

intervene students' psychological emotion. The results show that under the intervention of network security rule of law education, the scores of students' anxiety and depression have decreased significantly, and it can be seen that with the increase of education time, the impact on students is more obvious. Therefore, in the cultivation of college students' mental health, the use of network security rule of law education under Internet technology can not only improve students' security psychology, but also alleviate students' learning anxiety and depression.

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## THE TRANSFORMATION AND PROMOTION STRATEGY OF LABORATORY MANAGEMENT SYSTEM AND MECHANISM IN UNDERGRADUATE COLLEGES BASED ON TEACHERS AND STUDENTS' PSYCHOLOGY

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**Background:** The laboratory management system of undergraduate colleges and universities is the practical support of university governance. In the process of social development, the impact brought by social changes will also affect colleges and universities. Therefore, colleges and universities need to formulate a management system suitable for the development of colleges and universities while coping with the social impact. From the development of the laboratory management system of undergraduate colleges and universities, it can be found that colleges and universities often make the final decision in the formulation of the management system, and determine the school management plan from the leadership level, although this way can better adapt to social changes and help colleges and universities develop sustainably under the impact of society. However, it is undeniable that this reform method of laboratory management system in undergraduate colleges is not universal for students and teachers. Teachers and students are not only a unilateral knowledge dissemination, but also an emotional expression in the teaching process, which contains the rich teaching and learning emotions of teachers and students. Therefore, on the premise of meeting the social requirements, how to help colleges and universities formulate a reasonable management system and provide reference for college governance is an urgent problem to be solved. In order to meet the rapid development needs of undergraduate colleges and universities, the research analyzes the mechanism of laboratory management system in undergraduate colleges and universities. At the same time, in order to meet the psychological needs of college teachers and students, the research puts forward the transformation of laboratory management system and mechanism in undergraduate colleges and Universities from the perspective of educational psychology.

The early proposal of educational psychology is an important theoretical idea to help colleges and universities solve teaching problems. In educational psychology, taking college teaching reform as the single purpose, starting from multiple levels such as students, teachers and schools, this paper analyzes the impact of different levels on teaching reform, and discusses the psychological changes in the process of teaching reform and innovation of different groups. Educational psychology believes that in the educational situation, human learning behavior is affected by psychology. In the design of teaching methods, it advocates paying attention to students' learning habits and development space, and also emphasizes the changes of teachers' emotions in the teaching reform. Generally speaking, in the teaching process, students' subjective thoughts are the main factors affecting teaching results. Students' subjective thoughts in the teaching process include learning enthusiasm, teachers' recognition and attention to learning content. In the evaluation of teachers in the teaching process, educational psychology takes teachers' professional ability and professional quality as the main factor of teachers' psychological change. Teachers' psychological activities under the two influencing factors determine the normal development of teaching. In the governance of colleges and universities, educational psychology believes that it is necessary to carry out collaborative governance from the two levels of students and teachers. Some studies believe that the relationship between teachers and students in educational psychology can be expressed as that teacher can take psychology as the theoretical basis to formulate teaching curriculum plans, and students can help improve teaching plans through psychological behavior feedback in teaching practice. In the research, educational psychology is used to formulate the transformation strategy of laboratory management system and mechanism in line with the psychological needs of teachers and students, so as to affect the psychological emotions of teachers and students in the teaching process.

**Objective:** Understand the psychological needs of teachers and students for teaching mechanism in higher education, and analyze the psychological emotions of teachers and students. The current situation of

laboratory management system and mechanism in undergraduate colleges and universities is counted, and the impact of laboratory management system on the psychology of teachers and students in undergraduate colleges and universities is analyzed.

**Subjects and methods:** Taking 10 teachers and 80 students in the laboratory teaching of a university as the research object, this paper analyzes the current situation of the laboratory management system of undergraduate colleges, understands the psychological emotions of teachers and students under the laboratory management environment, analyzes the influencing factors of teachers and students in teaching, and analyzes the influence degree of the laboratory management system of undergraduate colleges on the psychological emotions of teachers and students. Using educational psychology to understand the psychological needs of teachers and students in the laboratory, so as to formulate the reform strategy of undergraduate laboratory management system and mechanism. Compare the psychological changes of teachers and students after the implementation of different emotional strategies.

**Results:** The comparison of anxiety, depression and learning enthusiasm between teachers and students in laboratory teaching is shown in Table 1. Table 1 shows that both teachers and students can be influenced by the reform strategy of laboratory management system in Undergraduate colleges under educational psychology.

**Table 1.** Psychological changes of teachers and students

	Index	Teacher	Student
Anxiety and depression	Before intervention	67.82±5.76	71.36±5.26
	After intervention	42.36±4.33	44.76±4.19
Learning enthusiasm	Before intervention	4	4
	After intervention	7	8

**Conclusions:** The mental health of college teachers and students is the key factor to improve the teaching quality. The psychology of teachers and students in laboratory teaching management is vulnerable to the influence of the management system. Therefore, how to formulate a reasonable reform strategy of laboratory management system for the purpose of alleviating the negative emotions of teachers and students is an important task for the development of colleges and universities. Based on educational psychology, this paper puts forward the reform strategy of laboratory management system to alleviate the negative psychological emotions of teachers and students. The results show that under the influence of the reform strategy of laboratory management system in undergraduate colleges, the negative psychological emotions of students and teachers have been alleviated. Therefore, in the development of colleges and universities, it is necessary to analyze the psychological needs of teachers and students and formulate reasonable management strategies.

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## THE INFLUENCE OF THE CULTURAL CHARM OF TOMB MURALS ON THE ARTISTIC PSYCHOLOGY OF CONNOISSEURS IN THE HAN AND TANG DYNASTIES

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**Background:** In the process of social and economic development, the process of urbanization is accelerating, and people's pace of life is faster and faster. In addition, with the rise of house prices and prices, people's living pressure and economic pressure are also increasing. All of the above have led to the widespread anxiety of modern urban people, which has led to a significant increase in the incidence of anxiety disorders. It can be seen from the above that in the fast-paced today, anxiety has become a more common emotional stress response. At the psychological level, anxiety belongs to a kind of negative emotion. It is a dangerous state in which individuals are unable to achieve their goals or overcome obstacles, which leads to the frustration of individual self-confidence and self-esteem, increases the sense of frustration and frustration, and then forms a state of tension, anxiety and fear. Many studies have shown that moderate anxiety can help individuals establish direction and goals, so as to improve their work and learning efficiency; However, excessive anxiety will lead to the abnormal secretion of individual hormones, which will affect the individual's physiological function, make the individual feel pain, and affect the individual's daily life, study and work. When long-term excessive anxiety, it will even lead to individual self