

healthy guidance of aesthetic psychology and the feeling of emotional aesthetics are very important. According to the stimulation and influence of the aesthetic psychology of music educators, the study conducted experiments and analyses on the aesthetic psychological influence of college students in the context of the construction of college music quality education curriculum system. The experimental results show that the construction of the college music quality education curriculum system has a significant positive effect on the emotional aesthetic psychological feelings of college students.

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THE INFLUENCE OF COLLEGE ENGLISH EDUCATION ON STUDENTS' LEARNING ANXIETY UNDER THE CONCEPT OF COMMUNITY OF DESTINY

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Background: The causes of psychological anxiety of college students mainly come from external pressure or their own unpleasant experiences. college students often hope to achieve a certain goal or effect, but due to the impact of the external environment, the goal or effect is difficult to achieve the expected value. Nowadays, college students face heavy learning tasks, which leads to many college students' learning anxiety. In the psychological mechanism of college students, appropriate learning anxiety can improve the learning efficiency of college students to a certain extent, so that college students can get positive psychological feedback. After receiving positive feedback, college students realize that difficulties can be overcome, and have a new understanding of their learning ability, so as to achieve a psychological balance. However, if college students are in learning anxiety for a long time, it will cause serious psychological damage to college students, and then lead to excessive anxiety, leading to the formation of anxiety symptoms. Some studies have shown that anxiety patients are prone to depression and other psychological disease complications. college students are in a state of long-term learning anxiety. Without intervention for treatment, college students will lose their self-confidence and cannot extricate themselves from learning anxiety, which will lead to more psychological diseases. As a required course in colleges and universities, college English covers a wide range of learning contents. It is inevitable that western economic and cultural knowledge will be involved in the teaching process. Many college students have difficulties in learning this subject and are prone to learning anxiety. However, the values of the community of shared destiny, which include the interdependent concept of international power, the concept of common interests, the concept of sustainable development and the concept of global governance, have a very positive guidance and may alleviate the learning anxiety of college students. Therefore, it is of great practical significance to embed the concept of community of destiny into college English teaching, explore the role of this method in alleviating college students' learning anxiety, and improve the serious situation of college students' learning anxiety.

Objective: From the perspective of contemporary college students' anxiety in English learning, the research explores the integration of the concept of community of destiny into college English teaching courses to provide colleges and universities with a college English course model more suitable for the mental health of contemporary college students, so as to help students control their learning anxiety and ensure that college students have a high level of mental health.

Subjects and methods: This study uses k-nearest neighbor algorithm to classify the anxiety psychology of college students, and analyzes the impact of college English education on college students' anxiety psychology under the concept of community of destiny by using the method of correlation factor analysis. The research mainly focuses on the college students who take part in the college English course under the concept of community of destiny. It investigates the recent psychological status of the college students who take part in the course, and analyzes the effect of college English education under the concept of community of destiny on the overall psychological anxiety of college students according to different types of students' anxiety. SPSS software was used to analyze the data.

Results: The specific impact of college English education under the concept of community of destiny on alleviating college students' psychological anxiety is shown in Figure 1.

As can be seen from Figure 1, among the four types of anxiety, learning anxiety, interpersonal anxiety, choice conflict anxiety and adaptation anxiety, learning anxiety has the highest level of positive impact on college English education under the concept of community of destiny, reaching level 5, that is, significant impact. Interpersonal anxiety and choice conflict anxiety are positively influenced by college English education under the concept of community of destiny, reaching grade 4, that is, significantly affected. The

level of adaptation anxiety affected by college English education under the concept of community of destiny is the lowest, which is only level 3, that is, general influence. It can be seen that college English education under the concept of community of destiny can mainly have a positive impact on college students' learning anxiety.

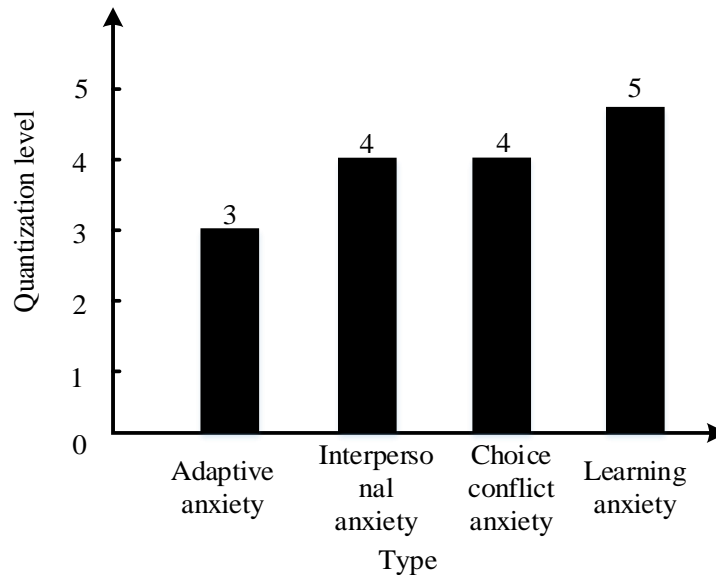


Figure 1. Influence level of different anxiety types

Conclusions: Nowadays, the excessive learning pressure of college students may cause long-term learning anxiety of college students and affect their physical and mental health. Therefore, the study integrates the concept of community of destiny into the college English curriculum, and uses the K-nearest neighbor algorithm to classify the main types of students' anxiety psychology, and analyzes the impact of the curriculum on students' psychological anxiety by comparing the benign impact of several kinds of anxiety psychology on college English education under the concept of community of destiny. The results show that college English education under the concept of community of destiny has a relatively significant impact on college students' learning anxiety. It shows that college English education under the concept of community of destiny can alleviate college students' anxiety in English learning and is an important way to help college students reduce their self-learning anxiety.

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RESEARCH ON THE CURRENT SITUATION OF THE CONSTRUCTION OF TEACHING STAFF IN COLLEGES AND UNIVERSITIES AND THE INFLUENCE OF ANXIETY PSYCHOLOGY

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Background: At present, the teaching staff of mental health education in colleges and universities has been expanding, and full-time teachers are gradually becoming the backbone. According to the statistics of the national college mental health education data analysis center of the ministry of education, the number of full-time teachers engaged in mental health education in colleges and universities nationwide has increased year by year. From the perspective of team structure, the degree of youth and specialization has become higher and higher, and the overall quality has also been improved day by day, which has laid a good foundation for the expansion of the field of mental health education in colleges and universities. Although the construction of teaching staff of mental health education in colleges and universities has made great progress, there is still a considerable distance from the development goals of mental health education in colleges and universities and the actual psychological needs of students. The goal of mental health education in colleges and universities is to optimize students' psychological quality, cultivate sound personality, help students solve various psychological problems encountered in their growth, develop