RESEARCH ON THE INFLUENCE OF ONLINE AND OFFLINE MIXED TEACHING OF TAX LAW COURSE ON STUDENTS’ EXAMINATION AND LEARNING ANXIETY FROM THE PERSPECTIVE OF BEHAVIORAL PSYCHOLOGY

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Background: When modern education pays too much attention to grades and the pressure on students’ schoolwork is gradually increasing, they show that according to Freud’s different understanding of anxiety, anxiety can be divided into four types: realistic anxiety, nervous anxiety and moral anxiety. Realistic anxiety, as a painful emotional experience, refers to the perception of external danger. The phenomenon that the human body feels danger and produces anxiety has genetic characteristics, and this ability can be acquired in the acquired life. Because of its genetic characteristics, realistic anxiety can easily develop into fear sensitivity, and then develop into reality. Neurotic anxiety means that when an individual is aware of his own instinct and produces danger, the objective venting effect of the individual instinct will exceed the self anti energy venting effect, and the human body will have fear. Nervous anxiety can be divided into dissociative anxiety, strong irrational fear (phobia), panic reaction or similar panic reaction. Panic response or similar panic response is paroxysmal, and there is no obvious cause of stimulation. Phobia means that the degree of terror completely exceeds the degree of fear of the thing itself.

The online and offline mixed teaching mode of tax law course includes four steps: course objectives, teaching process, course extension and comprehensive assessment. The training objectives of the course are to establish tax morality, understand tax law, refine theory and be able to apply. The teaching process is divided into online teaching, offline teaching and extracurricular development. In view of students' learning anxiety and students’ examination problems, the research proposes an online and offline mixed teaching mode of tax law course from the perspective of behavioral psychology. The specific countermeasures are as follows. First, guide and encourage the mixed teaching method. Build a long-term mechanism for curriculum construction, form a mechanism for project approval, evaluation, acceptance and dynamic evaluation of curriculum, increase teachers' training efforts, and create a positive and convenient condition. Second, attach importance to the improvement of learning ability in the talent training project. Thirdly, give full play to the tutor and teaching assistant’s function of helping students. Fourth, ensure the quality of online course resources. Fifth, improve the mixed teaching resource environment.

Objective: To explore the effect of online and offline mixed teaching of tax law course from the perspective of behavioral psychology on learning anxiety and learning consideration, in order to improve students’ psychological problems.

Subjects and methods: The study selected five college students as the research object to analyze the effect of online and offline mixed teaching mode of tax law courses on students’ learning anxiety and test scores from the perspective of behavioral psychology, aiming to improve students’ comprehensive learning ability and help them overcome anxiety and other negative emotions. The online and offline mixed teaching modes studied and constructed include guiding and encouraging mixed teaching methods, including five aspects, and constructing a long-term mechanism for curriculum construction. Attach importance to the improvement of learning ability in the talent training project. Give full play to the tutor's and assistant's function of helping students, ensure the quality of online course resources, improve the mixed teaching resource environment, which is represented by strategy A-E. The evaluation index of students’ test and learning anxiety is Hamilton Anxiety Rating Scale (HAMA), and the experimental period lasts for 3 months. The HAMA scale is divided into two factors, mental and physical, with a total of 14 items. Each item is
measured with a 5-level score, with a total score of 70 points. The higher the score, the more serious the anxiety phenomenon. In order to ensure the accuracy of the results, the corresponding weights of students’ test and learning anxiety are set, and the final calculation results are taken as the final results.

**Results:** Table 1 refers to the effect of online and offline mixed teaching mode of tax law course on students’ learning and test score anxiety. It can be seen from Table 1 that the proposed online and offline mixed teaching mode can improve students’ learning and test anxiety. Therefore, teachers should strive to implement the online and offline mixed teaching mode, so as to avoid students’ anxiety and other phenomena in the teaching process.

**Table 1.** Effect of online and offline mixed teaching mode of tax law course on students’ learning anxiety and test scores

<table>
<thead>
<tr>
<th>Strategy</th>
<th>Study</th>
<th>Examination</th>
</tr>
</thead>
<tbody>
<tr>
<td>Strategy A</td>
<td>21.36±2.36</td>
<td>23.36±2.14</td>
</tr>
<tr>
<td>Strategy B</td>
<td>18.35±3.21</td>
<td>21.22±2.18</td>
</tr>
<tr>
<td>Strategy C</td>
<td>16.36±2.16</td>
<td>19.32±3.14</td>
</tr>
<tr>
<td>Strategy D</td>
<td>15.63±2.69</td>
<td>18.63±2.98</td>
</tr>
<tr>
<td>Strategy E</td>
<td>23.02±2.96</td>
<td>22.26±2.47</td>
</tr>
</tbody>
</table>

**Conclusions:** The problems existing in the current hybrid teaching reform are as follows: the requirements for teachers have been raised, the situation of paying attention to form but ignoring content often occurs, the evaluation results are distorted due to asymmetric information, the number of excellent teaching resources is limited, which leads to the inability to meet the teaching needs, and the network speed of mobile communication terminal does not meet the requirements of hybrid teaching. The online and offline mixed teaching mode of tax law course has a positive therapeutic effect on students’ learning and test score anxiety. Teachers should promote this model to promote students’ learning ability and mental health.

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**RESEARCH ON THE INFLUENCE OF CURRICULUMIDEOLOGICAL AND POLITICAL CONSTRUCTION ON COLLEGE STUDENTS’ MENTAL HEALTH UNDER THE BACKGROUND OF INDUSTRY EDUCATION INTEGRATION**

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**Background:** The standard of mental health refers to that an individual has a good ability of psychological adjustment and emotional control, and can make a good psychological response and state to the changes and stimuli of the surrounding environment. The specific performance is that he has a strong ability of self cognition, a peaceful mood and a stable and positive mood, a strong sense of happiness, and his behavior is purposeful and self-conscious. Strong self-awareness means that individuals can comprehensively, objectively and clearly evaluate their own advantages and disadvantages, and do not feel self depreciating or self regretting due to external evaluation or frustration. Emotional stability and high sense of well-being enable individuals to deal with themselves and the relationship with the surrounding environment with a positive and optimistic attitude towards life. At the same time, different individuals show different psychological conditions at different stages. Mental health is easily affected by others’ evaluation, inner endurance, cognitive level differences and group feedback mechanism, and then shows different levels of mental health and behavior mechanism guidance. The quality of mental health status will be directly reflected in the individual’s emotional expression and thinking logic, that is, psychological emotion. If the long-term negative emotion is not relieved in time, it will be accumulated in the heart and affect the physical and mental health, so it will fall into a vicious circle. Among them, because the physical and mental development of college students is not yet fully mature, they are more likely to be affected by internal and external factors such as learning pressure, employment examination, teacher criticism and so on, and show different emotional experiences and psychological states. The positive psychological state can