alleviate students' language impairment, memory impairment and learning impairment. The results showed that the language impairment, memory impairment and learning impairment of the experimental group were significantly improved. The above results show that Dacheng aesthetic theory can alleviate the behavioral cognitive impairment of college students to a certain extent and play a positive role in the development of college students' physical and mental health.

\* \* \* \* \*

## RESEARCH ON THE INFLUENCE OF NETWORK SECURITY LAW EDUCATION ON COLLEGE STUDENTS' MENTAL HEALTH

Zhenggong Ai

*Yunnan College of Business Management, Kunming 650000, China*

**Background:** With the development of social economy, society puts forward higher requirements for talents, which not only requires talents to have rich theoretical knowledge and strong practical ability, but also requires talents to have high psychological quality and pressure resistance. Students' psychological

quality includes the ability to deal with interpersonal relationships, the ability to withstand blows and setbacks, healthy and correct values and a good outlook on life. In college education, it is not only to comprehensively cultivate students' professional achievements, but also to promote the growth of students' psychological quality. It is also one of the main contents of your college education. Many studies have shown that in college teaching, students' psychological quality is affected by many aspects. The learning environment of colleges and universities is a relatively free environment. In college learning and life, students can participate in various activities and freely choose their favorite courses. In the process of carrying out various activities in colleges and universities, the social level that students can contact has also begun to expand. Most college activities require students to have high social skills, so it can promote the improvement of students' interpersonal relationship processing ability to a certain extent. College education has huge resources. Students can contact the knowledge of all sectors of society through the college education platform, which indirectly or directly affects students' values and outlook on life. Moreover, the social pressure faced by the University also increases gradually with the teaching time. How students deal with the difficulties they face determines the direction of students' future development.

With the development of the Internet, the frequency of college students participating in Internet activities continues to increase. Because college students are still in the age group of quickly receiving external information, it is difficult to distinguish the authenticity and security of information in the network, which leads to college students' frequent rumors, network violations and other matters. But fortunately, the development of the Internet also provides a path for the cultivation of college students' mental health to a certain extent. Some studies have proposed that the legal education of network security is to formulate the popularization of legal education with the help of Internet technology, and use Internet technology to cultivate students' healthy psychology and help students establish a healthy and stable psychological prevention system. At the same time, some studies have proposed curriculum education means combined with network security rule of law education for college students' mental health education, and the research has found that network security rule of law education can cultivate students' good cognitive psychology and behavioral psychology. However, a large number of studies have not explored the internal relationship, and the analysis of the impact of network security rule of law education on college students' mental health is not comprehensive. In view of this, the research deeply analyzes the impact of network security rule of law education on college students' mental health, and puts forward the network security rule of law education means of college students' mental health education.

**Objective:** Analyze the current situation of college students' psychological negative emotions in the learning process, explore the influencing factors of college students' psychological negative emotions in the learning process, analyze the application of network security rule of law education in college students' mental health education, and evaluate the impact of network security rule of law education on students' mental health.

**Subjects and methods:** Taking 200 students in a school as the research object, the study performance of all students in colleges and universities was counted, and the specific mental health level of all students was obtained by Self rating Anxiety Scale and self rating depression scale. The students were divided into short-term education group, medium-term education group and long-term education group according to the length of time they received network security rule of law education. The changes of anxiety and depression scores of students under different time education were evaluated.

**Results:** The changes of anxiety and depression scores of all students are shown in Table 1. It can be seen that there are significant differences in the changes of anxiety and depression scores of students under the influence of different duration of network rule of law education, and it can be seen that network security rule of law education can significantly reduce students' psychological negative emotions. With the increase of time of rule of law education, the relief of students' negative emotions is more obvious.

**Table 1.** Changes of students' negative emotions under the rule of law education of network security

Index	Anxious		Depressed	
	Before teaching	After teaching	Before teaching	After teaching
Short term education	64.37±1.68	55.19±1.47	64.52±1.71	54.36±1.58
Mid-term education	64.29±1.73	50.29±1.47	63.92±1.65	48.71±1.53
Long term education	64.26±1.65	46.37±1.82	64.93±1.78	42.33±1.69

**Conclusions:** The psychological quality education of college students is an important educational content outside professional teaching. Improving students' mental health will help to promote students' development and improve the teaching quality of colleges and universities. The research takes college students' mental health education as the object, and introduces network security law education to

intervene students' psychological emotion. The results show that under the intervention of network security rule of law education, the scores of students' anxiety and depression have decreased significantly, and it can be seen that with the increase of education time, the impact on students is more obvious. Therefore, in the cultivation of college students' mental health, the use of network security rule of law education under Internet technology can not only improve students' security psychology, but also alleviate students' learning anxiety and depression.

\* \* \* \* \*

## THE TRANSFORMATION AND PROMOTION STRATEGY OF LABORATORY MANAGEMENT SYSTEM AND MECHANISM IN UNDERGRADUATE COLLEGES BASED ON TEACHERS AND STUDENTS' PSYCHOLOGY

Meizhong Huang

*Wuhan Business University, Wuhan 430050, China*

**Background:** The laboratory management system of undergraduate colleges and universities is the practical support of university governance. In the process of social development, the impact brought by social changes will also affect colleges and universities. Therefore, colleges and universities need to formulate a management system suitable for the development of colleges and universities while coping with the social impact. From the development of the laboratory management system of undergraduate colleges and universities, it can be found that colleges and universities often make the final decision in the formulation of the management system, and determine the school management plan from the leadership level, although this way can better adapt to social changes and help colleges and universities develop sustainably under the impact of society. However, it is undeniable that this reform method of laboratory management system in undergraduate colleges is not universal for students and teachers. Teachers and students are not only a unilateral knowledge dissemination, but also an emotional expression in the teaching process, which contains the rich teaching and learning emotions of teachers and students. Therefore, on the premise of meeting the social requirements, how to help colleges and universities formulate a reasonable management system and provide reference for college governance is an urgent problem to be solved. In order to meet the rapid development needs of undergraduate colleges and universities, the research analyzes the mechanism of laboratory management system in undergraduate colleges and universities. At the same time, in order to meet the psychological needs of college teachers and students, the research puts forward the transformation of laboratory management system and mechanism in undergraduate colleges and Universities from the perspective of educational psychology.

The early proposal of educational psychology is an important theoretical idea to help colleges and universities solve teaching problems. In educational psychology, taking college teaching reform as the single purpose, starting from multiple levels such as students, teachers and schools, this paper analyzes the impact of different levels on teaching reform, and discusses the psychological changes in the process of teaching reform and innovation of different groups. Educational psychology believes that in the educational situation, human learning behavior is affected by psychology. In the design of teaching methods, it advocates paying attention to students' learning habits and development space, and also emphasizes the changes of teachers' emotions in the teaching reform. Generally speaking, in the teaching process, students' subjective thoughts are the main factors affecting teaching results. Students' subjective thoughts in the teaching process include learning enthusiasm, teachers' recognition and attention to learning content. In the evaluation of teachers in the teaching process, educational psychology takes teachers' professional ability and professional quality as the main factor of teachers' psychological change. Teachers' psychological activities under the two influencing factors determine the normal development of teaching. In the governance of colleges and universities, educational psychology believes that it is necessary to carry out collaborative governance from the two levels of students and teachers. Some studies believe that the relationship between teachers and students in educational psychology can be expressed as that teacher can take psychology as the theoretical basis to formulate teaching curriculum plans, and students can help improve teaching plans through psychological behavior feedback in teaching practice. In the research, educational psychology is used to formulate the transformation strategy of laboratory management system and mechanism in line with the psychological needs of teachers and students, so as to affect the psychological emotions of teachers and students in the teaching process.

**Objective:** Understand the psychological needs of teachers and students for teaching mechanism in higher education, and analyze the psychological emotions of teachers and students. The current situation of