

ANALYSIS OF PSYCHOLOGICAL ATMOSPHERE OF PERSONALITY DEVELOPMENT IN PHYSICAL EDUCATION

Ning Dong

Physical Education Department, Zhejiang Industry Polytechnic College, Shaoxing, 312000, China

Background: The traditional sports teaching theory and sports psychology often emphasize the technical factors in the process of sports teaching and exclude the emotional factors. It often studies the basic elements such as teaching methods, organizational forms and teaching attitudes from the perspective of individuals and the psychological characteristics of mastering the formation of sports knowledge, technology and skills, resulting in Teachers' coercion, students' blind obedience, lack of active atmosphere and pleasant interest, so it can not mobilize students' enthusiasm and initiative. However, in the process of physical education teaching, the intention, motivation and interest of teaching and learning are always produced in a certain situation and atmosphere. The process of cognition, the formation of skills and the development of creativity are all imperceptibly carried out in the psychological atmosphere of physical education teaching. Once the teaching atmosphere is produced, it will become a kind of social pressure, which will have a significant impact on the value, attitude and behavior of the members of the teaching collective, so as to affect the physical education teaching. This micro social environment plays an important role in students' physical and mental development. Creating a good teaching psychological atmosphere is an indispensable and important content in physical education.

Subjects and methods: Traditional physical education teaching often emphasizes the technical factors in the process of physical education teaching and excludes the emotional factors, resulting in Teachers' coercion, students' blind obedience, lack of active atmosphere and pleasant interest. Therefore, it can not mobilize students' enthusiasm and initiative, which will affect the realization of physical education teaching objectives. In view of this situation, this paper focuses on how to create a good teaching psychological atmosphere, and puts forward the operable ways to build a good psychological atmosphere.

Results: This paper holds that the construction of good psychological atmosphere in physical education teaching should improve teachers' guiding style; Establish a harmonious interpersonal relationship between teachers and students and open up a variety of communication channels; Set up correct physical education teaching thought and effectively control the teaching process; Enrich teaching art and improve teaching skills; Properly handle accidental events and maintain classroom order; Strengthen collective consciousness and cultivate the spirit of unity and cooperation; Respect students' personality differences and promote students' personality development.

Conclusions: From the perspective of modern psychology, teachers and students mainly have two psychological elements in the teaching process, namely emotional elements and cognitive elements. In the process of physical education teaching, the intention, motivation and interest of teaching and learning are always produced in a certain situation and atmosphere. The process of cognition, the formation of skills and the development of creativity are all imperceptibly carried out in the psychological atmosphere of physical education teaching. A good teaching atmosphere is an infectious and uplifting educational situation, which can make students influenced and influenced and produce emotional resonance. Only a positive classroom atmosphere can meet the psychological characteristics of students' thirst for knowledge. The harmonious relationship between teachers and students and between students can promote the development of students' learning and thinking.

* * * * *

STUDY ON EMOTIONAL EMPATHY BEHAVIOR OF WOMEN IN ANCIENT PRIVATE GARDENS

Guorui Li

Shaanxi Fashion Engineering University, Xi'an, Shaanxi, 712046, China

Background: Social space is the product of society. Gender, as a kind of social relations, projects gender differences into space to form gender space. The meaning of space itself is often different due to the gender of users. When western feminism gradually infiltrates into the academic fields of politics, economy and history, they realize that occupying space is a political action. The right to enter space is closely related to social status and social power, and the differentiation of changing space and changing society are also inseparable. Although the relationship between women and gardens is very important, the

female characteristics of gardens, as a very special part of garden culture, have not received due attention, and there are few relevant studies. It is urgent to further explore and study how the social political, economic, cultural and other social space structures discipline women and what impact women have on the construction of traditional garden space.

Subjects and methods: As the cultural projection behind space, gender factor is often of great significance to the production of space. As an important user of private gardens, there is an inseparable relationship between ancient Chinese women and ancient private gardens. By analyzing the social meaning of women's behavior and space in ancient private gardens, this paper interprets the construction logic of private garden space from the functional expression and female characteristics of garden space, so as to make up for the defects and deficiencies caused by examining garden space from the traditional perspective of no gender difference.

Results: Gender relations are engraved in architecture and garden space. It will continue to appear and develop in material space and evolve in the process of daily life and construction. The formation of the relationship between women and garden space is not only the natural factors of women's physiology and psychology, but also the historical factors such as women's social environment and family status. By investigating the Gender Ethics condensed in the traditional garden space, we can not only reveal the structure and characteristics of gender space in ancient Chinese feudal society, but also consider the relationship between garden space and gender, society and history from a female perspective, think about the construction logic of private home forest in ancient China, and then interpret the deep significance of the composition and form of garden space.

Conclusions: The inextricable relationship between women and garden space not only exists in history, but also plays an important role in the planning and design of modern garden space. Examining garden space from a female perspective opens a new research vision, which will also play a certain role in thinking and reference for modern garden planning and design, and make up for the defects and deficiencies caused by the traditional non gender perspective.

Acknowledgements

The study was supported by the Research Topics on Chinese Excellent Traditional Culture 2010QCT01012.

* * * * *

ANALYSIS OF THE INFLUENCE OF PERFORMERS' EMOTIONAL PERFORMANCE ON THE POSITIONING OF SCENE STYLE

Wen Li

Wuhan Business University, Wuhan, Hubei, 430000, China

Background: The color, decoration style and visual language in the scene are important artistic language and expression means in animation creation. They can shape characters, express emotions and convey the creator's intention and thought. In the scene design, the appropriate use of psychological knowledge can better convey the performer's psychological state and emotion through visual language, deeply express the performer's emotion, and make the shape of the performer more three-dimensional and complete. The rational use of the scene can form a unique visual picture style of the film, enhance the expressiveness, bring strong emotional impact, and enable the audience to understand and experience the film from multiple angles. The impact of scene style positioning, tone, light and shadow, color matching and so on the performer's emotional performance can not be underestimated. How to better use the scene to set off the performer's emotion is a problem that must be considered and studied in the process of animation creation.

Subjects and methods: The style orientation of the animation scene determines the tone of the whole animation work. According to the different settings of the film's world outlook and the different needs of the plot and theme, the style types of the scene are also diverse. It not only affects the atmosphere and temperament of the whole animation, but also has an inevitable connection with the performer's emotional performance. Using the research methods of literature and summary, this paper studies the performance of scene style positioning on the performer's emotion, the performance of scene tone and light and shadow on the performer's emotion, and the performance of scene matching on the performer's emotion.

Results: This paper believes that the style orientation of color can be roughly divided into three types: objective realistic style tendency, subjective exaggerated style tendency and other stylized style tendencies. Animation scene plays an important role in the performer's emotional expression and has a