

expression, and thus formulated the interior design scheme. The designers in the control group used conventional methods to formulate the interior design scheme. Self-rating Anxiety Scale (SAS) was used to analyze the psychological changes of users under different interior design schemes. The color expression effect of interior design was evaluated by users' aesthetic emotional expression and conscious association psychology, and the differences of users' psychological activities and color expression effects before and after interior design were compared.

Results: The changes of users' anxiety scores before and after interior design are shown in Table 1. Table 1 shows that in the interior design of the experimental group under color psychology, users' anxiety scores decreased to a certain extent while being controlled, while the anxiety scores of the control group increased to a certain extent.

Table 1. Changes of users' anxiety scores before and after interior design

Group	SAS score		<i>t</i>	<i>P</i>
	Before design	After design		
Control group	56.83±8.61	63.17±8.35	0.326	0.032
Experience group	56.32±7.49	48.66±8.01	8.472	0.009
<i>t</i>	7.428	0.369	-	-
<i>P</i>	0.913	0.002	-	-

Conclusions: Social development has promoted the people's higher pursuit for the quality of life. As an important factor in the quality of life, the indoor living environment has attracted the attention of all walks of life. In order to improve the effect of interior design, the study proposes to use color psychology to analyze users' understanding and preferences for interior design colors, and build an interior design scheme that conforms to users' psychology through color psychology. The practical application analysis shows that the interior design scheme based on color psychology can significantly inhibit the deterioration of users' negative emotions and reduce users' anxiety to a certain extent. Therefore, in order to improve the quality of national life, color psychology can be used to formulate reasonable schemes in interior design to meet the psychological needs of users.

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THE APPLICATION OF EMPLOYMENT ORIENTED COLLEGE ENGLISH TEACHING REFORM IN IMPROVING STUDENTS' POSITIVE LEARNING PSYCHOLOGY

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Background: Positive psychology is a new science that studies traditional psychology from a positive perspective. It advocates positive psychological orientation and value orientation, discusses human positive emotional experience, positive psychological generation mechanism, positive personality formation process and positive psychological generation system, and is concerned with human health, happiness and harmonious development. Using most of the experimental methods and research means of traditional mainstream psychology, this paper mainly uses empirical research methods to explore the causes of the formation of human positive emotions in the two environments of positive social system and positive small system, and summarizes the influencing factors of positive psychology and the laws that stimulate the formation of human positive psychology. The teaching goal of college English has changed from entering a higher school to improving students' comprehensive English ability. In order to make students better obtain employment after graduation, college English teaching reform should take employment as the guiding ideology of the reform, and set up and adjust English courses according to the actual ability needs of the market for students. However, in the current college English teaching, only the English majors pay more attention to English, and the students of other majors do not have a positive and serious attitude towards English courses, which will affect the students' comprehensive English ability and is not conducive to their future employment and career development.

Objective: Based on employment orientation, we should reform college English teaching, improve students' enthusiasm for English courses and their comprehensive English ability, and promote students' employment choice and long-term development.

Subjects and methods: Through off-line interviews, telephone consultations and other means, we

communicated with many college students to understand their views on employment and English comprehensive ability, and analyzed their enthusiasm in English courses in combination with the school's employment rate over the years, the list of English courses and other materials. On the basis of these materials, combine employment orientation, set precise talent training goals for college students, and improve students' English knowledge and vocational skills. Then send the reform suggestions to the expert group formed by 50 teaching experts and English teachers, asking them to judge the rationality of the English teaching reform plan and make relevant supplements. Then it analyzes and evaluates the enthusiasm of college students for the English curriculum after the reform. The students' enthusiasm after the reform will be evaluated according to four levels: non positive, general positive, medium positive and very positive. The effects of the reform measures on the improvement of students' enthusiasm will be evaluated into five categories: no impact, slight impact, general impact, obvious impact and complete impact, and will be quantified with five integers of 1, 2, 3, 4 and 5 respectively. In the experiment, the measurement type features were displayed by means of mean \pm standard deviation, and the difference significance level was taken as 0.05.

Results: The results of students' enthusiasm for the English curriculum after the reform and the impact of the reform measures on their enthusiasm are shown in Table 1.

Table 1. The change of students' enthusiasm and its influence level after the reform of English teaching

Reform measures	Positive degree	Impact level	Impact rating	Significance level
Develop the ability to use spoken English	Generally positive	General impact	2.65 \pm 0.12	0.03
Characteristic English courses	Very positive	Full impact	4.55 \pm 0.15	0.02
Create a professional situation	Moderately active	Significant impact	3.63 \pm 0.25	0.03
Build a practice platform	Moderately active	Significant impact	3.58 \pm 0.27	0.04

It can be seen from Table 1 that the development of characteristic English courses, such as CET-4 and CET-6, not only has a very obvious impact on students' enthusiasm, but also greatly improves students' enthusiasm for English courses; The establishment and construction of workplace English and practice platform have also improved students' enthusiasm to a certain extent. However, the influence of cultivating the ability of oral English application on improving students' enthusiasm is not very obvious, and students' enthusiasm is not very high. The standard deviation of the four reform measures is lower than 0.3, indicating that students' choices are relatively consistent. The significant differences were less than 0.05, indicating that the statistics were statistically significant.

Conclusions: With the increasing popularization of education in China, many colleges and universities have implemented enrollment expansion policies in recent years, and the national cultural level has been improved. At the same time, the number of graduate students has increased sharply every year, which makes graduates face more and more competition in employment. However, the current lack of innovation in English teaching in colleges and universities leads to the poor quality of English teaching and the weak comprehensive English ability of students. In order to ensure that students can meet the actual needs of the society and improve their comprehensive English ability, this paper reforms college English teaching based on employment orientation, so as to enhance students' enthusiasm for English courses and facilitate students' employment choice and long-term development. Through the statistics of students' enthusiasm for the English curriculum after the reform, it can be seen that students are more active in workplace English and CET-4 and CET-6, because workplace English has greater application value in employment. At the same time, the passing of CET-4 and CET-6 also gives students a certain advantage in job hunting. However, the students' enthusiasm for the course of oral English ability is not very high due to the limited application of oral English after graduation. Employment oriented English teaching reform has greatly improved students' enthusiasm. Colleges and universities can reform English Teaching in combination with employment oriented.

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RESEARCH ON IDEOLOGICAL AND POLITICAL EDUCATION MODEL OF COLLEGE PHYSICAL EDUCATION BASED ON EDUCATIONAL PSYCHOLOGY