

even evolve into harm Vicious incidents of social public order. Based on residents' psychological perception, the research designs emergency material security plans, trains and educates residents, and improves their cognition and satisfaction with emergency material supply. The results show that residents' anxiety about emergency supplies has been effectively relieved, and their overall well-being has been significantly improved.

Table 1. Comparison of GWB scores between two groups of residents

Group	Observation group		P	Control group	
	Before training promotion	After training promotion		Before training promotion	No intervention secondary assessment
Health concerns	33.05±2.83	42.56±2.17	0.000	34.01±2.58	34.56±3.18
Energy	49.23±4.89	59.66±5.21	0.000	50.21±5.23	49.63±5.62
Depressed or happy mood	52.01±5.44	63.41±5.86	0.000	51.89±5.65	50.28±5.14
Emotional and behavioral control	40.31±5.28	58.63±6.21	0.000	39.56±4.96	40.21±5.24
Relaxation and anxiety	37.25±4.68	54.21±5.02	0.000	38.55±5.13	39.42±5.45

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EXPLORATION ON THE IMPROVEMENT PATH OF COLLEGE TEACHERS' INFORMATIZATION LITERACY FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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Background: Educational modernization is the only way to achieve the goal of "building a country with education". To realize the modernization of education, it is crucial to introduce information technology to innovate the existing education and teaching methods. In order to promote the development of China's education in the direction of intelligence, personalization and modernization, in April 2018, the Ministry of Education issued the "Education Informatization 2.0 Action Plan", emphasizing the need to improve the digitization and three-dimensionalization of knowledge resources, and build the concept of large resources. The information education technology is deeply embedded in the teaching system, which changes the type of educational thinking from industrial thinking to intelligent thinking. For college teachers, it is very necessary to adapt to the development of the times, introduce innovative technologies, and explore information-based teaching models to improve the quality of information-based teaching. At the same time, in the process of education moving towards informatization, it involves changes in teaching methods, classroom environment, interaction and collaboration methods, etc. At the same time, students need to adopt new ways to acquire knowledge resources, re-plan learning and evaluation methods, and re-formulate learning goals, etc., will have a profound impact on the psychology of students. From the perspective of educational psychology, educational informatization promotes the individualized development of students, effectively stimulates the inner psychological mechanism of students, and better realizes the combination of theory and practice, abstract and figurative, which is the positive effect of educational informatization effect. However, at the same time, it may also bring negative effects. Due to the rapid development of information technology and the excessive complexity of information data, the introduction of information technology into teaching has weakened the teaching effect. And the continuous development of information technology brings new challenges to teachers. Teachers play a key role in the process of educational informatization, but also bear huge responsibilities. The application effect of technology is largely influenced by users. Teachers can correctly and reasonably apply emerging information technology, which can not only promote the emergence of innovative teaching models, but also improve traditional teaching models. Therefore, for college teachers,

how to use information technology correctly and explore an effective educational informatization path to promote educational development is a key issue. Under the influence of the new crown pneumonia epidemic, online education has been widely adopted by many colleges and universities as a new teaching model. This model places more emphasis on students' autonomous learning, and under the dual influence of the epidemic and online teaching, students face greater anxiety emotions, learning pressures, and adaptation costs.

Objective: The development of educational informatization and the impact of the new crown pneumonia epidemic have made online teaching a widely adopted teaching mode in many colleges and universities. However, in this mode, students need to face new teacher-student relationships, adapt to new learning and evaluation methods, and improve self-supervision capabilities, which may result in new psychological problems. To this end, the study integrates typical positive psychology methods into online teaching to avoid or alleviate students' psychological problems in online teaching.

Subjects and methods: Take 2 teaching classes of the online course "Introduction to Mao Zedong Thought and the Theoretical System of Socialism with Chinese Characteristics" as the research object. One of the classes serves as the observation group. The first half of the semester is taught in a regular mode, and the second half of the semester is taught with positive psychology. The other class serves as the control group and is taught according to the conventional teaching mode. The final grades and learning anxiety levels of students in the two classes were compared. Anxiety was assessed using the Self-Rating Anxiety Scale (SAS).

Results: The results showed that the average grade at the end of the course in the observation group was higher than that in the control group. The SAS evaluation results showed that the observation group had a statistical significance ($P > 0.05$), and the observation group's sense of well-being after training and education was significantly improved, and the difference was statistically significant ($P < 0.05$). Compared with the control group's secondary evaluation results There was a significant increase ($P < 0.05$).

Table 1. SAS scores of two classes

Timing	SAS score	
	Observe the class	Control class
Number of students	45	51
Regular teaching	65.3±7.2	66.1±6.9
Incorporate positive psychology	38.9±1.2	65.8±7.1
<i>t</i>	7.258	1.147
<i>P</i>	0.000	0.811

Conclusions: In recent years, the rapid development of information technology has provided a new and effective way for the innovation and reform of traditional education models, and education is developing in the direction of informatization. As an important subject in the teaching process, teachers play an important role in educational informatization. Under the influence of the new crown pneumonia epidemic, many domestic colleges and universities have adopted home learning and online teaching methods to carry out teaching activities. However, under this model, students face problems such as lack of interaction and supervision, high learning pressure, and the resulting some psychological problems. Therefore, the study integrates positive psychology teaching methods into regular online teaching, and the results show that it can effectively improve students' learning and psychological state, improve teaching level, and has important practical and reference significance for the development of educational informatization.

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THE PRACTICE AND APPLICATION OF DEEP LEARNING THEORY IN PRESCHOOL EDUCATION CURRICULUM REFORM FROM THE PERSPECTIVE OF EDUCATIONAL PSYCHOLOGY

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Background: Educational psychology is a science that studies the basic psychological laws of the objects of teaching and learning in teaching situations. Its main content is the psychological process and psychological phenomenon of the interaction between teachers and students in teaching situations. Educational psychology is often used in curriculum design, teaching method improvement and helping