

study of results and paid little attention to the translation process. Therefore, this paper aims to take the information processing theory of cognitive psychology as the main framework. This paper describes the translation process model from the perspective of cognitive psychology, which should be used to explain the phenomena of the objective world. That is, the translation process. It also makes an empirical study on the process of thinking aloud translation comprehension by using the method of cognitive psychology. The objective description of the translator's state through the analysis of thinking aloud data aims to better the cognitive process of translation. It is hoped that it can be beneficial to the existing translation process. This paper expounds the core idea of embodied cognitive paradigm and its innovative significance to the study of translator's cognitive psychology from a multidisciplinary perspective. This paper expounds the above cognitive psychological characteristics of translation, and focuses on the social psychological development process of the translator's embodied cognition and the bilingual processing mechanism from the perspective of embodied cognition.

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A COGNITIVE PSYCHOLOGICAL STUDY ON THE PROCESS OF WORD TRANSLATION CONVERSION

Zhengbing Liu

School of Foreign Languages, Wenzhou University of Technology, Wenzhou, 325035, Zhejiang, China

Bilingual translation involves the conversion of words or words between two languages. It constitutes the basic level of bilingual conversion, that is, the level of words, followed by the conversion of linguistic and non linguistic elements such as sentences and texts (such as original language intention, culture, etc.). The internal psychological process and operational characteristics of word translation conversion are still lack of systematic and large-scale research in China. The existing relevant studies mostly focus on the specific strategies and cognitive factors of word translation, while the interdisciplinary theoretical application research is relatively simple, and the research results are few. In view of this, the author aims to learn from the relevant theories of cognitive psychology. Explain the necessity and feasibility of interdisciplinary research on the application of theory, and explore the internal transformation process and psychological operation characteristics of word translation under the cognitive framework of attention theory.

THE EFFECT OF CLASSICAL MUSIC ON COLLEGE STUDENTS' MENTAL HEALTH EDUCATION

Yang Shi

College of Arts, Liaoning University of science and technology, Anshan, 114051, China

With the growing maturity of physiology and psychology, college students are affected by learning pressure, employment pressure and emotional pressure. As a group of young people with high expectations of society, parents and teachers, their psychological pressure is increasing with the accelerated pace of life and the increasingly fierce social competition. The number of college students with mental health diseases is increasing due to excessive mental stress. Therefore, how to effectively carry out college students' mental health education has become one of the important research contents of college education, and classical music aesthetic appreciation can solve this problem. It provides an important way to improve the mental health of college students by using the unique artistic characteristics of classical music and the unique auditory experience to adjust and relieve the psychological pressure of college students, adjust the tense psychological state of college students, and ease the related psychological problems. The effect of classical music on college students' mental health can be analyzed from two aspects of biology and aesthetics, which has practical promotion effect and is one of the effective ways to implement college students' mental health.

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APPLICATION OF MUSIC THERAPY IN MENTAL HEALTH EDUCATION OF SECONDARY VOCATIONAL SCHOOL STUDENTS

Yang Shi

College of Arts, Liaoning University of science and technology, Anshan, 114051, China

Music therapy is to use music for psychological treatment. Listening to music can make people relaxed and happy, which is easier for students to accept. With the rapid development of economic society and the adjustment of industrial structure, more and more psychological problems appear in secondary vocational students. If these problems cannot be effectively solved, they will have a bad impact on schools, families and society. Music therapy is an applied interdisciplinary subject today. As an effective means to prevent and treat psychological diseases, its unique function and prominent role have been recognized and valued by the psychological community. In order to explore the positive role of music therapy in the mental health of secondary vocational school students, this paper, based on the psychological classroom, adopts music therapy, including acceptable music therapy, recreation music therapy, improvisational music therapy and so on, to intervene in the negative emotions of secondary vocational school students. The results show that positive music has a positive effect on students' negative emotions, and different songs have different guiding effects on students' cognition. Meditation music with positive guiding words can help students alleviate their inner anxiety.

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RESEARCH ON THE EFFECTIVENESS OF MUSIC PSYCHOLOGICAL ADJUSTMENT IN COLLEGE STUDENTS' MENTAL HEALTH EDUCATION

Jiayin Lv¹ & Na An²

¹Anshan Normal University, Anshan Liaoning, 114007, China

²University of Science and Technology Liaoning, Anshan, Liaoning, 114051, China

To analyze how music education helps college students adjust their mental state, we should first understand and master the current mental health status of college students in China. Know yourself and the enemy, and you will be invincible in a hundred battles. Only when you have sufficient knowledge of the object of analysis and research can you start the research fundamentally. This part of the article will analyze the overview of College Students' mental health. University is one of the most important components and links in China's education system and stage. It is also the training base and cradle of all kinds of talents in China. With the rapid development of China's social economy and the accelerating pace of social life, college students are facing many challenges and difficulties, such as graduation, job hunting, social competition and adaptation, and bear great psychological pressure. Music is one of the nine arts, which can help people improve their psychological state and treat psychological problems and diseases. Based on this, starting from China's music education, this paper studies the psychological regulation function of music education on college students, hoping to help college students better develop and enter the society.

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HEALTH COMMUNICATION STRATEGIES IN VACCINATION PSYCHOLOGY: FROM THE PERSPECTIVE OF HEALTH BELIEF MODEL

Yixi Zhang

Institute of communication studies, Communication University of China, Beijing, 100024, China

Health belief model refers to the behavior and belief prevention taken by individuals to maintain or promote health and achieve self satisfaction and self realization, including the awareness of disease knowledge. To understand the current situation and causes of public novel coronavirus vaccine hesitation,