

language learning. When the answers given by students are inappropriate, teachers should first give them some affirmation and encouragement, and then guide them to think further and perform better. Teachers' positive language will give students the joy of success and produce positive emotions, so as to continuously strengthen the awareness and motivation of participating in communication.

Thirdly, teachers should be good at expressing their sincere feelings. When students answer questions, teachers should listen carefully, smile, and show hope and trust in their eyes. When necessary, teachers can properly participate in students' activities and provide timely help for them. Teachers should also respect students' individual differences. Give different students different emotional attitudes. For students with poor oral expression caused by psychological barriers, we can appropriately reduce their requirements and let them start with simple English from easy to difficult. Every bit of progress of students should be affirmed and praised in time, so that they can get a sense of achievement and have the motivation to make progress. When students encounter difficulties, teachers should guide them in time, help them eliminate psychological obstacles, reduce concerns, establish a correct learning attitude, enhance students' self-esteem and self-confidence, and promote students' active participation. Students' every bit of progress should be affirmed and praised in time, so that they can get a sense of achievement and have the motivation to make progress. When students encounter difficulties, teachers should guide them in time, help them eliminate psychological obstacles, reduce concerns, establish a correct learning attitude, enhance students' self-esteem and self-confidence, and promote students' active participation. When students are eager to try and are willing to accept tasks, they should be given the opportunity to exercise in time. When students' learning mood is not high, they should be encouraged to affirm their achievements. When students make achievements in their studies, they should put forward higher requirements in time.

4. Exercise strong will and overcome the fear of difficulties. Learning English is hard work. You can't succeed without strong will and perseverance. Therefore, in English learning, we should overcome the fear of difficulties and exercise students' strong will. Be strict with students. Any relaxation, carelessness and unprincipled accommodation to students' learning will strangle students' will. On the contrary, step by step and strictly require students not only to cultivate students' will, but also to enable students to obtain knowledge and develop intelligence. Encourage students to overcome difficulties. British politician disrieli said, "no education is better than adversity". Belinsky asserted that "misfortune is the best". Psychological research has proved that students will be satisfied and become a driving force for continuing learning if they overcome great difficulties and succeed, The motivation and interest in further learning will be strengthened. I often tell students that everyone will encounter difficulties in the process of learning. The key is to have a strong will and perseverance to overcome themselves and difficulties. Set an example for students. We know that students who study hard and do not achieve ideal results, on the one hand, feel frustrated, on the other hand, envy students with excellent results, and always hope to achieve ideal results. At this time, teachers should set up models and examples around them, stimulate students to exercise strong will and try to catch up with students with better grades. For example, after each exam, we can ask students to summarize the previous stage of learning, and communicate the representative summary in the class, so that students can learn other people's strengths and make up for their own shortcomings.

Conclusions: Psychological problems and other non intellectual factors are the flashpoints that can not be ignored in English teaching. In the process of English teaching, teachers should pay attention to the research of students' psychological problems, solve the psychological problems in English teaching from the aspects of atmosphere construction and teaching method improvement, and improve the quality of English teaching.

Key words: teaching- students - psychology

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EXPRESSION OF EMOTION AND ART IN FILM AND TELEVISION ANIMATION FROM THE PERSPECTIVE OF COLOR PSYCHOLOGY

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Background: The emergence of the artistic role of color psychology in animation has written a brilliant stroke for the history of color art and the art history of animation. This time, the artistic value of animation is more cherished and concerned by us. The combination of color art and animation will also move forward in the agitation of the progress of the times.

Objective: Whether it is the "Greek bottle painting" in the West or the terracotta warriors and horses in China, it can be proved that color has an irreplaceable expression effect in ancient times. With the development of social economy and the progress of science and technology, color also began to play an important role in cultural communication, which has been skillfully integrated into our daily life and cultural transmission. Especially in film and television animation, we not only need a solid and mature script, but also use reasonable film and television techniques to make it have high quality, and the rational use of color is a very key part. This paper makes a comprehensive research and Analysis on the application of color psychology in film and television animation, in order to improve the effect of color in film and television animation.

Subjects and methods: 1. Restore the expression characteristics of color. In the real world, mountains, rivers and other things can be perceived by human visual organs. Different from black-and-white animation, the primary role of color in color film and television animation works is to restore the color in the real world and achieve a preliminary cognitive reality, so as to enable the audience to establish a sense of substitution. Abnormal color use, which violates the realistic cognition, will trigger the brain's active correction behavior, and will lead to the adverse effects of dizziness and thinking fatigue in the aesthetic process. Unless otherwise necessary, in normal film and television animation, the use of color should be restored and displayed based on reality.

2. Comprehensive rhythm characteristics of color. Film and television animation is different from art works. It is a continuous dynamic picture produced by misleading people's visual organs through the principle of visual persistence. Color will not form specific meaning because of the residence time in a single picture and the appearance in individual pictures. Different from the basic technique of film and television - lens editing, color can not imitate the montage technique in editing. In dynamic film and television animation, multiple independent color patches are used to form meaning. However, in a picture, color should form a rhythmic and rhythmic whole, so that color can become a language to tell the story in film and television animation works, effectively render the atmosphere of the story expressed by the film, and show the meaning through the whole. For example, in the animated film Kung Fu Panda 2, black is often used as the background color in the picture of shaping Shen peacock. The picture of going to war is often accompanied by dark elements such as black clouds, black and brown armor soldiers, black silk and satin cloth. Compared with the visual impact of Shen peacock in white, it forms a humorous depiction of the dark Shen peacock in his heart. Among them, black does not exist in a single subject, but cooperates in the overall shaping to produce a comprehensive meaning.

3. Expression statement characteristics of color. The use of color in film and television animation is continuous and complete. It is full of people's desire and expectation for emotional transmission. In different narrative paragraphs, the changing combination of colors and patterns, the application of continuous pictures to tell the story, in the expression of emotion. The expression of the theme of the work often has a very strong personal subjectivity and the non realism of the plot and picture. Therefore, the color language of the work also has a strong personal subjective color, which can be described as the "expression" symbol of the director's own discourse. When telling the story, we will use different color tones to set off the emotion according to the different storylines, so that the whole film and television animation works can form a unified color style, have an overall color tone, and scientifically and reasonably use color to express the theme of film and television works. Although, the picture color shown in film and television works may not reflect the actual color, and even the use of most colors has far exceeded the objective object color in real life. However, the use of "objective borrowing" and "subjective giving" color meaning, combined with the development of the story, can not only express the ideological meaning of the works and effectively render the Central Ideological and emotional atmosphere of film and television works, but also achieve the visual impact of the picture through abnormal color visual effects, so as to attract the audience's interest in watching movies, Arouse the audience's emotional resonance, so as to imperceptibly affect the audience's ideology and express the core theme of the director's works.

4. Associative symbolic characteristics of color. In film and television animation works, according to the theme of the works and the director's needs for plot expression, one or more specific colors are used to express some abstract emotional meanings, philosophical principles and methods to stimulate the audience's visual nerve, so that people can think through colors, and then feel the theme of the works. Differences according to regional characteristics; The difference of national culture; Characteristics of historical development; The influence of education or religion and other objective factors give the color elements in film and television animation a specific and irreplaceable meaning. Make the animation itself form a proprietary symbol or multi-level meaning expression with the help of Color Association. Broadly speaking, color has universal association and symbolic significance in specific elements. It is an intuitive response based on the real world. However, in terms of chivalry, to complete the specific association and symbol of color, it must be based on the subjective color tone. Color tone is the general tendency of the

overall picture tone emotion of a film and television animation work. Film and television animation uses a large number of colors with common characteristics to render the picture, and then sets off the main idea of the director in film and television animation. The expression of thought itself is a kind of association and symbol, but in the process of color transmission, it forms a strong visual impact, and re injects the association and symbol caused by color into the meaning of color through a closed-loop way.

Results: 1. The role of color in character design. In shaping the role, various film and television techniques can be described as a hundred flowers bloom. In the initial stage of character shaping, because the bedding of the plot is not enough, it is likely to cause the audience to have a stiff feeling. Film and television color has a unique advantage of natural transfer, so it can effectively promote the initial shaping of the role and promote the audience to produce an accurate first impression. Various colors can effectively imply different personality characteristics of characters. Through the application of colors, the image of characters can be set off on the side, so as to improve the recognition of characters and realize a unique expression effect. Take the Disney animation "mind secret service" as an example. When the animated characters appear, they use five colors representing different meanings to hint at the characters' different personality characteristics, including red (angry), yellow (happy), blue (SAD), green (disgusted) and purple (fear). Bright yellow can bring people a warm and pleasant emotional experience. When the audience sees this color, they will unconsciously associate with the character's "happy" character (optimistic and positive). Before the plot is launched, the audience has made an accurate and preliminary impression on the five animated characters. It can be seen that the rational use of color in film and television animation can effectively save the time spent in the early preparation and make the proportion of plot time more scientific. At the same time, it can also enhance the recognition of characters, deepen the audience's impression and obtain unique judgment Beautiful experience. In addition, color itself is an important part of character modeling design. The emotional experience obtained in color is subjective. Therefore, when applying color to shape characters, we need to combine the overall style of film and television animation, fully consider the needs of different audiences and the director's expression concept, so as to effectively play the role of color in character shaping, and even promote it to become the character symbol of animated characters. Taking the film and television animation Doraemon as an example, sky blue is the main color matching of the animated character robot cat. The wisdom represented by sky blue is consistent with the role image of the robot cat. The audience invisibly connects sky blue with the robot cat, which can not only deepen the audience's impression of the work, but also effectively promote the development of the plot. For example, in the follow-up plot, when Da Xiong misses the robot cat who has left temporarily, the director uses a blue ball to guide the audience and the protagonist to think that the object is a robot cat, which is to mobilize everyone's emotion of missing the robot cat through color. Thus, through the practical application of color psychology, we can form an organic whole of color and characters, and make color become the symbol of animation characters.

2. The role of color in scene design. Compared with ordinary film and television works, the function of color in animation works is more significant and rich. Animation works can realize the function of highlighting the main things through color, and urge the audience to focus on the main body that the director wants to express. Color and Magic have certain similarities, which can effectively cause changes in the visual size, weight and focus of the audience. Through the change of tone, the audience's perceived warmth can be adjusted, resulting in the change of emotional experience; People have the psychological characteristic that thickness is equal to weight, so using the change of color depth can effectively control the total visual volume of the audience; The light and shade of color can guide the audience to focus on the subject that is easier to be perceived, and realize the expression effect of highlighting the subject. It can be seen that the adjustment of color can effectively promote the animation scene to have a more dynamic and spatial sense. Taking the film and television animation Kung Fu Panda 3 as an example, the director used dark green and golden yellow respectively when he showed that the underworld obtained the power of blessing the sun. Compared with dark green, golden yellow is more bright and bright, representing blessing and expectation. At the same time, golden yellow will make the scene appear more magnificent and generous, thus highlighting the power of this divine power. Thus, the rational use of color in film and television animation can accurately render the atmosphere, so as to make the audience have an immersive emotional experience.

3. The role of color in rendering emotional atmosphere. In addition to playing an important role in scene design, color can also be used to render the emotions of animated characters. With the development of the plot or the change of animation characters' emotions, the color atmosphere should also be adjusted accordingly. Taking the Japanese animation "Crayon Shin" as an example, when showing Shin's dream, the director uses bright colors to render the atmosphere, so as to give people an illusory feeling and enable the audience to react quickly. This is a dream. When Xiaoxin is frustrated and sad due to setbacks, the director does not reflect on the characters, but chooses to blur the color of the upper

part of the picture, so as to produce a gray upper edge of the picture and guide the audience to produce an emotional experience of "frustration". When Xiaoxin is happy, he also uses color to render and create an appropriate atmosphere to accurately express the emotions of animated characters.

Conclusions: Color psychology requires every film and television animation producer to thoroughly analyze the audience expressed by the animation's own theme. Only by reasonably borrowing the audience's emotional identity for color, can color play its role better, strengthen the storytelling and coordination of the whole work, and make the picture of the work more dynamic and beautiful, The thoughts and emotions of the works can also be further strengthened and reflected, effectively promoting the audience to invest in the story development of film and television animation works. Finally, the use of film and television color should establish the emotional identity of plot or character shaping and transfer it back to the color itself as the goal, so as to better make the color become the "gold lettered signboard" of their own film and television animation works.

Key words: psychology- color - film

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THE IMPORTANCE OF MENTAL HEALTH EDUCATION IN COLLEGE STUDENTS' TWO COURSES OF EDUCATION IN THE NEW ERA

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Background: Nowadays, with the emergence of new social elements, college students' Outlook on life and values have become diversified, and the social competition is becoming more and more fierce. In this process, college students' mental health defects are particularly prominent. Therefore, in the process of two courses of education, it should be combined with mental health education to establish a sound personality quality and efficiently complete the work of Two courses of education. Therefore, this paper will start with the psychological education of college students, and realize its importance to ideological education by understanding its relationship with two courses of education.

Objective: Mental health education and two courses of education are the top priority of college education, and they are closely related. By introducing the meaning of College Students' mental health education, this paper analyzes the relationship between them from the four perspectives of educational content, educational objectives, educational methods and educational environment, and focuses on the value of mental health education in college students' Two courses of education, so that we can better understand the importance of mental health education in college students' Two courses of education, This paper puts forward some suggestions on the effective integration of mental health education and two courses of education.

Subjects and methods: There are some differences between the two. Mental health education mainly takes pedagogy and psychology as the core. Its main purpose is to shape students' psychological quality, improve students' cognitive ability and promote students' rational development by using and improving students' psychology and personality, so as to achieve the purpose of establishing students' healthy psychology. The two courses of education mainly focuses on Marxism Leninism, sociology, ethics and politics. The main purpose is to establish students' values, outlook on life and world outlook, let students have their own ideals and goals for themselves, and use the way of Two courses of education to educate students' thoughts.

The focus of education is different. Each of these two teaching methods and disciplines has its own way of education. Two courses of education and mental health education belong to different teaching directions. They have different emphases involved in educational tasks and determine different directions. Among them, mental health education attaches importance to students' psychological aspects. The main purpose is to cultivate students' psychological quality from the aspects of students' mental state, personality quality, anti Strike ability and environmental adaptation. Two courses of education focuses on a person's ideological level. It is mainly to educate people's thought, educate people's legal consciousness and standardize people's morality and ethics.

There is some correlation between the two. Mental health education is not only the basic premise of Two courses of education, but also an important way to improve the effectiveness of Two courses of education. Whether a person's mental health is really healthy, the degree and breadth of health can greatly affect the acceptance of a person's two courses of education. Only with a healthy mind and a pure