

Teachers should use multi-level methods and tools to analyse and rank the different needs of students, and research the trends of students' minds and their mental health, so that they can meet the reasonable needs as far as possible in the context of the school's development. At the same time, in order to effectively improve the mental health of students, teachers in universities should also start with moral education methods to guide the content of students' thoughts and psychological trends, so as to promote the overall progress of students' ideological management effect. Finally, as a key group to promote social progress, university students play a key role with their outstanding performance of ideological quality and skill quality. Therefore, relevant educators should actively pay attention to the ideological health of university students and carry out moral education activities regularly, so that students can further master the knowledge of self-regulation and interpersonal communication, so that the moral education and ideological management activities in universities can be put into practice, and the significance of educational management The significance of psychology has been significantly reflected.

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## ANALYSIS OF COLLEGE STUDENTS' PSYCHOLOGICAL HEALTH OF MORAL EDUCATION BASED ON INTERNET

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**Background:** Information technology and new teaching ideas are combined to promote the reform and development of education. Through the Internet platform, it can realize the real-time combination with the education system, build an information-based teaching platform, and provide a diversified platform for the teaching of specialized courses, which can not only enrich students' learning methods, but also improve the overall teaching quality, The psychological health of college students has been paid more and more attention. The psychological health of college students directly affects one's future achievements, and the moral education behavior of college students can also represent some people, and even intuitively reflect the success and failure of education. The research on moral education function of mental health education is still insufficient. The existing research both analyzes and lists the relationship between mental health education and moral education from the perspective of moral education. Or standing in the perspective of moral education from the top to the bottom, from the outside to the inside, put forward the necessary requirements for mental health education; or by comparing ideological education, political education, moral education and mental health education to explain its complementary status and possible role in ideological and political education. Based on the practice of college students' mental health education, this paper analyzes and presents the moral function of mental health education from the perspective of objective neutrality, from bottom to top, from inside to outside, from near too far.

**Objectives:** There are three main purposes to study the psychological health analysis of moral education of Internet college students. The first purpose is to better understand the psychological state of college students and formulate courses in line with their development for college students; The second purpose is to analyze the relationship between moral education and psychological health by studying the moral education of college students; The third purpose is how the Internet can help college students' psychological health of moral education.

**Object and method:** The object of the study, as all college students in China, reflects the problem through the analysis of a student group, and puts forward a series of corresponding solutions to the problem. Through the opportunity analysis of the Internet, under the application background of information technology, integrate the psychological health of moral education with Internet technology, improve the pertinence and efficiency of moral education, and increase the path of educational penetration, Improve the status of moral education psychological health in students' knowledge system, and make students deeply aware of the importance of moral education psychological health; We should also clarify the relationship between moral education and psychological health. Although there is no connection between them on the surface, there are many connections between them in fact. As the main place for cultivating intellectuals in China, colleges and universities should understand that there is a basic relationship between moral education and psychological health. Through continuous research, it is more clear that psychological health is the expression of students' mental nature and ideas, and moral education can well reflect a student's psychological health, Through the guidance of students' psychological health level, we can promote the formation of students' ideological key and further improve the cultivation of students' good moral quality.

**Result:** In this process, we should develop the Internet in coordination with students' moral education and psychological literacy education, build an information-based teaching system, build an information-based management platform, improve teachers' professional ability and students' self-education ability. Schools should actively carry out demonstration activities of moral education. With the help of the Internet, the analysis of College Students' psychological health of moral education and the demonstration of moral education can not only enable college students to standardize their own behavior, but also rigorously enforce the school spirit and correct the bad atmosphere to a certain extent. The school can also obtain the driving force of development, and make continuous concerted efforts based on students and teachers as the main body of reform, Gradually develop the psychological health of moral education into a normalized activity, guide the development of students' overall quality step by step, and regularly evaluate and dredge students' psychological health.

**Conclusions:** The practice results have proved that there is an inseparable relationship between College Students' moral education and psychological health. Moral education is the external expression of students' psychological health, and psychological health is the connotation expression of students' moral education. The application of Internet technology can more intuitively show moral education for students, and can also better carry out moral education. Through analysis and comparison, students can better understand the psychological health of moral education, Promoting students' mental health development is also conducive to students' future planning. For students' ideological system and personality system, education can only play an auxiliary role. It depends more on students' own accumulation and experience. Under the guidance of external factors, students' self-education ability is mostly based on subjective learning consciousness. Therefore, in order to ensure the construction of students' ideological concept and moral system, schools should apply Internet technology to carry out moral education and psychological health analysis on students, Screen or delete the bad information. This paper analyzes the psychological health of moral education through Internet technology, introduces the relationship between moral education and psychological health in many aspects, and puts forward the methods to improve students' psychological health and moral education, hoping to enhance students' cognitive ability and learning ability, promote the dual development of students' thinking and ability, and also hope to promote the development of quality education.

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## LEARNING SPACE CONSTRUCTION OF UNIVERSITY LIBRARY BASED ON READERS' PSYCHOLOGICAL NEEDS

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**Background:** From the national reading survey in recent years, it will be found that the number of national books read in China has lagged far behind developed countries such as Europe and America, and the reading level has basically reached the average level. University library is an important base for universities to carry out teaching and scientific research, and it is also the main way for university readers to obtain the latest information. The history of psychology is a science that studies people's psychological phenomena and their activities. Due to the specific geographical environment and academic atmosphere, the psychological needs of readers in university libraries are also different from those in public libraries in general society. Exploring the psychological needs of readers in university libraries will effectively promote the better and faster development of university library management. At present, the problem between the psychological reading needs of college students and the shortage of university library resources has become increasingly prominent. University libraries should give full play to their own advantages, deepen the service consciousness and psychological education function of libraries, and actively participate in meeting the psychological health needs of college students, help students with psychological barriers to restore mental health and improve the overall mental health level of college students. Therefore, university libraries should effectively ensure the normal reading of students, while fulfilling their social responsibility of comprehensive reading. Through the creation of learning spaces, students' reading experience is constantly enhanced and a good reading atmosphere is created.

With the advent of the information age, the functions of university libraries themselves have undergone diverse changes. The functions of library spaces are gradually developing in the direction of diversification. Therefore, when creating the learning space in university libraries, the transformation from "book-based" to human-based should be realized. Based on the analysis of the above background, we think about the creation of learning spaces in university libraries, and at the same time, based on the