

APPLICATION OF DIFFERENT PERSONALITY EDUCATION AND EMOTIONAL EMPATHY IN TEACHER-STUDENT INTERACTION

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Background: In recent years, with the continuous improvement of people's understanding of personality education, more and more students, parents and even teachers hold a negative attitude towards "cramming" and "preaching" education. It is more inclined to require teachers to fully grasp students' psychology and pay attention to teaching psychological skills such as teacher-student interaction. Master the basic psychological knowledge and apply it to teaching practice. Guided by the theory of education and mental health, the practice of psychological education can grasp the correct direction and promote the in-depth development of educational reform. Education and mental health can play a very important role in practical teaching. Applying personality education and mental health to teaching can help teachers understand problems accurately; Be able to scientifically analyze the teaching process, understand the essence, law and function of psychological activities in the teaching process, and intervene and predict students' learning characteristics and intellectual development from a psychological perspective; It can help teachers conduct research in combination with the actual situation, provide scientific theoretical guidance for practical teaching, and promote the improvement of teaching quality.

Objective: Education and mental health is a science that studies the basic laws of pedagogy in educational situations. It is a kind of Applied Mental and an interdisciplinary subject of mental. The research object of education and mental health is all kinds of mental changes in the process of education, which aims to understand students' learning mental and create effective teaching situations according to these understandings. If teachers can understand and master students' mental in teaching, and design classroom teaching procedures according to the principles of education and mental health to let students follow teachers' ideas, they can optimize classroom efficiency, reduce students' burden and improve teaching results. At the same time, in the communication with students after class, teachers should also pay attention to students' mental characteristics, find the starting point of conversation, communicate effectively with students, and try to be a teacher that students like, which will be beneficial to the teaching of the subject.

Subjects and methods: 1. The basic connotation of education and mental health. Research object & content. Education and mental health is a science that studies the basic mental laws of education and teaching in education and teaching situations. It is not only a kind of applied mental, but also an interdisciplinary subject of pedagogy and mental. Learning mental is the core of education and mental health. The role of education and mental health. It can describe, explain, predict and control educational practice. Specifically, it includes: (1) Helping teachers accurately understand problems; (2) Providing scientific theoretical guidance for practical teaching; (3) Helping teachers predict and intervene students' behavior; (4) Helping teachers carry out educational research in combination with practical teaching. 2. Main mental phenomena of students. The development of human life can be roughly divided into seven periods, the infancy is 0 - 3 years old; Early childhood 3-6 years old; childhood 7. 12 years old; Puberty: 11 years old, 12 years old, 15 years old, 16 years old; Youth (17 years old, 18 - 35 years old); Then middle age, old age. Human mental phenomena are divided into two aspects: mental process and personality. Mental process includes cognition, emotion and will. Personality has two aspects: Tendency and personality characteristics. There are feeling, perception, memory, thinking, speech and imagination in cognition. Emotions include happiness, anger, sadness, fear, mood, passion, stress, sense of morality, sense of beauty and sense of reason. Will has the stage of will action and the conflict of motivation. In terms of personality, we mainly understand students' needs, motivation, ability, temperament and personality. We should know that students are different in these aspects. Different students have different needs and motives, and the results are different. With the same needs and motivation, students with different temperament and personality also have different results. As we all know, people's temperament is divided into bile, bloody, mucus and depression. There is no good or bad in the four temperament, but for the same thing, people with different temperament make different results. In class, choleric students can adhere to lectures for a long time, while bloody students are easy to distract. Mucinous students are attentive but unwilling to speak, while depressed students are timid, withdrawn and careful. If we understand these contents, we can more easily understand the various performances of students. Some students make trouble in class. He is a bloody student. He can't control it. For depressed students, we should care more and scold less. Because they are fragile. When assigning work, you can also assign work according to the temperament type of students. Bile students are energetic and can arrange more work. Mucinous students have a clear mind and are organized. They can arrange some difficult jobs according to their needs.

Results: 1. Teachers should be emotional and create a good learning environment for students. Education and mental health holds that people's interest in learning is closely related to their emotions. Practice has also proved that students' interest in a certain subject is often directly related to the teacher's attitude. If students like you, they will like your subject. On the contrary, they will be tired of the courses you teach. Therefore, teachers should consciously pay attention to emotional investment, arouse students' resonance with teachers' sincere love, influence students through words and deeds, and create a relaxed and pleasant learning atmosphere for students. Students can study happily and thrive in this environment. This requires that in the process of lesson preparation, teachers should not only be familiar with the financial and tax knowledge in the teaching materials, but also be good at studying the emotional color and presentation mode in the teaching materials, carefully analyze the students' ideological dynamics, predict the possible sudden phenomena in the classroom, and fully consider the emotional atmosphere in the classroom, Teachers should internalize their love for students and subject knowledge into a strong driving force, so as to stimulate students' scientific attitude of loving subject knowledge and being rigorous and realistic.

2. Teachers should "cultivate love with love", get along with students equally and pay attention to love education. Someone once said that the greatest secret of morality is love. In educational activities, teachers should love students and pass on their love. Today, they will sow the seeds of love. Tomorrow, there will be an emotional flower that loves human beings. This means that teachers should get along with students on an equal footing. It is strictly forbidden to demand or scold their students with a teacher's superior attitude, which will hurt students' self-esteem and make students bored with teachers and their teaching subjects. As a head teacher, teachers should often carry out heart to heart talks with students, timely understand students' ideological trends, and grasp the direction for students' correct development. Teachers should also take advantage of recess and collective activities to go to class activities, so that they can not only make sincere friends with students and carry out emotional exchanges, but also use their profound knowledge to assist answers and teach for fun. With emotion as the foundation between teachers and students, it can also stimulate students' thirst for knowledge and thinking ability, which will imperceptibly cultivate students' interest in learning. And make them feel that teachers are not only concerned about students' learning all the time, but also about their life. In this way, the relationship between students and teachers is closer, and teachers and students also achieve the purpose of emotional communication. By simply caring and deliberately paving the way for the introduction of the new course, the teacher naturally leads out the content of bookkeeping to be learned in this class, so that the learning of new knowledge starts with cordial greetings and expresses the teacher's concern and friendly feelings for students in combination with the actual situation of the class. The age of college students is full of vitality, vitality and extremely rich emotion, not just a container for knowledge. Therefore, teachers should have the awareness of serving students. Teachers should position their role as guides, helpers or servers, not leaders. Teachers should not use the cramming teaching method of "I tell you, you listen, how many students the teacher says" to carry out classroom teaching, but should take students as the main body and create a classroom teaching activity process of interaction and communication between teachers and students. Emotion is a mountain of energy, and students' emotional power, whether positive or negative, contains huge energy. At present, the society is also actively advocating the transmission of social positive energy. In order to mobilize students' positive energy, teachers should first be full of love and enthusiasm for students, exchange heart for heart and passion. Inspired by the teacher's emotion, students will glow with great learning enthusiasm. Such classroom teaching activities will become the exchange of emotion and emotion between teachers and students, and the dialogue between life and life.

3. Teachers should give full play to the role of encouragement and guidance to stimulate them to have the internal motivation to learn accounting courses well. As a special term in mental, motivation refers to the mental process of stimulating people's motivation. Through motivation, people can always maintain a positive state of excitement under the influence of some internal or external stimulation. Incentive teaching method refers to an incentive feedback information implemented by teachers in teaching on the changes of students' thought and behavior, learning process and personality. As for the accounting major in our colleges and universities, the content is relatively monotonous, the teachers are also boring, and the relationship in the accounts is too complicated. Using general teaching methods is easy to cause students' boredom. Therefore, the appropriate use of incentive measures in classroom teaching can fully mobilize students' learning initiative, better tap students' internal potential, cultivate students' learning interest, and make students devote themselves to learning, so as to improve the effectiveness of teaching, Then improve the quality of education and teaching. In view of the actual situation that college students have shallow life experience and weak moral concept, I often use the

example teaching method in finance and taxation teaching. That is to encourage students with advanced figures as an example and carry out positive education for students. From the perspective of education and mental health, it is also in line with their cognitive characteristics and has received good results. Selecting advanced figures as examples should be selected from those familiar to students or graduated from our school, so that the distance between advanced figures and students is closer and more powerful for students to accept learning. When students imitate, they will be shocked to form positive thoughts and emotions, and turn these internal emotions into actions. At the same time, teachers should also pay attention to the influence of excellent students in their class on other students, and timely affirm and praise the students' good ideas and habits in different forms, so as to form a good atmosphere of learning and catching up with and surpassing the advanced for a class. Of course, teachers should also note that the class can not set an example, because it is too unlikely for backward students to catch up. After a long time, they will lose confidence and enthusiasm for progress and can not get the expected effect. Therefore, they can set different examples according to the actual situation of class students. It should also be noted that the example is not invariable. Whoever catches up with or exceeds the self-set example will naturally become the example of other students. Only in this way can we encourage students to make continuous progress.

Conclusions: In the modern education and teaching system, how to effectively use education and personality training in teaching is a very systematic education and teaching topic. All colleagues need to constantly strengthen their psychological knowledge, constantly improve their psychological teaching thinking, and constantly actively explore and practice in specific teaching. The correct application of the guiding role of education and personality mental health can bring a very effective and positive role to the teaching work and greatly improve the teaching level.

Key words: mental - finance and taxation - teaching

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THE INFLUENCE OF SPORTS ON COLLEGE STUDENTS' PHYSICAL AND MENTAL TEMPERAMENT AND PERSONALITY

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Background: At present, people live in the rapidly developing information age, and society changes with each passing day. In such an environment, people's pace of life is faster and faster, and they are facing more and more pressure, especially for college students. In recent years, the physical and mental health of many college students in China is not optimistic. Students' physical fitness is declining and their psychological quality is getting worse and worse. Therefore, it is urgent to improve the physical and mental health level of college students. Sports plays an important role in promoting the development of students' physical and mental health. This paper also hopes to make people, especially college students, better understand the role of sports in promoting their own development, actively participate in various sports activities, so as to improve their physical and mental temperament and better develop themselves. Therefore, the research on the role of physical education in promoting college students' physical and mental health is of great significance.

Goal: college students are the future of the country and the hope of the nation. They shoulder the great task of socialist construction and national rejuvenation in the future. Therefore, whether for the country or the nation, it is very important to promote the healthy development of College Students' physical and mental temperament, and sports plays a great role in this regard. In today's world, with the improvement of people's living standards, the development of modern society and the prosperity of culture, sports have also developed rapidly, showing a good momentum of development. At present, sports has become an important part of people's daily life, especially college students. It can not only regulate the physical state of college students and promote the improvement of their physical quality, but also is of great significance to promote the development of their personality and temperament.