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RESEARCH ON THE GUIDING ROLE OF CURRICULUM IDEOLOGY AND POLITICS ON STUDENTS' SOCIAL CHARACTER

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Background: Social personality is a psychological feature recognized and accepted by its members in the interaction of social groups at a specific historical stage. If the social personality is divided into two types: traditional and modern, the social personality of college students in the social transformation also has the characteristics of transition, that is, the transition from tradition to modern. The research shows that school and family are the main social environment that affects personal behavior, psychological characteristics and personal ideas. Early family education has a great relationship with personal personality and psychology during personal growth, and school is the most important place for personal growth to shape moral character and world outlook. Parents' authority and respect for teachers and morality have a strong shaping power and penetration for individual socialization. The latest data shows that the current college students have a positive concept of financial management, value the quality of life, hope to have a relaxed and pleasant interpersonal relationship, have patriotism and a high sense of responsibility, but have a weak sense of independence and thinking logic ability. In essence, ideological and political education in colleges and universities is a discipline formed by schools or teachers' planned and targeted influence on students with the help of relevant ideological concepts, political views or moral norms. Its purpose is to make students' ideological and moral development, and finally gradually adapt to the needs of social development.

The research content of ideological and political education in the course is the law of changes in people's behavior and thought, as well as the law and method of ideological and political education. The important role of ideological and political education in the curriculum is as follows, shaping the correct values and outlook on life. Learning Marxist theoretical knowledge, including the description of "materialism" and "dialectics", can enable students to explore the essence of things more deeply and learn to look at problems flexibly. Marxist theory tells people to practice constantly. Only through continuous practice can we test the truth. At the same time, we should constantly improve our self-awareness and problem-solving ability in practice. Second, determine ideals and beliefs. Life values are mainly formed under the guidance of "dialectical materialism" and combined with collectivism. Through continuous learning, students can make a correct evaluation of the current social development and then choose a more correct attitude and position. Third, determine the correct political position. In the ideological and political education in colleges and universities, we should pay attention to the teaching of politics, which is of great significance for students to support the leadership of the Communist Party of China and build socialism with Chinese characteristics. Fourth, cultivate patriotism. Fifth, improve the ideological and moral realm.

Objective: This paper analyzes the role of ideological and political education in promoting the formation of students' social character in order to help students establish a correct and reasonable outlook on life and values.

Subjects and methods: The students from two schools were selected to analyze the impact of Ideological and political education on the students' social character through the grey comprehensive evaluation method. The number of students was 100 and the period was 6 months. The evaluation indicators are positive emotion, social ability, cognitive level, moral quality and patriotism. The evaluation result quantifies the degree of improvement through the five score ranges of 0-20, 21-40, 41-60, 61-80 and 81-100, indicating no improvement, slight improvement, improvement, significant improvement and serious improvement respectively. In order to avoid the interference of personal subjective influence on the results in the evaluation process, the average \pm standard error of all subjects was selected as the final result.

Results: Table 1 refers to the effect of Ideological and political education on students' social character six months after its implementation. From Table 1, it can be seen that the course ideological and political education has an obvious effect on the shaping of students' social character, especially in three aspects: cognitive level, moral quality and patriotic feelings.

Conclusions: The "Three Outlooks" education in schools can enable more students to understand the connotation of patriotism, clarify the new needs of patriotism in the new era, and gradually understand the relationship between patriotism and talent. Morality is not only the foundation of human survival and progress, but also an important support for the long-term and stable development of society in the future.

Ideological and political education plays an obvious role in shaping students' social character, especially in three aspects: cognitive level, moral quality and patriotic feelings. The average score is about 95 points. As the successors of the society in the new era, we should vigorously carry forward the socialist morality, start from ourselves, and constantly form and carry forward the moral qualities stipulated by the core socialist values such as patriotism, dedication, honesty and fraternity.

Table 1. The effect of ideological and political education on students' social character six months after its implementation

School	Positive emotions	Social skills	Cognitive level	Moral character	Patriotism
School 1	93.26±1.98	93.91±2.16	94.26±2.36	94.91±3.26	95.26±4.12
School 2	93.68±1.23	94.33±2.2	94.68±3.21	95.33±4.02	95.68±3.50

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RESEARCH ON THE INFLUENCE OF THE INTEGRATION OF MARXIST THEORY INTO IDEOLOGICAL AND POLITICAL EDUCATION ON ALLEVIATING THE PSYCHOLOGICAL PRESSURE OF COLLEGE STUDENTS

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Background: College students are facing more and more pressure from life, employment and social interaction, which will lead to anxiety, irritability, anxiety and other negative emotions. Anxiety is a kind of abnormal psychological bad mood, which is mainly caused by excessive worry about the future, fate, life safety and other irritability, including anxiety, panic, tension, anxiety and other psychological manifestations. Medical psychologists believe that anxiety usually refers to people's negative emotions, such as risk, pressure and pain, which are beyond their acceptable range, and it is difficult for people to face and solve these problems. Generally speaking, anxiety itself is a very reasonable emotional response. However, long-term anxiety can lead to physical and emotional diseases. Anxiety can be divided into pathological anxiety and realistic anxiety. Pathological anxiety is one of the most common types of anxiety. Its clinical manifestations are panic anxiety, generalized anxiety disorder and so on. A large number of studies at home and abroad show that the combination of Marxist theory and ideological and political education has a great impact on the anxiety of college students.

The formation and existing law of college students' thoughts, views and "Three Outlooks" is an important research direction of Ideological and political education. Offering ideological and political theory courses in colleges and universities is not only the main way to carry out ideological and political education for students, but also enables students to systematically understand the objectives of Marxist theory education. The smooth development of ideological and political education has an inseparable relationship with Marxist theory and other contents. The role of ideological and political education in the education of socialist core values also determines the status of Marxist theory in ideological and political education. The integration of Marxist theory into ideological and political education has an extremely important role, which is shown as follows. First, guide ideological and political education in the right direction. First, cultivate "five loves" education; Then, set up a correct world outlook and values; Secondly, establish socialist ideals and beliefs; Finally, gradually develop civilized behavior and habits, and form good moral quality. Second, carry forward the core values of socialism with Chinese characteristics. College students are an important force for the future development of the motherland. We should pay attention to and strengthen the ideological and spiritual cultivation of college students. Only by integrating socialist core values into students' life and study can we effectively carry out quality education and smoothly implement Marxist theory education.

Objective: This paper analyzes the effect of ideological and political education combined with Marxist theory on college students' psychological pressure, in order to improve students' psychological problems.

Subjects and methods: 200 college students with different degrees of psychological anxiety were selected as the research objects. According to the random grouping method, they were divided into blank group and observation group. The blank group adopted general ideological and political education, and the observation group adopted ideological and political education combined with Marxist theory. The mental health status of patients was analyzed by Hamilton Anxiety Rating Scale (HAMA), and the anxiety status of