

the education of party style and clean government in colleges and universities with the psychological intervention of teachers. By comparing and analyzing the mental health level of teachers before and after the implementation of the reform pilot, this paper explores the role and effect of the education of party style and clean government in colleges and universities.

Results: The evaluation results of teachers' mental health level before and after the experiment are shown in Table 1. Through the education of party style and clean government under psychological intervention, the level of teachers' mental health education has been significantly improved.

Conclusions: In recent years, the mental sub-health problems of college teachers have attracted extensive attention from all walks of life. It is required to actively intervene the mental health problems of college teachers from various angles. Starting from the work of party style and clean government education in colleges and universities, this paper intervenes in the mental health of college teachers, establishes teachers' psychological files, and combines the party style and clean government education to cultivate teachers' clean government and teaching psychology, so as to realize the dual improvement of teachers' mental health and the concept of clean government.

Table 1. Evaluation results of teachers' mental health level before and after the experiment

Time	Before reform	After reform
Depressed	4.14	1.26
Anxious	3.91	1.34
Hostile	3.27	1.12
Terror	3.19	1.05
Paranoid	3.42	1.37

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EXPLORATION ON THE TEACHING REFORM PATH OF MUSIC EDUCATION COURSE IN HIGHER VOCATIONAL COLLEGES FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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Background: The innovation of music teaching curriculum in higher vocational colleges needs to consider the comprehensive level and ability of students. The innovation of music classroom teaching mode in higher vocational colleges mainly starts from three aspects: Students' thinking, students' emotion and students' ability. In students' thinking, teachers should not simply instill theoretical knowledge in the teaching process. In the classroom, they should carry out interactive communication on music theory, stimulate students' enthusiasm in the classroom, and keep students thinking all the time when learning music knowledge, which is more conducive to students' full absorption of music related knowledge. In students' emotions, teachers need to pay attention to students' emotional changes in the classroom at all times. On the one hand, they need to understand students' interest in music learning, and on the other hand, they need to observe whether students' emotions are affected by relevant music. The purpose of the former is to require teachers to continuously optimize teaching methods and stimulate students' enthusiasm in teaching, and the purpose of the latter is to observe teaching effects and evaluate students' musical ability. Finally, teachers are required to pay attention to students' abilities, formulate teaching plans according to students' abilities, and teach students according to their aptitude according to students' abilities, so as to realize the common progress of all students.

Educational psychology originated from the western classical naturalistic educational thought, which was formally put forward by Pestalozzi. He explored the relationship between human mental nature and educational activities, combined the educational process with the psychological activities of learning and communication, and made educational activities psychological from the law of human nature. Pestalozzi believes that we should pay attention to the change law of psychological activities of educational subjects in educational activities, understand the development mechanism of students' learning psychology, so as to carry out educational activities selectively, and adjust the teaching details such as the development method, teaching content and teaching principles of teaching activities accordingly. From the perspective of psychology, educational psychology combines educational practice with psychological theory to deeply

explore the psychological law of pedagogy in the process of education. Educational psychology analyzes the learning and intervention effects and psychological factors of educational subjects under the educational environment, and studies the influence of various psychological factors in the process of educational practice on the educational process and educational effect. Educational psychology is a marginal interdisciplinary subject of pedagogy and psychology, which has a short development time, but the proposal of educational psychology theory is of great significance to the development and progress of pedagogy and psychology. Educational psychology applies the theoretical content of psychology to practical educational activities, which can promote the development of education, apply the influence of psychological factors to the improvement of curriculum design and teaching methods, and help students deal with the difficulties and challenges faced in the learning process.

Objective: In order to improve students' interest in music course learning, improve music performance, and then improve artistic aesthetics, based on educational psychology, this paper analyzes students' learning psychology and learning behavior in the process of music teaching in higher vocational colleges, and puts forward the reform strategy of music teaching in higher vocational colleges. The research explores the teaching reform path of music education curriculum in higher vocational colleges, and expects to fully mobilize students' enthusiasm under the new model under the guidance of educational psychology theory, help students alleviate negative emotions, improve classroom teaching effect, and promote the healthy growth and long-term development of college students.

Subjects and methods: 90 students majoring in music in a higher vocational college were selected as the research object. The students were randomly divided into the research group and the control group by random number method, with 45 students in each group. The research group used the improved music teaching mode under the guidance of educational psychology for music teaching, and the control group used the traditional music teaching mode for music teaching to maintain the original teaching rhythm. Using students' examination results to evaluate the teaching effect of music teaching mode, compare the students' learning anxiety before and after the experiment, and explore the impact of music education curriculum reform strategy in higher vocational colleges under the guidance of educational psychology on students' psychology and learning quality.

Results: This paper analyzes the mental health status of music majors. The statistical analysis results of the mental health level of music majors in higher vocational colleges are shown in Table 1. The mental health level of music majors is generally low and their learning anxiety is serious.

Table 1. Statistical analysis results of mental health level of music majors in higher vocational colleges

Survey object	Freshman	Sophomore	Junior	Senior
Nervous and tense	3.2	3.1	3.2	3.5
Mental depression	3.1	3.3	2.9	3.4
Learning anxiety	3.8	3.6	4.1	3.9

Conclusions: Based on the teaching design theory in educational psychology, the research improves the efficiency of music classroom teaching, and uses the classroom management theory and organizational learning theory in educational psychology to cultivate students' teamwork spirit and ability, so as to make them complement each other and make common progress. According to the cognitive science theory and curriculum development theory in educational psychology, the research focuses on learning evaluation and reflection, so that students can have a clear understanding of their learning effect, help establish students' confidence and improve students' interest in learning. The results show that the reform of music teaching mode in higher vocational colleges based on educational psychology can effectively improve the effect of classroom teaching, improve students' music literacy, provide high-quality talents for the society, and is of great significance to the healthy growth and long-term development of college students.

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ANALYSIS ON THE INTEGRATION PATH OF DIGITAL ART DESIGN AND TRADITIONAL AESTHETICS UNDER THE BACKGROUND OF EDUCATIONAL PSYCHOLOGY

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Background: Educational psychology is a type of psychology proposed according to the current situation