

EXPLORE THE STUDY OF COLLEGE STUDENTS' ENGLISH MENTAL DISORDER KNOWLEDGE UNDER THE BACKGROUND OF TEACHING REFORM AND INNOVATION

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English learning is a psychological cognitive activity, but also a thought creation and social interaction activity, it necessarily involves emotions. Positive emotions promote language learning, negative emotions hinder language learning. Traditional English learning instruction ignores emotional issues and leads to psychological barriers in students' learning. The so-called learning psychological disorder refers to a phenomenon that has obvious defects in the learning process that requires specific learning skills. Learning psychological disorder does not refer to the end result of feeling, movement, intelligence, emotional disorders, or the absence of learning opportunities, it is actually more like a process. Basic learning processes include perception, integration, oral or non-verbal expression. This paper mainly aims at the problems existing in the current students' English learning, and uses the literature method, questionnaire method, interview method and other methods to conduct serious research and propose targeted solutions. The researchers first consulted the relevant Chinese and foreign literature on learning disabilities and English learning disabilities, and summarized and analyzed the current research on English learning disabilities at home and abroad. Finally, on the basis of in-depth analysis of the survey and interview results, various forms of improvement strategies are given to stimulate students' internal motivation to learn English, and give play to the leading role of teachers in students' English learning. Based on cognitive psychology, the obstacles to English learning are analyzed from three aspects: physiological, psychological, and objective conditions, and then based on the characteristics of students in terms of attention, memory, thinking and language, foreign language teaching methods suitable for college students are proposed: select appropriate teaching materials and improve teaching methods; Eliminate fear and stimulate learning motivation; Cultivate self-learning ability to achieve lifelong learning.

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WORLD-CLASS UNIVERSITIES BUILD ONLINE PSYCHOLOGICAL COUNSELING AND EMPIRICAL RESEARCH ON THE EFFECTIVENESS OF PSYCHOLOGICAL INTERVENTIONS

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With the development of the global economy and society, college students around the world are facing more and more pressure in all aspects, such as learning pressure, role conversion, communication difficulties, emotional confusion, employment difficulties, etc., because these pressures can not be correctly handled will lead to more and more mental health problems of college students, and today's society is in a high-speed development of the information age, in the university campus, online chat, BBS, Weibo, etc. have become an integral part of university life. In this situation, give full play to the advantages of internet speed and convenience, make up for the shortcomings of traditional psychological counseling methods, some world-class universities have established online psychological counseling systems, which not only provide professional psychological counseling services for students in real time, but also have great significance in the protection of students' privacy and the maintenance of self-esteem, improving the enthusiasm of students to actively participate in psychological counseling activities, under the guidance of psychological counseling teachers, effectively solve mental health problems and form a sound personality. Thus playing a positive role in promoting them to successfully complete their studies and enter the society. A university undergraduate student was selected as the object, 1000 questionnaires were issued, divided into experimental group and control group according to whether online psychological counseling was received, and then the two groups were divided into healthy groups and unhealthy groups according to the symptom self-assessment scale (SCL-90) pre-test, and compared through the SCL-90 before and after test. After the results of the intervention, there were significant differences in somatization, compulsion, interpersonal sensitivity, fear, psychoticity, other factors and overall scores in

the control group; There were significant differences in fear, interpersonal sensitivity, paranoia and overall scores. According to the data obtained by the experiment, scientific comparison and analysis were carried out, and it was learned that psychological counseling combined with exercise therapy can produce significant effects in alleviating college students' employment anxiety and improving the mental health level of college students, and the effect is better than that of psychological counseling intervention alone. It can be seen that online psychological counseling intervention has a certain effect on the mental health of college students, especially in terms of paranoia and interpersonal sensitivity symptoms.

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FLIPPED CLASSROOM APPLICATION FOR COLLEGE ENGLISH TEACHING BASED ON COGNITIVE IMPAIRMENT

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Cognitive impairment refers to the pathological process of the brain's advanced intelligent processing related to the above-mentioned learning, memory and thinking judgment, resulting in severe learning and memory impairment, accompanied by aphasia or aphasia or aberration or aberration or apathy. Cognition is based on the normal functioning of the cerebral cortex, and any factor that causes abnormal function and structure of the cerebral cortex can lead to cognitive impairment. Because the brain functions in a complex way and the different types of cognitive impairment are interrelated, one aspect of a cognitive problem can cause cognitive abnormalities in the other or multiple areas. With the progress of the times, information technology such as the Internet has been widely used. In the field of education, the teaching mode is also constantly evolving, among which the flipped classroom teaching mode is driven by big data and other technologies, and it is widely used in university English classroom teaching. Not only are students not as capable of learning as they might think, they also have a lot of problems. These problems are far more complex than one might think. After we change the concept of education, we will try to think from the perspective of learning, at this time we can find that the living environment of students is very different from the living environment of our adolescence. They are at a social inflection point when the information they receive is complex and the impact is more complex. They also have a lack of ability in terms of internal cultivation. For example, many students will show cognitive impairment, which will inevitably have a negative impact on language teaching. This paper analyzes the impact of students' cognitive impairment on English teaching.

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CULTIVATION OF "CRAFTSMANSHIP" IN HIGHER VOCATIONAL EDUCATION IN THE CONTEXT OF EDUCATIONAL MOTIVATION PSYCHOLOGY

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Background: Psychological motivation is the internal psychological process or internal motivation to contribute and maintain individual activities under the guidance of the target or object. Motivation is an internal psychological process, which can not be directly observed, but can be inferred by task selection, effort, persistence of activities and verbal expression. Motivation must have goals, which guide the direction of individual behavior and provide motive. Motivation requires activities, which promote individuals to achieve their goals. Modern artisan spirit should be guided to current higher vocational students, so that they understand the profound connotation of artisan spirit, and schools should cultivate artisan spirit for students of higher vocational education in the context of motivation psychology, so that they understand that the great mission of reviving China is very important. Although China's current economic development has achieved good results, but the external environment also tends to be more