

Ostalo

001 Uloga primarnih skrbnika i osnovnoškolskih učitelja u cjelovitom spolnom i reproduktivnom odgoju hrvatske mladeži

Klara Miljanić^a, Marjan Kulaša, Jana Gulija^a

^a Medicinski fakultet Sveučilišta u Zagrebu

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 Klara Miljanić 0000-0002-5049-6783, Marjan Kulaš 0000-0001-5140-8514, Jana Gulija 0000-0001-6092-5716

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UVOD: Spolni odgoj u Hrvatskoj i dalje se smatra kontroverznom temom o kojoj mnogi roditelji nastoje izbjeći razgovor. Svrha ovoga istraživanja bila je analizirati utjecaj primarnih skrbnika i osnovnoškolskih učitelja na cjeloviti spolni i reproduktivni odgoj hrvatske mladeži (14-19 godina).

MATERIJALI I METODE: Podaci su prikupljeni od listopada 2021. do listopada 2022. godine pomoću Google obrasca koji su distribuirali vršnjački edukatori projekta spolnog i reproduktivnog odgoja, a mogli su joj pristupiti i anonimno je ispuniti učenici srednjih škola. Studija je provedena nizom pitanja uglavnom zatvorenog tipa i bodovanjem pomoću Likertove skale. Prikupljeni podaci statistički su obrađeni pomoću Google Excel alata.

REZULTATI: Dobili smo 301 odgovor iz 64 srednje škole iz 13 županija. Od 301 odgovora, njih 113 (37,5%) odgovorilo je da su prvi razgovor o spolnom zdravlju imali s majkom, dok je 120 (39,9%) ispitanika odgovorilo da ne mogu ni s jednim od roditelja razgovarati o seksualnom zdravlju. 74 (24,5%) ispitanika odgovorilo je da je njihov prvi susret sa spolnim i reproduktivnim odgojem bio nastavni sat predmeta "Priroda i društvo".

Najzastupljenije teme u razgovoru s primarnim skrbnicima i učiteljima bile su: spolno prenosive bolesti (273), menstrualni ciklus (264) te promjene kroz koje tijelo prolazi u pubertetu (250). Od 301 odgovora, 202 bi željelo znati više o prevenciji nasilnih veza, 192 bi željelo da njihovi primarni skrbnici razgovaraju s njima o rodnoj jednakosti i pravima, a 148 bi voljelo da sa svojim primarnim skrbnicima mogu razgovarati o LGBTQIA+ zajednici.

ZAKLJUČAK: Primarni skrbnici i osnovnoškolski učitelji imaju ključnu ulogu u početku spolnog i reproduktivnog obrazovanja djece i mladih te tu ulogu ne može zamijeniti niti jedna druga osoba ili medij.

The role of primary caregivers and primary school educators in Comprehensive Sexuality Education (CSE) of Croatian youth

Keywords: Education; Schools; Public Health

INTRODUCTION: Comprehensive Sexuality Education is still a controversial topic in Croatia, and many parents try to evade having that conversation. The goal of this research was to analyze the impact of primary caregivers and primary school educators on comprehensive sexuality education of Croatian youth (14-19 years).

MATERIALS AND METHODS: Data was collected from October 2021 to October 2022 through a Google form distributed by CSE peer educators and filled out anonymously by high school students.

The study was conducted through a series of close-ended and scoring questions using a Likert scale. The collected data were analyzed using Google excel tools.

RESULTS: We received 301 responses, representing 64 high schools from 13 counties.

Of 301 eligible responses, 113 (37,5%) said they had their first conversation about sexual health with their mother, while 120 (39,9%) of responders said they could not talk to either of their parents about sexual health. 74 (24,5%) of responders said their first encounter with CSE was a lecture given by their biology teacher.

The topics most represented during their talks with primary caregivers and primary educators were: sexually transmitted diseases (273), the menstrual cycle (264), and the changes the body goes through during puberty (250). Of 301 responses, 202 would like to know more about the prevention of abusive relationships, 192 would like their primary caregivers to talk with them about gender equality, and 148 wishes they could speak about the LGBTQIA+ community with them.

CONCLUSION: Primary caregivers and primary school educators play a key role in the start of the comprehensive sexuality education of youth and children and can not be replaced by any other person or form of media.