

ANALYSIS ON THE INTERACTION BETWEEN MINERS' WORKING ATTITUDE AND MENTAL EMOTION

Zhongyu Liang

School of Civil and Transportation Engineering, Yellow River Conservancy Technical Institute, Kaifeng, Henan, China

Mental safety behavior plays an important role in miners' working attitude and enthusiasm. Working attitude is of great significance to guide miners to make safe behavior and reduce safety accidents. From the perspective of coal reserves, production and consumption, coal is still the main energy in china in the future. However, china's coal industry is facing severe challenges, which is embodied in the poor ecological environment in china. Human factors have become the key cause of coal mine safety accidents, and the management caused by miners' perception of unemployment risk is becoming more and more complex, and the government has implemented the capacity reduction policy and energy structure transformation strategy. Select coal miners as the main research object, develop the cultural emotion and unemployment risk perception scale, and further explore its dimensions. Through the method of questionnaire survey, the research obtains the basic data of cultural emotion, work attitude and unemployment risk perception of coal miners. Then, exploratory factor analysis, confirmatory factor analysis, regression analysis and other statistical analysis methods are used to analyze the current situation and differential characteristics of coal miners' cultural emotion, work attitude and unemployment risk perception. Comprehensively evaluate the cultural emotion level of coal miners, explore the relationship between miners' cultural emotion and work attitude, and explore the impact of unemployment risk perception on the relationship. Based on the results of empirical analysis and existing policy analysis, this paper puts forward strategic suggestions to improve the commitment level of miners from three aspects: miners' cultural emotion, unemployment risk perception and work attitude.

Key words: work attitude, mental emotion, interaction

* * * * *

SPIRITUAL SIGNIFICANCE OF FREUD'S PAINTINGS STROKE STUDY ON THE INFLUENCE OF MODERN OIL PAINTING ART

Zhenhua Cao

Eastern Art College of Zhengzhou University of Light Industry, Zhengzhou, 451450, China

Background: Sigmund Freud, Jewish, Austrian psychiatrist and psychoanalyst, founder of psychoanalytic school, and the greatest cardiologist and psychiatrist in the early 20th century. His works include three theories of sexology, interpretation of dreams, totem and taboo, psychopathology of daily life, introduction to psychoanalysis, new edition of introduction to psychoanalysis, etc. His psychoanalytic theory has made great achievements and has been controversial in the scientific community. It has not only played a great role in promoting the development of psychological barriers, but also in today's capitalist countries, especially in the United States, Freudism and new Freudism, as a philosophical trend of thought, have been widely spread in general ideology. Freudian psychoanalysis not only influenced contemporary western literature and art, but also had a far-reaching impact on religion, ethics and history, and totem and taboo can be said to be the representative of this impact. Freud's psychoanalysis is the theory of personality structure: ID, ego and superego; Sexual instinct theory; Dream interpretation theory; Psychological defense mechanism theory and artistic view: art itself is created under the promotion of some repressed urgent needs: it is the sublimation of some unconscious impulses; It is the creation of sexual energy that is not satisfied and transferred to other ways of diversion. Art is the result of sublimation of repressed instincts. It is a symbolic expression of unconsciousness and has the symbolic significance of dreams: advocating unconsciousness and fantasy.

Freud's view of art runs through his self psychology. Freud believes that artists, like mental patients, retreat from his dissatisfied reality and get into their own personal world. The artist's creation is an imaginary satisfaction of the "subconscious" desire. Although Freud's thoughts are self-contained and solid, and there is no sufficient and rigorous scientific proof, he is still praised by many writers and artists. Freudian psychoanalysis has a great impact on Modern Art: first, it is reflected in the Dadaism trend produced during the first World War, which opposes everything (war, authority and tradition), art itself and everything. On this basis, surrealist art trend appeared. Based on Freud's psychoanalysis and dream

psychology, surrealist painters try to show the unconscious and subconscious world. This has a great relationship with the inner uneasiness of the turbulent society at that time. The essence of artistic creation is the direct product of people's "unconscious impulse" and "sexual instinct", and then the later Abstract Expressionism, pop art and so on. Freud's psychoanalysis permeates it. In such a special social environment as the 20th century, artists carry out self-expression spiritual creation through the high recognition of Freud's psychoanalysis; Although modernist art eventually moved towards extreme expressionism, which was beyond the scope of most people's acceptance and understanding, it saw through the activities in the depths of human mind hidden by reason, thus reflecting the absolute influence of the core thought of Freud's theory "sexual instinct" or "unconscious impulse" on artists' creation.

Objective: At present, all kinds of social cultures are full of people's vision, especially in artistic creation. Different forms of artistic expression are very active, such as behavior art, installation art, new media art, etc. the form of artistic expression is more free and the scope of expression has been greatly expanded. But from another perspective, this just reflects the proliferation of artistic concepts, the Spirit given by the original values has been gradually weakened, the standard of painting has been gradually blurred, the concept of painting is constantly changing, and some artists are at a loss. It is found that under the common catalytic action of western modernism and Chinese local oil painting art, the emergence of symbolic schema of contemporary oil painting is both accidental and inevitable. Through the re creation of "self" image, artists have not only limited to the imitation of "self" in the real sense, but also generalized this "self" to people in the current real life, reflecting the real feeling after grouping, but also paying attention to people's living conditions and thinking about practical problems.

Subjects and methods: Heidegger once said, "the truth of being puts itself into works." Contemporary artists expound the reality by interpreting the artistic image of "self". Freud Sigmund, the founder of the Austrian psychoanalytic school and a famous psychologist, put forward the psychoanalytic theory of "narcissism" in 1914. He defined the psychology and behavior of "taking oneself and his body as the object of love" as "narcissism". Narcissism is an indistinguishable spiritual energy derived from libido, that is, instinctive energy and driving force. It has become a new development trend of contemporary Chinese art to incorporate its own image into the painting in the form of "self". It more thoroughly expresses the real idea of the "self" world and the painter's perception of the current social situation. "Narcissism" is a perceptual emotional experience. If we love ourselves, we can better put love into our life, career, relatives and friends, and the society will be more harmonious.

In the past, now and in the future, "narcissism" is a psychological state that people have always existed. Wilde said: "loving yourself is the beginning of a lifelong romance." Artists use their own image as the medium to express their "self" understanding and pursuit of art. In the social environment, artists have their own artistic consciousness. These "self" consciousness is rarely disturbed by the outside world, and the "self" consciousness is more pure. Artists vividly show their inner world on the canvas, making art closer and closer to people's life and inner world. Bizarre and various "self" images appear and become a carrier to perceive the world, which is the significance of a painter painting as an ideological transmitter. Freud divided people's psychological structure into "Id", "ego" and "superego". "Id" is the advantage and disadvantage of human nature, most of which comes from heredity; "Self" is to cover up such consciousness, just like a skin, "superego" is a social moral principle. From the later stage of the Cultural Revolution to the present, Chinese art has been growing in an open environment. It is no longer as closed as during the cultural revolution. People respect each other, conduct equal academic exchanges, and expand people's personality. The artist's consciousness of focusing on "self" is becoming stronger and stronger, and his inner feelings are unconsciously revealed. The painting form of "self" image just reflects this.

After the "85" trend of thought came into being, Chinese artists added a large number of oil paintings with the theme of "self-image" to the Chinese painting system, which has become one of the indispensable painting themes of today's oil painting. In the rapid development of social, political, economic and culture, they have grown together with Chinese contemporary art. The strengthening of "self" consciousness of Chinese painters has become a systematic ideological concept. Combined with today's social background and cultural thought, they express their inner feelings or spiritual outlook. In this process, the artist constantly gains and tries again and again with the new techniques explored, so as to achieve a new level of inner understanding. While paying attention to the "self", understanding the "self" and affirming the "self", the content is the social, life and era background combined with the "self". Such "self" is not only the embodiment of the form of "self", but also a general attribute shared by social groups.

The great influence of western contemporary art thoughts has contributed to the leap of Chinese art after reform and opening up. At present, the artist's own "playing with the world" attitude, pays attention to himself and what happens around him, and more truly touches on a real living state. This state is a

universal true portrayal of contemporary people, experiencing the absurdity and playing with the world given by the times in the life of "self" and "self". The West attaches importance to "self" feeling. While accepting western contemporary art thought, we are also impacted by western "self" consciousness. Western humanistic thought has also spread in. After the impact of domestic traditional thought, it integrates with Western cultural thought. The young artists of this generation suck the unprecedented trend of thought in this soil. New words such as "symbol", "device" and "concept" emerge one after another. When artists accept the field of new and new art, they naturally express their image, self feeling and social life in the form of symbols of an era, and create unique "self" art symbol works.

Results: We are in today's industrial civilization. Multimedia technology and image processing technology have developed very mature. In many oil paintings with the theme of "self", painters use modern image acquisition technology to collect many valuable images, and then use their own ideas to subjectively filter and combine the images to form new painting resources to express themselves in many aspects such as different periods, different scenes and different shapes on the canvas, Show the subtle changes of "I" in different times and the subtle relationship between "I" and the surrounding environment. Painters need to convey their views on the times and society through the medium of "self", which brings together the unique artistic charm of the times. The symbolic "self" is not limited to the painter's own appearance and clothes, but a huge carrier endowed with artistic significance. Today, with the rapid development of economy, the art of "self" painting not only has the western artistic style, but also has a certain relationship with the aesthetic standards of China in the new era.

Fang Lijun is an indispensable painter in China's contemporary art world. After China's "85" art trend, many contemporary artists have made great achievements, and Fang Lijun is no exception. He has irreplaceable become the leader of "worldly realism". He uses his unique painting language and exaggerated techniques to express "self", examine the society, open his big mouth image and grotesque and indifferent expression to reveal the imbalance in the society. Fang Lijun's works are satirical humorous themes. While laughing at himself, he is also laughing at some problems in the society. The work itself contains wisdom in dealing with the world and a touch of helplessness in self mockery. Fang Lijun felt that he could not change the society, so he mocked the "self". The boredom permeated from the bone marrow filled the whole picture. This is a group art, which not only has the "self", but also has the content closely related to the "self". It uses the humanistic point of view to retain the original intention of the "self". In the content of painting, the work goes beyond the aesthetic definition of "Scar" art. Artists can focus on themselves instead of worrying about politics and history. They express the life of the characters around them, "self" emotion, etc., and narrow the distance between the painting and people. Such works are endless in the middle of the contemporary art world, with different methods and forms, all reflecting the "Humanistic" thought to varying degrees.

Heidegger once said, "beauty belongs to the self occurrence of truth." - "This is different from traditional realism. It makes people feel humorous and haunted." Contemporary artists have not only recorded life, but have a deeper understanding and view of life, and express these in painting, which contains a deep artistic concept. Painters' personal experience and unique thinking perspective are very important. They have insight into everything around them and themselves, thus forming a new aesthetic value orientation of contemporary painters. As Heidegger said, beauty comes from the artist's own behavior. The artist's skillful personal painting skills, coupled with wise insight, carefully capture every bit of life. The influence of external factors such as culture, history, nationality and economy in contemporary society jointly constructs the art evaluation standard of the new era.

Conclusions: Artists in the new era have broken the traditional painting mode and made the viewer refreshing. "Self" creation is organically combined with today's society and times, and there are great changes in the form of expression and aesthetic concept. "Self" theme creation will transform their own image into their own unique painting symbols, and then spread these painting symbols to the public, touching social problems in the simplest and most straightforward form. Painter Bao Jianfei wrote in an article on explaining the goal of the "new space" exhibition: "We strive to know ourselves through continuous exploration and self denial, find the meaning of art in the life familiar to us and our audience, reflect the ordinary life content of contemporary times, and express the power of our soul through simplified and processed images, colors and strengthened static forms, so that our audience's observation of the works does not just stay on the surface, but Pay more attention to the parts of the picture that need to be filled with free ideas. "

Key words: psychology - oil painting art-Self

* * * * *

THE INFLUENCE OF FOLK TRADITIONAL PHYSICAL EXERCISE ON STUDENTS' MENTAL HEALTH

Yanfei Liang

College Of Physical Education, Longdong University, Qingyang, 745000, China

Background: Folk traditional sports is an important part of our traditional culture, and the characteristics of folk traditional sports are simple, convenient and popular. It is uniquely entertaining, educational and cultural. In the process of physical exercise, students can not only enhance their self-confidence, but also help to improve their well-being. Folk traditional forms of physical exercise mainly include rope skipping, shuttlecock kicking, tug-of-war and stacking of Arhats. The elements of running, jumping and balance are effectively integrated into the exercise content. On the one hand, it can effectively improve students' athletic ability, and it is also helpful to cultivate students' sense of teamwork, establish a fighting spirit, and form a healthy mental quality. Physical and mental health has a positive impact. Carrying out folk traditional exercises in schools will help improve students' physical exercise forms and promote national culture. At the same time, physical exercise activities have low requirements on venues and equipment, and the rules are easy to understand and highly entertaining, which can fully mobilize the enthusiasm of students, improve students' interest in learning, and ensure the normal development of physical education activities.

Objective: Through in-depth investigation and analysis of the development of folk traditional physical exercise in many schools, we can understand the positive impact of folk traditional physical exercise on students' mental health, and aim to provide support and help for the healthy development of folk traditional physical exercise.

Subjects and methods: This paper takes a middle school in a city as the research object, conducts an in-depth analysis of the current situation of its folk traditional physical exercise, and actively explores the role of folk traditional exercise in middle school physical education, its positive impact on students' mental health, and the existing problems in current school physical education. In-depth analysis of the problem of folk traditional physical exercise provides a reference for the inheritance and development of folk traditional physical exercise. This article uses Internet information resources, retrieving academic journals, and consulting library materials to search for physical exercise and traditional folk sports as keywords. Questionnaire survey and interview method were used to investigate the content of traditional folk physical exercise in 12 middle schools in a city to understand the current situation, existing problems and impact on students' mental health in middle schools in the city, and put forward corresponding solutions.

Result: Through the research on the folk physical exercise activities carried out in a middle school in a certain city, the results are as follows: 1. There are few traditional physical exercises in a certain city. Although there are more resources and types of traditional physical exercise projects in the city, it still faces a series of problems. . Second, at present, the main problem of carrying out folk traditional physical exercise in middle schools in the city is that teachers and parents have insufficient understanding of folk traditional physical exercise, and the exercise content, exercise method and exercise time are short, which cannot have a positive impact on students. At the same time, the folk physical exercise programs mastered by teachers are uneven, and schools have few facilities for traditional folk physical exercises, which are limited by factors such as venues, resulting in low professional skills of teachers and inability to form good guidance for students. 3. In-depth analysis of the positive influence and performance of folk traditional physical exercise on students' mental health. Fourth, propose corresponding solutions. Actively change the concept of physical education in schools, create a good physical education environment, and continuously strengthen the publicity of traditional folk physical exercise. As an education management department, it is necessary to formulate relevant systems and policies to promote the development of traditional folk physical exercise, increase investment in sports equipment, carry out relevant exercise content, and pay attention to the cultivation of students' mental health. Strengthen the investment of teachers and reduce the burden on students. Pay attention to the important position of folk traditional physical exercise in physical education, enhance the fun and entertainment, and improve the health level of students.

Conclusion: In the development of traditional folk physical exercise activities in the city, there is still a problem of paying more attention to the text than the physical. There is a serious disconnect between family education and school education. Sports equipment varies greatly among schools, and sports games are carried out unevenly. In addition, schools, teachers and parents lack attention to traditional folk sports, resulting in insufficient school sports venues, lack of related equipment, inadequate security measures, and weak educational strength. In addition, with the development of the economy and the rapid development of the Internet, more and more students are addicted to online games and lack interest in outdoor sports activities, resulting in the lack of an environment for traditional folk sports to