teaching in Colleges and universities in Gansu from another perspective and find out the gap in physical education teaching. From the perspective of interpersonal relationship, it provides a reference basis for decision-makers to optimize the psychological environment of physical education teaching, improve and improve the quality of physical education teaching, deepen teaching reform and promote people's all-round development.

Subjects and methods: Using the methods of literature, interview, observation and questionnaire, this paper investigates the current situation of interpersonal relationship in physical education teaching environment in Colleges and universities in Gansu Province from two aspects: teacher-student relationship and student relationship.

Results: The results show that in the relationship between teachers and students, teachers and students can hold the attitude of respect, understanding, support, love and fairness, but teachers and students don't like communication with each other. In the style of physical education teachers, students believe that only 32.7% of teachers are democratic in physical education. In the expectation of PE teachers and students, most PE teachers believe that they have high expectations for students in teaching, but students believe that it is not the case, just the opposite. In terms of the quality and professional working ability of physical education teachers, most physical education teachers can set an example with good quality, but their professional working ability is general on the whole. From the perspective of student relationship, most students can be friendly, cooperative and mutual aid, recognize and praise each other, and their mutual competition is benign. The small group relationship between most students can promote learning.

Conclusions: In order to make the relationship between most teachers and students develop towards an intimate relationship in physical education teaching, we must pay attention to strengthening and improving the relationship between students and physical education teachers. By changing the concept of physical education teachers, we can promote the transformation of physical education teachers' teaching style to democratic style. Improve teachers' expectations of students from the perspective of students, continue to maintain the good quality of physical education teachers, and gradually improve teachers' professional ability.

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NETWORK MORAL QUALITY MANAGEMENT BASED ON FREEDOM OF SPEECH AND VIOLENT SPEECH
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Background: With the wide application of the Internet, Internet public opinion violence has attracted more and more attention. Although thousands of information related to network public opinion violence can be searched on the Internet, there is no authoritative definition of network public opinion violence in the academic community. The author believes that the so-called network public opinion violence refers to the use of Internet platforms and technical means to create a kind of public opinion beyond the boundaries of morality and law under the control of irrational emotions. The moral judgment and verbal attack on the parties will seriously affect the normal life of the parties and their relatives and friends, and even spread into a group tort that attacks the parties by illegal means and infringes on the legitimate rights and interests of the parties in real life. It can be divided into two categories: first, language violence, in which netizens denounce the parties in group discussions, mostly abusive and insulting offensive language; The second is behavioral violence, which is the spread of network public opinion violence in reality. Netizens cause direct personal injury to the parties in real life, and serious may also lead to group events.

Subjects and methods: In recent years, the standard frequency of network public opinion violence has emerged, which has attracted great attention from all walks of life. This paper discusses the psychological causes of network public opinion violence by using the methods of literature and document investigation, so as to provide a theoretical reference for formulating effective network public opinion guidance measures.

Results: This paper holds that conformity psychology, frustration psychology, collective unconsciousness and pan moral psychology are the psychological causes of network public opinion violence. This paper puts forward the coping strategies of network public opinion violence from the four levels of government, society, industry and Internet users. The government should innovate social management and play a
leading role; The society should improve its organizational ability and give full play to its main function; The industry should strengthen the self-discipline of the network industry and give play to the role of "checking"; Netizens should enhance their moral awareness and improve their behavior quality.

**Conclusions:** In a free and democratic society, its network public opinion environment must be noisy, and all kinds of voices should have their own space. The opening of the network makes it have a powerful self-correction function, which can provide a better environment for freedom of speech and the improvement of society. However, the Internet, Internet users, society and relevant government departments should fully combine self-discipline and Heteronomy to grasp the degree of freedom of speech and violent speech. Turn the violence of Internet public opinion into the goodness of the Internet, and turn the psychology of Internet users into a new trend to promote social integrity.

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**ANALYSIS OF STUDENTS' EMOTION AND BEHAVIOR UNDER THE PSYCHOLOGICAL ENVIRONMENT OF PHYSICAL EDUCATION TEACHING**

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**Background:** The interpersonal relationship in physical education teaching is the interpersonal relationship between teachers and students, students and students. It is the most sensitive and influential factor in the physical psychological environment. It directly affects the cognition, emotion and behavior of teachers and students in teaching and learning. Establishing a good interpersonal relationship and creating an objective environment of strict requirements, tolerance and harmony is not only an important prerequisite for building a psychological environment of physical education teaching and a harmonious campus, but also the key to the success of physical education teaching. This study discusses the situation of physical education teaching in Colleges and universities from the perspective of interpersonal relationship in the psychological environment of physical education teaching, finds out the practical problems existing in physical education teaching in Colleges and universities, and finds out the gap in physical education teaching.

**Subjects and methods:** Using the methods of literature, interview, observation and questionnaire, this paper analyzes the current situation of interpersonal relationship in physical education teaching environment in Colleges and universities in Gansu Province. Taking 240 PE teachers and 360 students from 12 colleges and universities as the research object.

**Results:** In the relationship between teachers and students, teachers and students can respect, understand, support, love and be fair to each other, but teachers and students don't like communication with each other; In the style of physical education teachers, students believe that only 32.7% of teachers are democratic in physical education. In the expectation of PE teachers and students, most PE teachers believe that they have high expectations for students in teaching, but students believe that it is not the case, just the opposite. In terms of the quality and professional working ability of physical education teachers, most physical education teachers can set an example with good quality, but their professional working ability is general on the whole. From the perspective of student relationship, most students can be friendly, cooperative and mutual aid, recognize and praise each other, and their mutual competition is benign. The small group relationship between most students can promote learning.

**Conclusions:** Most PE teachers can cooperate with each other and communicate their teaching ideas; Most teachers hold a respectful, understanding and fair attitude towards students, and can communicate and be psychologically compatible with students; Most students can respect or respect PE teachers. On the one hand, it is conducive to the reform and deepening of physical education in Colleges and universities; On the other hand, it can effectively promote the improvement of physical education teaching quality. From the perspective of interpersonal relationship, it provides a reference basis for decision-makers to optimize the psychological environment of physical education teaching, improve and improve the quality of physical education teaching, deepen teaching reform and promote people's all-round development.

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