

The influence of the nurse/technician relationship on the quality of care and the patient's autonomy in decision-making

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Most literature does not deal with behaviors and communication skills in the nurse/technician-patient relationship or the role of both. There is a large amount of documentation on self-care strategies, adherence to prescribed therapy, psychological interventions, and patient and nurse/technician satisfaction¹. Studies on the implications of this relationship in the perceived improvement of patient care are also common. Many studies have focused on researching the nurse/technician-patient relationship based on empirical studies, and most of the literature refers to the experiences of nurses/technicians that are told based on personal experiences. The most common topics in the reviewed literature on the nurse/technician-patient relationship are: a) the role of the patient; b) the role of the nurse/technician; c) type of nurse/technician-patient relationship. A good nurse/technician-patient relationship shortens hospital stays and improves quality and satisfaction. But, in contrast, a good relationship is conditioned by the submissive role of the patient. The equal distribution of "power" enables patients to make decisions about procedures related to their own health and/or illness independently, with the advice of doctors and nurses/technicians.

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LITERATURE

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