

Results: Table 1 refers to the anxiety of the four groups of students at different intervention times. On the whole, the anxiety of the three groups in the observation group gradually eased with the increase of teaching time, while the psychological phenomenon of employment anxiety in the blank group did not significantly improve with the increase of teaching time, but there was still a certain degree of relief.

Table 1. Anxiety of four groups of students at different intervention times

Group	Before teaching	After 1 month	After 3 months	After 6 months
Blank group	67.39±3.26	63.25±3.16	57.26±2.69	52.48±1.98
Observation group A	65.64±3.68	50.23±3.14	43.26±2.98	37.1±1.87
Observation group B	65.57±3.56	49.36±3.25	42.12±2.87	36.51±1.86
Observation group C	64.96±3.57	48.35±3.28	41.36±2.68	35.11±1.96

Conclusions: The main promoter of financial integration in colleges and universities is the financial department of colleges and universities. The education of financial integration plays an extremely important role in the employment anxiety of financial students. In view of the psychological problems of college students majoring in finance, the research needs to optimize the current teaching mode of professional courses to help students cope with possible employment problems in the future, improve their psychological endurance and professional ability, and then make certain contributions to the training of high-quality financial personnel.

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A STUDY ON COPING STRATEGIES OF OVERSEAS CHINESE WRITERS' CREATIVE ANXIETY

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Background: In the process of writing, overseas Chinese writers will have anxiety for various reasons. There are many factors that cause anxiety among overseas Chinese writers. First of all, English is the main language system in overseas writing, which will have a great negative impact on Chinese writers who are not good at English. For example, they are unable to accurately express their feelings and words fail to express their ideas, which leads to the unsatisfactory sales of overseas writers' creative works and the anxiety of overseas Chinese writers. Secondly, overseas Chinese writers often have foreign language anxiety. If overseas writers want to create, foreign language learning is inevitable. In the process of foreign language learning, overseas Chinese writers often have foreign language anxiety because of poor learning effect and high learning cost. Foreign language anxiety means that in the process of foreign language learning, individuals will produce a series of unique self-perception, beliefs, feelings and behaviors. When the effect of foreign language learning does not reach the expected results of individuals, it will lead to a series of negative self-perception, beliefs and feelings, which will cause individuals to have greater psychological pressure and form anxiety. Anxiety will affect the foreign language learning process of overseas Chinese writers, and then affect the creative process of overseas Chinese writers. However, the influence on the creation will further deepen the anxiety of overseas Chinese writers, thus forming a vicious circle. Finally, when overseas Chinese writers are writing, they are easy to encounter creative bottlenecks because of different languages, customs and cultures. The bottleneck of creation will make writers fall into the psychology of self-reproach and inferiority, which will lead to anxiety. Based on the psychological perspective, this study analyzes the anxiety of overseas Chinese writers in the process of writing, and puts forward solutions to alleviate the anxiety of overseas Chinese writers and improve their creative efficiency. First of all, overseas Chinese writers need to relax their mentality, face foreign language learning with a positive attitude, face up to their own shortcomings, and strive to make up for and improve. Secondly, in the process of writing, overseas Chinese writers can invite critics or local people to select the language defects in their works, and ask for advice with an open mind and actively revise them. Then, when creating, you can play some soothing and relaxing music, relax your mood through music therapy, and avoid falling into anxiety due to the bottleneck of creation. Finally, enrich your knowledge, collect more creative materials in your

life, and ensure your own creative progress.

Objective: In the process of writing, overseas Chinese writers will have anxiety for various reasons. Anxiety will affect the foreign language learning process of overseas Chinese writers, and then affect the creative process of overseas Chinese writers. Based on the psychological perspective, this study analyzes the anxiety of overseas Chinese writers in the process of writing, and puts forward solutions to alleviate the anxiety of overseas Chinese writers and improve their creative efficiency.

Subjects and methods: Through E-mail, website recruitment and other means, 20 overseas Chinese writers were selected as the research objects for the control experiment. Through information technology and computer technology, 20 overseas Chinese writers were randomly divided into two groups, group A and group B. For group overseas Chinese writers, the strategies proposed in the study are used to create, while group B overseas Chinese writers use the general creation mode to create. After a period of time, the anxiety of the two groups of overseas Chinese writers was compared. The anxiety of overseas Chinese writers was assessed by Self rating Anxiety Scale (SAS).

Results: The scores of the SAS of the two groups of overseas Chinese writers before and after the experiment were statistically analyzed. The statistical results showed that before the experiment, the scores of the SAS of group A and group B were basically the same. After the experiment, the scores of the SAS of overseas Chinese writers in group a decreased significantly, while there was no significant change in group B. After the experiment, the scores of the SAS of group A were significantly lower than those of group B. The scores of the SAS of the two groups of overseas Chinese writers are shown in Figure 1.

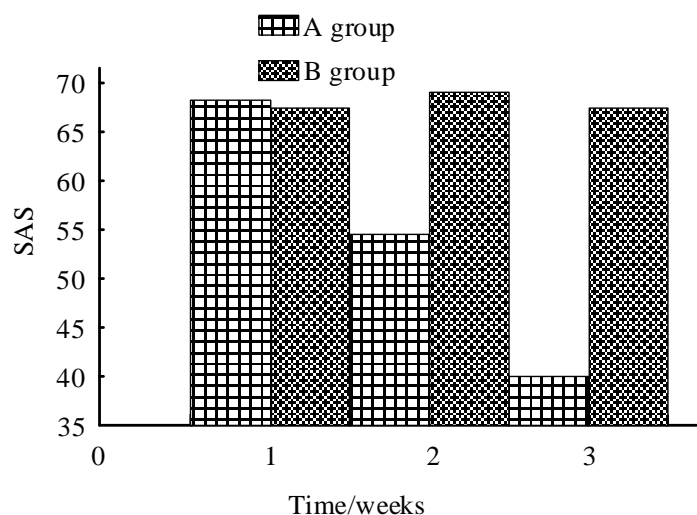


Figure 1. The changes of SAS scores of two groups of overseas Chinese writers

Conclusions: In the process of writing, overseas Chinese writers will have anxiety for various reasons. Anxiety will affect the foreign language learning process of overseas Chinese writers, and then affect the creative process of overseas Chinese writers. However, the influence on the creation will further deepen the anxiety of overseas Chinese writers, thus forming a vicious circle. Based on the psychological perspective, this study analyzes the anxiety of overseas Chinese writers in the process of writing, and puts forward solutions to alleviate the anxiety of overseas Chinese writers and improve their creative efficiency. The results showed that before the experiment, the scores of the SAS of group A and group B were basically the same. After the experiment, the scores of the SAS of overseas Chinese writers in group a decreased significantly, while there was no significant change in group B. After the experiment, the scores of the SAS of group A were significantly lower than those of group B. The above results show that the proposed strategy is feasible.

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RESEARCH ON THE INFLUENCE OF THE MORAL EDUCATION WORK OF HEAD TEACHERS IN HIGHER VOCATIONAL COLLEGES ON STUDENTS' PSYCHOLOGICAL ANXIETY FROM THE PERSPECTIVE OF NODDINGS CARING THEORY