

**O02 Uloga studenata medicine u edukaciji o spolnom i reproduktivnom odgoju u njihovoj zajednici**Marjan Kulaš<sup>a</sup>, Klara Miljanić<sup>a</sup>, Dina Gržan<sup>a</sup><sup>a</sup> Medicinski fakultet Sveučilišta u ZagrebuDOI: <https://doi.org/10.26800/LV-144-supl6-O02> Marjan Kulaš 0000-0001-5140-8514, Klara Miljanić 0000-0002-5049-6783, Dina Gržan 0000-0002-3312-5569

Ključne riječi: seksualno obrazovanje; studenti medicine; zdravstveno obrazovanje u zajednici

**UVOD:** Analizirati važnost vršnjačkog obrazovanja hrvatskih srednjoškolaca (14-19 godina) o spolnom i reproduktivnom zdravlju i pravima. Edukatori su studenti medicine koji prolaze temeljitu obuku kako bi mogli obavljati funkciju vršnjačkog edukatora.**MATERIJALI I METODE:** Podaci su prikupljeni u razdoblju od godinu dana, od listopada 2021. do listopada 2022., putem Google obrasca. Davan je učenicima na kraju svake edukacije, a zatim su ga ispunjavali uz potpunu anonimnost. Obrazac se sastojao od pitanja zatvorenog tipa i bodovnih pitanja, koristeći Likertove ljestvice, a odgovori su statistički obrađeni Google excel alatima.**REZULTATI:** Studija je prikupila 301 odgovor. Mnogi od učenika; 236 (78,6%), izrazito je zadovoljno edukacijom i temama koje su obrađene, a velika većina, njih 269 (89,6%), u potpunosti je zadovoljno stručnošću edukatora. Veliki broj studenata; 229 (76,3%), potvrdilo je da su naučili nove vještine i znanja, tvrdeći da je edukacija bila od pomoći te da će ih 207 (69%) stečeno znanje koristiti u budućnosti. Najzanimljiviji podatak u istraživanju bio je odgovor na pitanje sa višestrukim odgovorom: "Tko bi po tvom mišljenju trebao educirati mlade o ovim temama u školi?". Rezultati su bili zadivljujući, 237 (78,7%) srednjoškolaca tvrdi da su studenti medicine, kao vršnjački edukatori, najbolja opcija za ovaj oblik edukacije.**ZAKLJUČAK:** Vršnjački pristup edukaciji, poput dostatno obučenih studenata medicine, pokazao se učinkovitim u poticanju mladih na promišljanje o važnosti spolnog i reproduktivnog obrazovanja i njegovoj daljnjoj primjeni.**The role of medical students in building Comprehensive Sexuality Education literacy in their community**

Keywords: Community Health Education; Medical Students; Sexuality Education

**INTRODUCTION:** To analyze the importance of conveying the knowledge of comprehensive sexual education to Croatian high school students (14-19 years) through the peer-to-peer approach. Educators were medical students who were adequately trained to be able to perform that role.**MATERIALS AND METHODS:** The data was collected from October 2021 to October 2022, through the Google form. It was presented to the students at the end of each education, which they then filled out with complete anonymity. The study was comprised of close-end and scoring questions using the Likert scale, and the answers were statistically analyzed by the Google excel tools.**RESULTS:** We have gathered 301 responses to our study. Many of the students; 236 (78,6%), were vastly pleased with the education and topics that were covered, and most of them; 269 (89,6%), were completely satisfied with the expertise of the educators.

A great number of the students; 229 (76,3%), affirmed that they have learned new skills and facts, claiming the education was helpful and that 207 (69%) of them will use the gathered knowledge in the future. The most interesting fact in the study was the answer to the question "In your opinion, who should educate youth about this topic at school?". The results were captivating, 237 (78,7%) of high school students claimed that medical students, the peer educators, are the best option for this type of education.

**CONCLUSION:** The peer-to-peer approach, such as trained medical students, turns out to prove effective in stimulating youth into deliberating about the importance of sexuality education and its use.