

ANALYSIS ON THE GENERAL DEPERSONALIZATION TENDENCY OF STUDENTS MAJORING IN HOTEL MANAGEMENT AFTER PRACTICE

Jinping Xu

School of Management, Wuhan College, Wuhan, Hubei, 430212, China

Background: Job burnout was first proposed by American psychiatrist Freudenberger, H. in 1974. After workers have job burnout, their sense of identity will decline, their subjective initiative to work will decline, and their work effectiveness will also decrease. Because the physical and psychological development of higher vocational students is not fully mature, they have a high probability of job burnout during their internship. If students produce job burnout prematurely in the initial stage of their career, it is extremely unfavorable to the sustainable development of students' career, the guarantee of school talent training quality, and the human resource management of enterprises. Therefore, it is an urgent problem to pay attention to the job burnout of higher vocational students majoring in hotel management and carry out preventive intervention.

Subjects and methods: This study selects some students of hotel management major in 2020 from five higher vocational colleges in Jiangsu Province as the research object. This paper investigates the job burnout of students in post internship from three aspects: emotional exhaustion, low sense of achievement and dehumanization. According to the survey results, this paper analyzes the possible causes of job burnout, and puts forward some suggestions for the prevention and mitigation of job burnout. Individuals, schools, enterprises and society should pay attention to and take action.

Results: The results show that less than 1/3 of interns do not have emotional exhaustion, and mild emotional exhaustion is more common, but the proportion of more serious always occurs is also small. More than 60% of the interns agree with their work goals and ideals, their efforts at work and their willingness to learn new knowledge, which shows that most of them are willing to work for their ideals without giving up themselves or slacking off. The overall depersonalization tendency of post internship higher vocational students is not very significant, but in several sub surveys, the proportion of occasional occurrence is high, which shows that we also need to pay enough attention to guide and alleviate it in the initial stage.

Conclusions: At present, the whole society still lacks due respect for higher vocational education and has a certain prejudice against higher vocational students. When higher vocational students enter the society at the stage of post practice, they will inevitably encounter some problems that may lead to their job burnout. These problems are closely related to their self-cultivation, school education, enterprise environment, social environment and so on. Schools, employers and society must pay attention to and take action. Pay attention to the cultivation of professional knowledge and skills, and pay attention to the cultivation of professional quality. Create a good corporate culture and formulate a perfect employment system, salary system, work and rest system and promotion system. At the same time, the whole society also needs to change the prejudice against higher vocational students, strengthen publicity and public opinion guidance, and form a good atmosphere of understanding, paying attention to and supporting higher vocational education. From the perspective of higher vocational students themselves, subjective factors still play a decisive role. Forging iron still needs to be hard. We must pay attention to the cultivation of their own professional ability and comprehensive quality, cultivate their own emotional self-healing and adjustment ability, and achieve the purpose of happy work.

Acknowledgements

The study was supported by the Guiding project of science and technology research plan of Hubei Provincial Department of education. Project Name: Empirical Research on the demand identification and accommodation of stakeholders in the order training model of hotel management major in independent college (No. B2014283).

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ANALYSIS ON THE INTEGRATION OF SUBJECTIVE WORLD AND OBJECTIVE WORLD IN THE PROCESS OF MUSIC CREATION BASED ON UNCONSCIOUS PSYCHOLOGY

Fang He

Department of music, Nanjing Xiaozhuang University, Nanjing, Jiangsu, 210000, China

Background: The research on the psychological phenomenon of music creation is one of the important topics in the research field of music psychology. Unconsciousness is also called subconsciousness.

Consciousness that cannot become consciousness under normal circumstances, but sometimes emerge automatically, can be regarded as unconsciousness. In the field of music psychology, unconscious psychology is one of the important topics. The research on the unconscious psychology of music creation can further explain the phenomenon, process and work understanding of music creation. It is also an aspect that creators must understand. So, what is the unconscious psychology of music creation? What are its manifestations and functions? The author has made a research and answer to this.

Subjects and methods: The research on the psychological phenomenon of music creation is one of the important topics in the research field of music psychology. Its research is of great significance to understand and clarify the composer's creative psychological phenomenon. In order to explain the creation process of music works, further understand music works, and provide excellent music creation experience for young composers, it plays a certain role in enriching the theory of music psychology.

Results: To sum up, unconsciousness is the most imperceptible psychological consciousness. In the field of music creation, the unconscious psychological phenomenon of music creation exists more in the form of inspiration. Although the unconscious psychology of music creation is not easy to detect and appears irregularly, the individual music aesthetics and creation are closely related to the unconscious psychology. From the perspective of art, the unconscious psychology of music creation is a high integration of the subjective world and the objective world, a combination of rationality and irrationality, and a leap from quantitative change to qualitative change. Only by facing up to its important position in the musician's intelligent structure system, recognizing the characteristics and laws of unconscious psychology, consciously improving and perfecting ourselves, and then stimulating our own inspiration with the help of correct and effective ways, can we improve our artistic creation ability and optimize the effect of music creation.

Conclusions: It should be said that most music works come from the composer's personal experience of various social activities. However, the emergence of some music works expressing love and sexual content is indeed related to sexual motivation. Further, it is undeniable that some music works come from sexual desire. The attitude of seeking truth from facts is to make critical use of traditional theories. We should regard Freud's view as an integral part of all human theories. Only in this way can we critically accept the previous theories and experience, promote our theoretical research, and have a comprehensive and in-depth understanding of the unconscious psychological phenomenon of music creation.

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ANALYSIS OF DIFFERENT AESTHETIC PERSONALIZED VISUAL ART EXPRESSION IN CONTEMPORARY PHOTOGRAPHY

Nan Lin

*School of Public Administration & Communication, Beijing Information Science and Technology University,
Beijing, 100192, China*

Background: As an important part of contemporary art, contemporary photography plays an important role. On the one hand, contemporary photography still has outstanding recording function. Photography makes history and instant become eternity. On the other hand, photography is an ideology that reflects the real society. Through the photographer's aesthetic judgment and aesthetic experience, the artistic image is expressed by means of photography, which can not only express the photographer's own perception of art and life, release his emotions, but also have a strong artistic appeal. With the development of Chinese contemporary photography and its influence on the international art stage, many Chinese photography artists are included in the study of world photography history. But in recent years, with the economic downturn, the art market has been bubbling, resulting in a lot of video art prices higher than their artistic value. In such a depressed environment and with the increase of social pressure, those emotional works of art are deeply welcomed by contemporary young people. These works of art not only have the beauty of art, but also express various emotions and express and release various emotions by the hand of photographers. Studying the emotional expression and picture structure of photography not only meets the needs of the current photography market, but also helps photographers get creative inspiration.

Subjects and methods: Throughout the long history of mankind, all artistic activities are carried out around emotional memory. Whether from the earliest painting art and music art to post film art, they are transmitting some kind of psychological emotion of the creator. As a kind of contemporary art, photography also has the function of emotional expression. This paper puts forward the key points that photographers should pay attention to from the two aspects of psychology and emotion, and puts forward the strategy of controlling emotional expression by controlling perspective and environment.