

3. Build a "double qualified" teacher team through various ways. The lack of experienced teachers in Colleges and universities is a common phenomenon, especially in the major of art design. The lack of teachers affects the normal development of practical teaching, improves teachers' practical teaching ability and builds a high-quality team of practical teaching teachers, which is a common concern of the major of art design in Colleges and universities. First of all, the importing party not only has high theoretical cultivation, but also has high-quality talents with rich practical experience. Secondly, encourage teachers to participate in social practice, send teachers to practice units for training regularly, and participate in the completion and implementation of the project with enterprises. The college should formulate relevant incentive measures to improve teachers' enthusiasm. Finally, influential experts and experienced engineers of the enterprise are invited to the school for regular training, or talents with outstanding contributions in the industry are exceptionally employed as full-time teachers. Through the above ways, cultivate an excellent "double qualified" professional teacher team to ensure the development of art practice courses.

4. Build a teaching model with project as the carrier. At present, most college students lack the initiative of professional learning, which is rooted in the lack of authenticity of formal homework arrangement, fuzzy objectives and low points of interest. In view of the current situation, the project can be brought to the classroom through cooperation with the internship unit, which can solve this problem well. Taking the residential space design, the core course of environmental art, as an example, for this course, students can meet the course homework requirements by completing a set of home decoration design scheme. Students can easily complete their homework through reference materials and obtain satisfactory results, but this core course is easy to lose the significance and value of learning. If combined with the actual project and designed according to the design procedure, students will learn more knowledge from it.

5. Improve the monitoring and quality evaluation system of practical teaching process. How to improve the quality of talent training is the core of higher education. Practical teaching is the key link to improve the quality of talent training, but the current monitoring and evaluation system in the implementation process is not perfect, which needs to be further standardized and improved. The practical teaching of art design specialty has strong flexibility and a variety of practical forms. There is no sound norms and systems in the process of practical teaching, which is more arbitrary, which is easy to cause the practical teaching to become a mere form. Establish a perfect practical teaching monitoring and evaluation system, collect quality monitoring data and information from the form, process and results of practical teaching, and continuously improve and improve it as the evaluation standard.

Conclusions: Practical teaching system is the core component of art design education and the characteristic of art design education. The talent training and assessment system based on theoretical learning achievement can not make a fair and scientific evaluation of teachers' practical ability and students' practical ability. Whether the trained students can adapt to the society and have practical ability is not only an important standard to measure talents, but also an important standard to measure the quality of university teaching. Therefore, constructing the practical teaching mode of art design specialty from the aspects of teaching concept, teaching links, curriculum and teaching staff will promote the whole process and all-round reform of art design education in China, so as to promote the healthy development of art design education.

Key words: art - teaching mode - psychology

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STRATEGIES OF ARTISTIC EXPRESSION AND IMPROVING STUDENTS' EMOTIONAL EXPRESSION IN VIOLIN PERFORMANCE

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Background: Music art is an art form that uses organized sound to form auditory images to express people's thoughts and feelings and social real life. It can be divided into two categories: vocal music and instrumental music, that is, music sung with human voice and music played with instrumental music. As an educator majoring in music in Colleges and universities, I want to explore a scientific, practical and effective music teaching method from the perspective of instrumental performance art, and strive to make innovations and breakthroughs in traditional teaching, so as to improve teaching results. Artistic expressiveness refers to the appeal shown in artistic works. This paper discusses the musical artistic expression in violin performance, that is, the multiple functions and strong infectious force in the process

of violin performance, as well as the special effects in many aspects and their rich artistic conception, rhythm, rhythm, taste and so on. The expressive force of music art occupies an important position in the process of violin performance. It is closely related to the player's overall performance level. The accurate expression of music art content is based on the performer's skilled technology and hands. On the basis of paragraph, whether the performer's performance technology is skilled or not is directly related to the overall effect of performance. If the technical means of performance are poor, it is difficult to complete the vivid artistic performance and can not convey the content they want to express to the audience. In violin playing, first of all, the player should have a good playing posture: play in the most natural posture and make the body as relaxed as possible. The natural relaxed playing posture can help the player control the instrument and maximize the music effect, but the wrong playing posture will increase the burden on the body muscles, and over time, it will cause pain, and even occupational diseases. Therefore, a relaxed posture is very important. In the process of violin playing, the finger tremor of the left hand can enrich the timbre and enhance the musical expression. When completing the trill, the player should cooperate with the finger joints, wrists and arms loosely. The performance means of trembling finger can modify and process the timbre of violin, play the beautification effect of playing music, and thus well reflect the artistic expression of music. Therefore, violinists should make great efforts in playing skills and means, and flexibly use finger trembling technical means when playing, so as to better explore the connotation and emotion in music works and achieve the best performance effect.

Objective: China's violin professional education pays more attention to the training of professional technology, but ignores the psychological adjustment of students' performance. As a result, most students lose their previous superb skills in the process of performance, which is a pity for students and teachers. Violin performance is an artistic performance, and on-the-spot play has become a prerequisite for the performer's complete success. If the performer has strong psychological adjustment ability, he will achieve extraordinary artistic performance. To cultivate the psychological adjustment ability of violin performance, the instructor should pay enough attention to the students, carefully observe the students' shortcomings, and change the teaching methods. Most violin education institutions learn from foreign mature education ideas and combine teachers' rich teaching experience to put forward more perfect teaching methods, but some teachers are difficult to integrate experience into the teaching process. Therefore, educational institutions should clarify the teaching objectives, improve the application ability of teachers' professional knowledge, and realize the cultivation of students' psychological adjustment ability in violin performance.

Subjects and methods: Through the analysis of previous teaching experience, teachers tend to ignore students' psychological counseling while learning the professional knowledge of violin. Violin students often face three kinds of psychological problems; Confusion, impatience and inattention. Because learning violin major requires strong ability, only a few students who graduate from the Conservatory of music can enter the professional orchestra. If they can continue to study successfully, they will inevitably become rare and show people the charm of art. However, another violinist will not be so lucky. Therefore, some students have great psychological pressure to learn the violin, and it is difficult to give full play to their performance ability when facing live performance. To relieve the psychological confusion, educational institutions can provide students with the opportunity to meet and communicate with successful violinists, which can not only effectively improve students' professional level, but also relieve students' inner confusion. On the road of pursuing art, they can make full psychological preparation and meet the challenges in the future. In the process of daily violin training, psychological impatience has become a common problem of students, which is mainly reflected in the training process. They can't clarify the main purpose of each training and the shortcomings of their professional ability, but blindly "pass the music". There are more difficult passages, unwilling to slow down the speed of practice and compulsive psychology, which can not effectively improve the deficiencies in practice, but cause greater psychological pressure. Music and art performance is different from other disciplines. The formation of violin performance ability and personal style requires gradual efforts and long-term precipitation process to realize the cultivation of comprehensive violin performance ability. In the process of violin practice, we can't just rely on the previous professional ability. In case of difficult passages, we can slow down the practice speed, adjust our psychology, and then carry out daily training. Teachers should give correct guidance to students, encourage students to carry out slow-paced activities after practice, and improve their impatient problems. There are many problems that cause students' lack of concentration. If students can't concentrate in the teaching process, it will directly affect the quality and efficiency of teaching. Most students have strong personality psychology and are unwilling to accept the direct participation of teachers. Therefore, teachers can imperceptibly guide students, communicate with students, better understand students' psychological problems, give students some help, promote students to trust themselves, put forward effective improvement plans, and establish students' attitude of pursuing music correctness.

Result: The performance of violin is not only affected by basic skills, but also by psychological quality. Therefore, while learning skills, players should pay attention to the cultivation of psychological quality, so as to provide strong help for the future performance career. Violinists should use skilled techniques to make boring notes live and flexible in order to let the audience understand the connotation and emotion of music works, the performer needs to deeply explore and express the internal spirit and emotion of music works, so as to accurately and completely express the emotion and artistic connotation that the music creator wants to express. Carl Foley once said, "Violin performers must have the ability to express their enthusiasm." Therefore, violinists should play with enough enthusiasm to reach the effect of infecting the audience and convey the emotion and connotation of music works to the audience. Before performing, the performer should fully understand the creative background, thoughts and emotions of the music works, and fully invest in the performance, so as to accurately show the content he wants to express. The effect of violin performance is directly related to the player's personal cultivation. Violin performance conveys the player's thoughts and feelings through external forms. The performance effect is closely related to the player's aesthetic and artistic views. Through the music performance effect of the performer, the audience can understand the performer's comprehensive cultural cultivation. If the performer wants to play the moving piano sound and show the essential content of music works, he needs to have high cultural quality. Therefore, it is very necessary to improve the cultural cultivation of performers. Only with good cultural cultivation can we show the cultural heritage of music works, convey the content they want to express to the audience, and lead the audience to soar freely in the art kingdom of violin. Some mistakes are often encountered in the process of violin performance. Players with good personal quality can deal with the deficiencies of performance at a high level, so that the performance effect is still wonderful. Therefore, players should pay attention to improving their own cultural cultivation and take high-end methods to deal with performance errors, so as to achieve perfect performance effect. In addition, the performer's music literacy is also related to the overall performance effect, and is directly related to the music expression. Therefore, the performer should not only pay attention to professional knowledge and technology can learn, but also pay attention to the improvement of their own music cultivation. Violin players should also integrate their own emotional experience when playing, so as to better understand the connotation and emotion of music works, so as to achieve the best performance effect.

Conclusion: Firstly, cultivate the player's self-confidence. Self confidence is the recognition and affirmation of one's own ability, the spiritual strength of believing that one can complete the task, and the great driving force to promote one's success. Similarly, the self-confidence in performance also directly affects the success of performance. With self-confidence, we can not panic and express ourselves in an orderly manner. Therefore, we should pay attention to the cultivation of players' self-confidence, enjoy joy when they succeed, find out the reasons when they fail, solve problems, not be discouraged, and meet future challenges with confidence. Secondly, accumulate practical experience. Through practice, players can sum up experience in the experience of success and failure, provide guidance for future performance, and exercise their psychological tolerance in the experience of failure and success, so as to avoid stage fright and tension, improve their emotional self-regulation ability, and eliminate the problems of great joy and sorrow. Therefore, players should actively participate in performance activities of different types and scales, communicate and observe with their peers, and bravely express themselves, so as to improve their adaptability, so as to maintain a good performance mentality and ensure the success of the performance in the future. Finally, improve your attention. In the performance of violin, in order to ensure the attention during performance, we should start exercising when you practice. The formation of habits is formed from the accumulation bit by bit. Therefore, we should pay attention to each practice, improve attention and reduce mistakes. The number of times, continuous practice and continuous success can form good habits. In the real performance, the attention is highly focused on the performance, and the enthusiasm is put into the performance in order to achieve the state of taking off of thoughts and music. In the second creation of works, the exploration and development of musical sense is very important. The so-called musical sense generally refers to the artistic characteristics of the performer's experience of music and expression of music emotional language. It is a psychological process that is unclear. Teachers should be careful observe and study the students' emotional treatment of music in the process of performance, use corresponding effective methods to inspire and motivate them to actively and emotionally invest, and participate in the "second creation" of works full of creativity and imagination, so that the players can not only comply with the composer's creative intention, but also have their own personality in the interpretation of music works. Only in this way can we say that this is an almost perfect successful performance. After this process, the performer's passion and desire for performance will be mobilized to the greatest extent, which is the good quality pursued by students majoring in music performance. Because everyone's personality and psychological quality are different,

they will have such and such psychological problems. The more prominent ones are: timidity, panic, increased psychological burden, emotional disorder, even blank mind and forgetting the familiar score, which eventually leads to performance failure. In short, violin playing is a music performing art with beautiful lines and coordinated body movements constitute a visual beauty, which is full of emotion the heart shaking timbre gives people a harmonious and beautiful auditory enjoyment, the player is the creator and transmitter of beauty. This kind of beauty breaks through the gap between nation and country the barrier of the world has become the common language of all mankind, with its boundless "truth the essence of "goodness and beauty" moistens the hearts of the world.

Key words: performance- students - psychology

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STUDENTS' PSYCHOLOGICAL PROBLEMS AND COUNTERMEASURES IN FOREIGN LANGUAGE TEACHING

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Background: Dr. H.H. stern of the modern language center of Luen College in Canada pointed out that "there is no one who can teach language without understanding psychology teachers and tutorial theories. Similarly, it is not surprising that many teaching theory works have psychological characteristics and reference to modern psychological theories from time to time" (quoted by Bai Liu Runqing, 1999). Language teaching is inseparable from the guidance of psychology. The basic viewpoint of psychology is one of the theoretical foundations of various teaching methods. In addition, "(one of the characteristics of modern scientific development) is interdisciplinary influence and mutual penetration" (GUI Shichun, 2000). Educational psychology is an interdisciplinary subject of pedagogy and psychology, and its basic viewpoints and characteristics are directly related to teaching. English teaching is an interactive process. At the same time, it involves some psychological problems.

Objective: Educational psychology holds that in order to learn English well, we must first learn to remove obstacles in learning. There are two main obstacles for students in learning, one is knowledge obstacle; One is psychological disorder. Compared with knowledge barriers, psychological barriers are more serious and terrible. Therefore, to eliminate knowledge barriers in learning, we must first eliminate psychological barriers.

Subjects and methods: 1. Educational psychological problems. From the perspective of educational psychology. One of the biggest factors affecting the learning effect in the learning process is learners' emotional control. The main affective factors affecting foreign language teaching are motivation, attitude and personality characteristics. However, in China's English teaching, due to the lack of necessary cultural environment and atmosphere for learning foreign languages, some students learn foreign languages under the pressure of college entrance examination and CET-4, so their achievements are not ideal, resulting in a vicious circle and further resistance to foreign language learning.

2. Vocabulary psychological problems. In the process of English teaching, students generally respond that large vocabulary and difficulty in memorizing vocabulary directly lead to unsatisfactory English performance. In fact, through core vocabulary teaching method, familiar word meaning teaching, mastering word formation learning and skillfully using sound like memory method, English vocabulary teaching can be effectively improved, so as to solve the basic problems of English teaching.

3. Language sense psychological problems. Language sense is the foundation and essence of reading ability, that is to say, the level of reading ability is essentially the strength of foreign language language sense. Language sense is an intuition of language. Therefore, it is an urgent task for English quality education in subject teaching to cultivate students' language sense psychology and improve their reading ability.

4. Migration psychological problems. Cultivating students' mature transfer psychological quality is an important topic in English teaching reform. If the first learning has a positive impact on the follow-up learning, it is positive transfer, otherwise it is negative transfer. In English teaching, correctly