

THE RELATIONSHIP BETWEEN FARMERS' COGNITIVE PSYCHOLOGY AND ECONOMIC INCOME AND EDUCATIONAL LEVEL

Qin Wang¹ & Jianfang Zhang²

¹*School of Economics and Management, Xi'an Technological University, Xi'an, 710021, China*

²*Business College, Xi'an Siyuan University, Xi'an 710038, China*

Most farmers tend to be introverted or mixed inside and outside, and most farmers are emotionally stable. In addition to congenital factors, the reasons for farmers' introverted character are mainly determined by rural production conditions and material and cultural living conditions. The characteristic of agricultural production is that farmers live on the land all year round, the land can not be moved, and the crops can not be moved. This is bound to make most farmers "Born in, raised in and older than Si. Therefore, it is bound to produce a rigid, closed, conservative and dependent introverted personality. In the past, rural education was backward, transportation remained unchanged, information was blocked, and it was difficult for farmers to obtain new information and see more of the world. Their thinking lacked a broader and higher reference system, and their thinking was in a highly self closed state. The development trend of modern rural areas has posed a threat and challenge to farmers with low education. They have an obvious sense of terror and urgently need to improve their scientific and cultural knowledge.

* * * * *

RESEARCH ON JAPANESE LEARNING ANXIETY AND SELF-REGULATION STRATEGIES OF JAPANESE MAJORS

Fang Li

School of Foreign Languages Dalian Jiaotong University, 116028, Dalian, Liaoning, China

With the development of the times and social progress, economic and cultural exchanges around the world are becoming more and more frequent, and foreign language learning has become more and more popular among college students. The position of Japanese in modern teaching has become more and more important, and more and more students choose Japanese major. Therefore, understanding the anxiety problems encountered by Japanese majors in the learning process and finding corresponding solutions in time are of great significance for Japanese majors to improve their Japanese learning efficiency and professional skills. This paper analyzes and discusses the anxiety of college students in Japanese learning, and puts forward relevant solutions. In the process of learning Japanese, college students first realize that they are the main body of classroom learning. Anxiety has a great negative impact on Japanese learning. Then we should change our mentality through our own efforts and consciously overcome the anxiety generated in this process. We can seek the help of teachers or people we trust.

Acknowledgements

The study was supported by the Liaoning Province New Liberal Arts Research and Reform Practice Project: "Innovation and Practice of Collaborative Education Mechanism of Government, Industry, University, Research and Application for Foreign Language Complex Talents" (No. 23456)

* * * * *

INVESTIGATION AND STUDY ON OVERCOMING TENSION OF ANNOUNCERS AND HOSTS

Yang Zhao

School of film and television, Liaoning Communication University, Shenyang, China

Every announcer and host will be nervous when facing the "Premiere". Facing the brand-new broadcasting environment and fields that have never been involved, the host with self-control ability can also have a stable state of mind and control freely. They can control their emotions and actively mobilize their psychological state to complete their work no matter in the face of their own changes or external stings. Announcers and hosts should have good psychological quality and enough endurance. We should not only be able to withstand the supervision from leaders, but also be able to withstand the criticism from

the audience. And physical discomfort and mental suffering caused by fatigue and failure. They with high work pressure are naturally prone to psychological anxiety. This anxiety comes more from the tension in front of the microphone and camera. To solve this problem, the author selects several training skills to overcome anxiety and relieve pressure for broadcasters and hosts to relax.

* * * * *

A SURVEY OF THE MENTAL HEALTH OF THE ANNOUNCER HOST

Yang Zhao

School of film and television, Liaoning Communication University, Shenyang, China

The announcer host uses the strong objectivity and charm of the column to attract relatively fixed listening and viewing groups to influence people's psychological concepts and personal value orientation. The special position of the announcer host makes them often encounter various tensions and pressures, if they can not adjust their mentality well, it will lead to the failure of the broadcast program and even cause adverse social impact. Therefore, it is of great significance to delve into the mental health problems of program hosts. In this paper, the Symptomatic Self-Assessment Scale (SCL-90), the Eissenk Personality Questionnaire (EPQ), and the Defensive Approach Questionnaire (DSQ) were used to survey announcer moderators. The analysis results show that the SCL-90 factor scores of the tested announcer host are higher than those of the normal youth norm module. In the use of immature defense mechanisms by the announcer hosts under investigation, the average factors of the SCL-90 high-symptom group were significantly higher than those in the low-symptom group, and the average factors of the high-symptom group in the intermediate defense mechanism were higher than those in the low-symptom group. SCL-90 factor scores were positively correlated with neuroticism and immature defenses in personality traits. Multiple step-by-step analysis also shows that mental health conditions are closely related to neuroticism and immature defense mechanisms. After the social stress event, the mental health of the announcer host is significantly reduced, and the mental health of the test announcer host is poor, usually using immature defense mechanism and intermediate defense mechanism, and the low emotional stability, inferiority, negative cognition and immature coping mode of their personality characteristics are important factors affecting the mental health status of the announcer host.

* * * * *

THE IMPACT OF NURSING INTERVENTIONS ON REDUCING MULTIDRUG-RESISTANT BACTERIAL INFECTIONS IN INTENSIVE CARE UNITS AND PSYCHOLOGICAL REHABILITATION IN PATIENTS

Rui Liu¹, Yuguang Wang², Xiaoning Yuan³ & Lei Yang⁴

¹*Nursing Department, Beijing Luhe Hospital, Capital Medical University, Beijing, 101149, China*

²*Intensive Care Unit, Beijing Luhe Hospital, Capital Medical University, Beijing, 101149, China*

³*The Dept. of Nosocomial Infection Management, Peking University Third Hospital, Beijing, 100191, China*

⁴*Emergency Intensive Care Unit, Beijing Luhe Hospital, Capital Medical University, Beijing 101149, China*

Due to the disease, family factors and the particularity of the intensive care unit environment, adverse psychological reactions of patients are caused, which indirectly affect the prognosis of the disease, so the psychological care of patients is particularly important. Nursing staff should be different from person to person, targeted psychological care measures should be taken to alleviate their negative emotions, enhance confidence in curing diseases, improve treatment compliance, and promote early recovery of diseases. This article provides mental health care to the families of intensive care unit patients through patient and meticulous explanations and amiable words. During the phased treatment of patients in the intensive care unit receiving mental health care, nursing staff should carry out effective mental health care for different types of patients and their families, so that the family members can take a good coping method to alleviate psychological pressure, eliminate the patient's nervousness and panic, so as to maintain the normal life of the family and promote the early recovery of the patient. The quality of nursing care in the intensive care unit directly affects the success rate of critically ill patients and also reflects the level of treatment in the hospital. Clinically, the factors affecting the quality of nursing in