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Background: Utopian spirit is one of the common themes in English literature. *News from Nowhere* by William Morris who is British writer, is a famous long political fantasy novel. The utopia in the novel is the future society with high human civilization in the author's fantasy, which reflects the author's thought on human civilization and the end of human nature.

Subjects and methods: Interpreting and analyzing the utopian spirit in *News from Nowhere*.

Results: *News from Nowhere* is a long political fantasy novel full of utopian spirit. The utopia in the work is the author's ideal modern society with high human civilization. In the world of utopia, there is no disparity and oppression between the rich and the poor, no private property and currency, everyone is free and equal, and people live an ideal life of plenty. The author expresses his longing for the ideal world and criticizes the capitalist economic system in Britain in the 19th century.

Conclusions: Interpreting and analyzing the utopian spirit in *News from Nowhere* is of great significance to deeply understand the connotation of English literature.

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A STUDY ON THE CONNECTION EDUCATION BETWEEN CHILDHOOD AND PRIMARY SCHOOL BASED ON THE CULTIVATION OF CHILDREN'S HEALTHY PSYCHOLOGY

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Background: In recent years, the social economy has shown a vigorous development trend, and the social competition has intensified. In this environment, psychological stress has gradually become a hot topic and personal experience mentioned by people. The object of psychological stress is not only limited to adults, but also can act on children. The problem of children's psychological stress in China has gradually emerged, which has a great negative impact on the cultivation of children's healthy psychology. At present, the importance of preschool education is becoming more and more obvious. From the perspective of teachers, the so-called preschool transition period mainly refers to the primary school educators' helping children smoothly and smoothly complete the transition of the education stage from the physical, psychological and life aspects to the greatest extent from the perspective of children's physical and mental health development, based on their physical and mental characteristics, so as to achieve the goal of ensuring children's physical and mental health and all-round development. For parents, it is their basic responsibility to help their children successfully complete the transition from childhood to childhood. Focusing on the family level, the connection between childhood and childhood refers to that every member of the family should more carefully observe the children's every move in daily life, pay attention to their various performances in the early stage of primary school, and give them corresponding strong help at an appropriate time to ensure the overall quality and timeliness of logistics work. At the same time, both parents and schools need to take the initiative to dredge children's psychology to varying degrees, so as to enable children to quickly integrate into the new environment of primary school and maintain high learning enthusiasm and positive learning attitude. There are two main types of psychological problems in children during the transition period, namely, extreme anxiety and difficulty in concentrating. Children's inner anxiety can be divided into life anxiety, emotional anxiety and learning anxiety. In detail, when learning and living in kindergartens, the comprehensive education management model leads to children's serious dependence psychology, and they are unable to independently complete life activities such as eating, dressing, going to the toilet, going to bed, etc., resulting in life anxiety. When entering primary school for the first time, it is difficult for children to accept leaving the familiar environment, teachers and playmates, and they are easy to fall into emotional anxiety. At the learning level, kindergartens mainly focus on playing, and there is no learning pressure, while primary schools are prone to learning difficulties and learning anxiety. Health psychology is a basic discipline in the field of psychological research. Its research purpose is to effectively maintain people's physical and mental health through the relevant means of psychology and health promotion, and finally improve their adaptability and transformation ability to social life.

Objective: Explore the application effect of children's healthy psychological training in the connection education between childhood and primary school, and then excavate a reasonable and effective model of children's healthy psychological training to ensure that children's mental health is always at a normal level.

Subjects and methods: Using the random number table method, 150 children in the transition period between childhood and childhood in a certain area were selected as the research objects, and then they were randomly divided into groups to obtain the control group and the research group with 75 people in

each group. The children in the control group received routine preschool bridging education, and the children in the study group received improved preschool bridging education based on health psychology; The time of educational intervention is set as two months. Every half a month, the two groups of children are evaluated and analyzed with the Children's Mental Health Assessment Scale (CMHA-80). By comparing and analyzing the CMHA-80 scores before and after the educational intervention, the accurate evaluation of children's mental health can be realized. The CMHA-80 score is negatively correlated with the level of children's mental health.

Results: Table 1 shows the changes of CMHA-80 scores of the children in the control group and the research group before and after the educational intervention, so as to objectively judge and evaluate their mental health status, and then take corresponding education measures for the connection between childhood and childhood. Before the educational intervention, the CMHA-80 scores of the two groups of children were at a high level, indicating that they had two psychological problems: extreme anxiety and difficulty in concentrating; After the intervention, the CMHA-80 score of children in the study group decreased significantly, indicating that their psychological problems had been effectively alleviated

Table 1. CMHA-80 scores and mental health status of two groups of children before and after education intervention

Group	Before educational intervention	After educational intervention
Control group	127.02±26.413	128.65±24.724
Research group	129.15±27.59	106.62±30.552*
<i>t</i>	0.483	4.854
<i>P</i>	0.630	0.000

Note: Compare with CMHA-80 score before educational intervention, * $P < 0.05$.

Conclusions: Health psychology is a basic psychological discipline that uses psychological knowledge and technology to explore and solve problems related to maintaining or promoting human health, preventing and treating physical diseases. The main research object of health psychology is the special function that psychology related theories should play in correcting some bad behaviors that affect human health or lead to diseases. Focusing on the perspective of health psychology, the early childhood bridging education based on the cultivation of children's healthy psychology was used as an intervention measure to successfully reduce the CMHA-80 score of children in the study group and achieve a significant improvement in their mental health level.

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RESEARCH ON THE INFLUENCE OF IDEOLOGICAL AND POLITICAL EDUCATION COMBINED WITH INNOVATION AND ENTREPRENEURSHIP EDUCATION ON STUDENTS' MENTAL HEALTH

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Background: With the development of economy and society, the connotation of ideological and political education has been continuously deepened and enriched, which has promoted the sustainable development of ideological and political education in colleges and universities to a certain extent. As far as the ideological and political education in colleges and universities is concerned, its main purpose is to cultivate high-quality all-round development talents. The ideological and political education always implements the guideline of building morality and cultivating people, and runs through the ideological and political education in the whole process of education and teaching. In addition, ideological and political education has put forward certain requirements for other courses in colleges and universities, requiring them to go hand in hand with ideological and political education to form a strong synergy and promote the effective training of college talents. Innovation and entrepreneurship education is characterized by exploration and uncertainty. It emphasizes that we should actively adapt to the new normal of economic development, take