




Nursing diagnoses and nursing documentation in patients undergoing outpatient cardiovascular rehabilitation

 **Marija Heinrich***,
 **Renata Stošić**,
 **Kristina Galez
Janevski**

Institute for Cardiovascular
Prevention and Rehabilitation,
Zagreb, Croatia

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***ADDRESS FOR CORRESPONDENCE:** Marija Heinrich, Poliklinika za prevenciju kardiovaskularnih bolesti i rehabilitaciju, Draškovićeve 13, HR-10000 Zagreb, Croatia. / Phone: +385-98-9524-441/ E-mail: heinrichmarina46@gmail.com

ORCID: Marija Heinrich, <https://orcid.org/0000-0002-7107-3405> • Renata Stošić, <https://orcid.org/0000-0001-5486-5630>
Kristina Galez Janevski, <https://orcid.org/0000-0003-2095-1551>

Rehabilitation of cardiovascular patients after invasive cardiovascular procedures is part of medical treatment which we included in national guidelines. The specificity of outpatient rehabilitation is its duration. Rehabilitation of cardiovascular rehabilitation lasts up to three months, individual approach to each patient is mandatory, interventions and goals of rehabilitations are planned individually and findings at final evaluation are different. The nurse is a member of multidisciplinary cardiovascular rehabilitation team. She is involved in diagnostic procedures, recognizes pathological findings and informs cardiologist about them, detects and records absence of patients and makes appointments. In case of patients discomfort during rehabilitation the nurse conducts certain therapeutic procedures, detects occurrence of new nursing diagnoses, reevaluates the goals of rehabilitation and if necessary, changes interventions according to individual patients needs¹. Adherence is mandatory in determining type of interventions and goals of rehabilitation. Goals and interventions differ in each individual patient. At present time nursing documentation is not obligatory. Completing patients' medical documentation with nursing documentation and creating nursing lists for patients will make nursing diagnoses available, planned and completed interventions visible as well as necessary additional interventions to help patients to take their place in family and society which they had prior to their disease. This can help to prevent progression and repetition of their disease^{2,3}.

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LITERATURE

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