

students can promote the cultivation of sound personality and healthy psychology, and cultivate high-quality successors for National Development and socialist construction. The construction of university culture and ideology and morality combines the guidance of campus culture, mental health education and personality training education. Through the guidance and intervention of college students' mental spirit, it helps students establish good and healthy values and promote the development of college students' mental health.

**Subjects and methods:** The research explore the influence of university culture and ideological and moral construction in the new era by means of pilot experiment analysis, analyzes the intervention and influence effects of university culture and ideological and moral construction in the development of students' mental health, and seeks the optimization direction of the reform path of university culture and ideological and moral construction. The research takes a university as the experimental object, and analyzes the impact of campus culture and ideological and moral construction on college students' mental health through a six-month reform of campus culture and ideological and moral construction. In this study, 300 college students were interviewed and evaluated by random sampling to understand the changes of students' mental health under the new campus culture and ideological and moral construction reform. Through the evaluation and comparison of the mental health of the subjects before and after the implementation of the reform pilot, this paper analyzes the impact of campus culture and ideological and moral construction on the mental health of college students.

**Results:** Table 1 shows the changes of mental health scores of the subjects before and after the experiment.

**Table 1.** Changes in mental health scores of subjects before and after the experiment

Test dimension	Before experiment	After experiment
Psychological stress	3.51	1.35
Psychological anxiety	3.26	1.17
Psychological depression	3.19	1.03

**Conclusions:** Promoting the construction of campus culture and ideology and morality can effectively promote the creation of high-quality and high-grade campus spiritual culture in colleges and universities, create positive and good educational conditions for the physical and mental health development of college students, and promote and catalyze the spiritual maturity and mental health development of college students. In the new era, students' psychological development needs to be supported by campus culture and ideological and moral construction, improve the psychological construction and intervention management mechanism of colleges and universities, strengthen the important consciousness of campus culture, and promote the psychological health development and comprehensive quality improvement of college students.

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## ON THE AESTHETIC VALUE AND SOCIAL VALUE OF MUSIC EDUCATION FROM THE PERSPECTIVE OF SOCIAL PSYCHOLOGY

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**Background:** Social psychology takes the behavior pattern and psychological activity law of people in society as the research object, and analyzes the psychological characteristics and change law of individuals in a certain social background. Under different social backgrounds, individual psychological and behavioral performance characteristics are different. Social and political system, cultural customs, economic level and ecological environment will all affect individual psychology and behavior. Individual social psychological performance is produced under the comprehensive action of various background factors. The cultivation of people by education is based on the regulation and construction of individual psychology and behavior mechanism. People are the main object of educational practice, which is consistent with social psychology. Both education and social psychology research take people as the key objects, and take people's needs as the fundamental starting point and foothold. Education focuses on the impact of different education

methods on the educated. Through different types of education guidance modes, it helps the educated to improve their awareness and knowledge, and focuses on the implementation and motivation of the comprehensive development of the educated. Social psychology is to study the psychological mechanism and conditions behind this executive power, and analyze the psychological influence mechanism of the subject object from the perspective of social background factors. The individual is a part of the social group. The analysis of educational practice is inseparable from the group effect analysis of social psychology. The research on educational value and mechanism contains rich social psychological elements. Therefore, the research explores the value function of education from the perspective of social psychology, analyzes the psychological acceptance effect and psychological needs of educational subjects from the perspective of social psychological characteristics, and analyzes the aesthetic education value and social value of music education.

In recent years, with the implementation and deepening of the concept of quality education in colleges and universities, the importance of music education in the education system of colleges and universities has become increasingly prominent. The role of music in the cultivation of students' all-round development has been paid more and more attention. The society has begun to realize the value of music education in psychological intervention and guidance of students. Music has the attribute of beauty. From the perspective of aesthetics, it can make use of the strong infectivity, visualization and influence of music art to promote the development of individual spiritual world. It plays an important role in aesthetic education in modern education. Music is the artistic carrier of emotion. Music of different types and forms of expression is a tool for spiritual and emotional transmission. Through emotional resonance with the audience, it has an impact on the spirit and psychology of the audience. In music education, students' contact and learning of music and art works is essentially the emotional integration with music and art emotion, the integration of their own understanding and thinking in music emotion, and the improvement of their own ideological sentiment under the artistic edification of music aesthetics. The social function of music education is the macro embodiment of the value of music aesthetic education. Music education takes its aesthetic education value as the premise, and gives play to the social function of infecting and guiding the thinking and emotion of social groups. The influence of music education is a wide range of spiritual and cultural phenomena. With its distinctive social attributes, music education has an impact on the aesthetic consciousness and spiritual emotion of the audience.

**Subjects and methods:** The research analyzes the aesthetic education value and social value of music education in college education by means of experiments. Eight classes from four grades of a university participate in the experiment by means of random sampling. There are 406 students in total, and two classes from each grade participate in the experiment. All subjects participated in the study voluntarily and signed the informed consent form. The subjects were given music education for 6 months. At the end of the experiment, the changes of the subjects' aesthetic consciousness, music literacy and mental health were counted to understand the aesthetic education results of music education on college students. Through the comparison of the aesthetic education of the subjects before and after the experiment and the analysis of the changes in social ability, this paper explores the aesthetic education value and social value of music education to college students.

**Results:** Table 1 shows the changes of mental health scores of the subjects before and after the experiment.

**Conclusions:** Music education makes use of the advantages of music in emotional interaction and infection to intervene and influence students' psychology. With the help of various forms of music, it can achieve the adjustment and sublimation of college students' emotions and emotions. Music education not only intervenes and guides the aesthetic consciousness and emotional psychology of college students, but also plays an important role in improving the aesthetic and psychological quality of college students.

**Table 1.** Changes in mental health scores of subjects before and after the experiment

Survey object	Freshman	Sophomore	Junior	Senior
Before experiment	1.62	1.41	1.45	1.37
After experiment	3.54	3.47	3.51	3.42

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## RESEARCH ON THE GUARANTEE MECHANISM OF HIGH-QUALITY DEVELOPMENT OF PRIMARY SCHOOLS BASED ON THE BACKGROUND OF EDUCATIONAL PSYCHOLOGY