

# Razvoj personologije i tretmana poremećaja ličnosti i poremećaja hranjenja

## */ Development of Personology and Treatment of Personality Disorders and Eating Disorders*

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### **ADRESA ZA DOPISIVANJE /**

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Godine 2012. unutar tadašnje Klinike za psihijatriju KBC-a Zagreb (koja je danas dio objedinjene Klinike za psihijatriju i psihološku medicinu KBC-a Zagreb), uz podršku tadašnjeg predstojnika Klinike prof.dr. Mire Jakovljevića, formira se zasebna ustrojbeno jedinica na Klinici čiji je cilj klinička obrada i tretman oboljelih od poremećaja ličnosti i poremećaja hranjenja. Navedena ustrojbeno jedinica je koncipirana u obliku odjela i dnevne bolnice, ustrojbeno prvotno kao specijalistički zavod unutar Klinike, a kasnije kao zasebni Zavod. U nazivu ustrojbene jedinice (Zavod za personologiju, poremećaje ličnosti i poremećaje hranjenja) prvi termin je personologija, a izabrali smo ga upravo zbog smanjenja stigmatizirajućeg prizvuka koji kod dijela ljudi ima termin poremećaji ličnosti. Personologija, koja se temelji na riječi persona, u prijevodu osoba, u fokusu ima upravo ličnost pojedinca, uključujući varijacije ličnosti koje u konačnici idu do razine poremećaja ličnosti. S obzirom da se i kod velikog dijela oboljelih od po-

In 2012, within the then Department of Psychiatry of the University Hospital Centre Zagreb (which is now part of the merged Department of Psychiatry and Psychological Medicine of the University Hospital Centre Zagreb), with the support of the then Head of the Department, Professor Miro Jakovljević, MD, Ph.D., a separate organisational unit was formed at the Department. Its goal was to provide clinical treatment of patients with personality disorders and eating disorders. This organisational unit was conceived in the form of a clinical unit and day hospital, initially organised as a specialist division within the Department, and later as a separate Division. The name of the organisational unit (Division of Personology, Personality Disorders and Eating Disorders) contains the term personology in the first place, which we chose to reduce the stigmatizing connotation that some people have with the term personality disorders. Personology, which is based on the word persona, i.e., person, focuses precisely on the personality of the individual, including personality variations that ultimately extend to the level of person-

remećaja hranjenja radi bazično upravo o problemu aberacija na planu ličnosti, naziv zavoda povezuje sva tri termina nazivom *Zavod za personologiju, poremećaje ličnosti i poremećaje hranjenja*.

Kapaciteti zavoda uključujući tripartitni model rada, u obliku stacionarnih kapaciteta (bolnički odjel), dnevne bolnice i ambulantnog rada. Pri tome primjenjujemo multidisciplinarni pristup koji uključuje timski rad liječnika, psihologa i medicinske sestre kao i ostalih članova tima (radni terapeuti, socijalni radnici i dr.) s bolesnicima. Ambulantni tretman odvija se radom u specijalističkim ambulantama, unutar psihijatrijske poliklinike. Važan segment timskog rada je i psihološka obrada te dijagnostika. Početkom pandemije COVID-19 smanjen je kapacitet bolničkih kapaciteta Klinike za psihijatriju i psihološku medicinu (koji su prenamijenjeni za liječenje COVID-19 pozitivnih bolesnika), a u skladu s time smanjen je i odjelni kapacitet Zavoda za personologiju, poremećaje ličnosti i poremećaje hranjenja.

Naš tim istražuje utjecaj psihoterapije, kao i raznih oblika mentalizacije i psihofarmakoterapije na oboljele od poremećaja ličnosti i poremećaja hranjenja. Istražujemo faktore organizacije ličnosti, uloge srama i drugih bitnih emocija kao i spektar suicidalnosti. Naglašavamo i važnost holističkog pristupa te suradnje liječnika s udrugama u pomoći oboljelima. Važna je suradnja upravo s udrugom BEA, gdje su djelatnici Zavoda u više navrata održali edukativna predavanja namijenjena općoj populaciji kao i radi-onice. Isto tako, istraživanja poremećaja hranjenja povezujemo s istraživanjima poremećaja ličnosti i suicidalnosti. Pri tome promatramo povezanost bioloških faktora s poremećajima ličnosti, teorije intersubjektivnosti s psihofarmakoterapijom, kontratransfera u kontekstu rada s teškim bolesnicima te utjecaj raznih modela psihoterapija. U novije vrijeme istražujemo i faktore stresa, kao i utjecaj vanjskih ugroza kao što je pandemija COVID-19. Jedan od naših ciljeva je i razvoj liaison-konzultativne psihijatrije, a u okviru holističkog pristupa i dubljeg razumijevanja psihosomatskih sindroma. Naš tim je serijom znanstvenih skupova i tematskih knjiga izdanih u Medicinskoj nakladi, nastojao, među ostalim, promovirati pozitivne aspekte prevencije i liječenja poremećaja ličnosti i poremećaja hranjenja. S ciljem daljnjeg unaprjeđenja prevencije i terapijskih metoda bitnih za oboljele od poremećaja hranjenja i poremećaja ličnosti, tim Zavoda osnovao je 2015. godine Hrvatsko društvo za personologiju, poremećaje ličnosti i poremećaje hranjenja pri Hrvatskom liječničkom zboru. Nastavna smo baza Medicinskog fakulteta Sveučilišta u Zagrebu, tako da naš rad uključuje i edukaciju studenata medicine i drugih studija u dodiplomskoj nastavi, kao i polaznika

ality disorders. Considering that in many patients with eating disorders we discern aberrations in personality, the name of the Division connects all three terms into the name 'Division of Personology, Personality Disorders and Eating Disorders'.

The capacities of the Division include a tripartite work model in the form of inpatient facilities (hospital ward), day hospital and outpatient work. In our work we apply a multidisciplinary approach that includes teamwork of doctors, psychologists, and nurses as well as other team members (occupational therapists, social workers, etc.) who all deal with patients. Outpatient treatment is provided in specialist outpatient clinics within the psychiatric department. An important segment of teamwork is psychological processing and diagnostics. At the beginning of the COVID-19 pandemic, the hospital capacity of the Department of Psychiatry and Psychological Medicine was reduced because the Department was repurposed for the treatment of COVID-19 positive patients. Therefore, the capacity of the Division of Personology, Personality Disorders and Eating Disorders was reduced accordingly.

Our team investigates the impact of psychotherapy as well as various forms of mentalization and psychopharmacotherapy on people with personality disorders and eating disorders. We investigate the factors of personality organisation, the role of shame and other important emotions as well as the spectrum of suicidality. We also emphasise the importance of a holistic approach and cooperation of doctors with associations which help the patients. Cooperation with the BEA association is especially important, as the employees of the Division have repeatedly held educational lectures as well as workshops intended for the general population there. Likewise, we associate research on eating disorders with research on personality disorders and suicidality. We observe the connection of biological factors with personality disorders, the theory of intersubjectivity with psychopharmacotherapy, countertransference in the context of working with critically ill patients and the influence of various models of psychotherapy. More recently, we have also investigated stressors as well as the impact of external threats such as the COVID-19 pandemic. One of our goals is the development of liaison-consultative psychiatry, within a holistic approach and deeper understanding of psychosomatic syndromes. Through a series of scientific conferences and thematic books published by "Medicinska naklada", our team has sought, among other things, to promote the positive aspects of the prevention and treatment of personality disorders and eating disorders. With the aim of further improving prevention and therapeutic methods important for patients with eating disorders and personality disorders, the Division team founded the Croatian Society for Personology, Personality Disorders and Eating Disorders at the Croatian Medical Association in 2015. We are the teaching base of the School of Medicine, University of Zagreb, so our work

poslijediplomskih studija. Prof. dr. Marčinko mentor je šest obranjenih doktorskih disertacija, jedan obranjeni magisterij te preko dvadeset obranjenih diplomskih radova, od kojih veliki broj u fokusu ima upravo smetnje ličnosti i hranjenja. Isto tako, liječnici na specijalizaciji iz psihijatrije dio obvezne edukacije provode na našem Zavodu. Zadnjih godina, područje personologije povezujemo i s područjem forenzičke psihijatrije. Znanstveno-stručna evaluacija na Zavodu postoji u kontinuitetu svih proteklih godina, a putem koje procjenjujemo stanje bolesnika, sve s ciljem unaprjeđenja procesa liječenja naših bolesnika. Više djelatnika Zavoda su recenzenti više inozemnih znanstvenih i stručnih časopisa i sudionici u više znanstvenih projekata. Djelatnici Zavoda prošli su i više edukacija u centru Anna Freud – London, koji je vezan uz Kliniku Tavistock i *University College London*. Razvijamo i koncept psihodinamskog coachinga, o čemu je prof. Marčinko napisao i zasebnu knjigu „Psihodinamika poslovnih odnosa“. Dr. Maja Šeparović Lisak povezuje koncepte transakcijske analize s područjem personologije te posebno istražuje fenomen perfekcionizma koji se pokazao bitnim u razumijevanju nastanka poremećaja hranjenja. Dr. Sandra Radanović Čorić godinama (na Zavodu) uspješno vodi dnevno bolnički tretman oboljelih od poremećaja ličnosti i poremećaja hranjenja. Dva najmlađa djelatnika Zavoda, dr. Rudan i prof. Jakšić, uz klinički pokazuju i znanstveni interes te su aktualno u završnoj fazi izrade svojih doktorskih disertacija. Glavna sestra Zavoda, magistra sestrištva Marija Božičević, educirala se dodatno za područje poremećaja hranjenja (u zemlji i u inozemstvu), bila je mentor za završne radove više kolegica i kolega (s temama poremećaja ličnosti i poremećaja hranjenja) te aktivno organizira stručne skupove namijenjene edukaciji medicinskih sestara i tehničara iz područja poremećaja ličnosti i poremećaja hranjenja. Svi djelatnici Zavoda velika su podrška jedni drugima, što je iznimno bitno jer kronično nedostaje stručnjaka u ovom području. Važno je naglasiti kako djelatnici Zavoda uz svakodnevni klinički rad pokazuju interes i za edukativni rad, a s ciljem širenja bitnih informacija iz ovog osjetljivog područja. Timskim pristupom nastojimo smanjiti stigmama prema ovom području. Stigma, nažalost, ipak postoji, a u skladu s time poznati kanadski profesor psihijatrije Joel Paris rekao je da su poremećaji ličnosti za psihijatriju isto ono što je psihijatrija za ostatak medicine, a to je „manje željeno dijete“.

#### **Specifičnosti rada zavoda i aktivnosti koje smo uveli od osnivanja Zavoda:**

- Provođenje strukturirane grupne psihoterapije
- Provođenje strukturirane individualne psihoterapije

includes the education of medical students and other undergraduate students, as well as postgraduate students. Professor Marčinko has been mentor of six defended doctoral dissertations, one defended master's thesis and over twenty defended diploma theses, many of which focus on personality disorders and eating disorders. Also, doctors specialising in psychiatry conduct part of their mandatory education at our Division. In recent years, we have been connecting the field of personology with the field of forensic psychiatry. Scientific and professional evaluation has continually developed at the Division to allow us to assess the condition of patients, all with the aim of improving their treatment. Several employees of the Division are reviewers of several foreign scientific and professional journals and participants in several scientific projects. Employees of the Division also underwent several trainings at the Anna Freud Centre - London, which is affiliated with the Tavistock Clinic and University College London. We are also developing the concept of psychodynamic coaching, described in a book written by Professor Marčinko entitled "Psychodynamics of Business Relations". Dr. Maja Šeparović Lisak connects the concepts of transactional analysis with the field of personology and especially researches the phenomenon of perfectionism, which has proven to be important in understanding the occurrence of eating disorders. Dr. Sandra Radanović Čorić has successfully led daily hospital treatment of patients with personality disorders and eating disorders at the Division for years. The two youngest employees of the Division, Dr. Rudan and our psychologist Jakšić, in addition to clinical work also exhibit scientific interest, and are currently in the final phase of writing their doctoral dissertations. The head nurse of the Division, Marija Božičević, Master of Nursing, was additionally educated in the field of eating disorders (in Croatia and abroad). She was a mentor for the final papers of several colleagues (dealing with personality disorders and eating disorders) and actively organises professional meetings for medical education of nurses and technicians in the field of personality disorders and eating disorders. All employees of the Division are very supportive of each other, which is extremely important because there is a chronic lack of experts in this field. It is important to emphasise that the employees of the Division, in addition to daily clinical work, also show interest in educational work, with the aim of disseminating important information from this sensitive area. Using a team approach, we strive to reduce stigma which is, unfortunately, still associated with this area. As the well-known Canadian professor of psychiatry Joel Paris once said, the place of personality disorders in psychiatry is the same as the place of psychiatry in other medical areas, that of the "less desired child".

#### **Specifics of the work of the Division and the activities that we have introduced since the establishment of the Division:**

- Conducting structured group psychotherapy

- Provođenje strukturirane obiteljske psihoterapije ili obiteljskog savjetovanja
  - Redovite tjedne psihoedukacijske grupe za bolesnike
  - Uvođenje edukacije za specijalizante psihijatrije iz ovog područja prikazima slučajeva i znanstvene aktivnosti
  - Aktivna suradnja s liječnicima s Klinike za internu medicinu, kao i nutricionistima i dijetetičarima KBC-a Zagreb
  - Znanstveno-stručna evaluacija kojom procjenjujemo stanje bolesnika
  - Suradnja i s kolegama iz inozemstva, s kojima postoje zajedničke publikacije (navedene na kraju ovog rada).  
Sudjelovanje osoblja zavoda u edukaciji studenata na Medicinskom fakultetu (dodiplomska i poslijediplomska nastava), prilikom čega se pokazuju specifičnosti liječenja bolesnika s poremećajima ličnosti i poremećajima hranjenja
  - Objavljivanje većeg broja znanstvenih radova u proteklom razdoblju (prof. dr. Darko Marčinko i prof. Nenad Jakšić su u uredništvu časopisa „Psychiatria Danubina“, a prof. dr. Darko Marčinko je i u uredničkom odboru časopisa „Socijalna psihijatrija“)
  - Edukacija djelatnika Zavoda u vodećem psihoterapijskom centru, *Anna Freud Center – London*, gdje je započeta aktivna suradnja sa stručnjacima iz ovog područja
  - Provođenje promocije i unaprjeđenja struke provodi se aktivnostima u povjerenstvima pri Medicinskom fakultetu u Zagrebu te KBC-u Zagreb kao i Ministarstvu zdravstva te putem aktivnosti u okviru Hrvatskog liječničkog zbora.
- Conducting structured individual psychotherapy
  - Conducting structured family psychotherapy or family counselling
  - Regular weekly psychoeducation groups for patients
  - Introduction of specialised education for psychiatry residents through case reports
  - Scientific research
  - Active cooperation with doctors from the Department of Internal Medicine, as well as nutritionists and dieticians of the University Hospital Centre Zagreb
  - Scientific-professional evaluation by which we assess the patient's condition
  - Collaboration with colleagues from abroad, resulting in joint publications (listed at the end of this paper)
  - Participation of the Division staff in the education of students at the School of Medicine (undergraduate and postgraduate programs), presenting the specifics of treatment of patients with personality disorders and eating disorders
  - Publishing many scientific papers in the past period (Professor Darko Marčinko and Nenad Jakšić, M.A. are in the editorial board of the journal “Psychiatria Danubina”, and Professor Darko Marčinko, MD, Ph.D. is also on the editorial board of the journal “Social Psychiatry”)
  - Education of the Division staff in the leading psychotherapy centre, Anna Freud Centre - London, where active cooperation with experts in this field has begun
  - The promotion and advancement of the profession is carried out through activities in commissions at the School of Medicine in Zagreb and the University Hospital Centre Zagreb as well as the Ministry of Health and through activities within the Croatian Medical Association.

**Tematske knjige u kojima je urednik prof.dr. Darko Marčinko sa suradnicima:**

1. „Stres u kliničkoj medicini – biologijski, psihodinamski i socijalni faktori“, urednik Darko Marčinko. Medicinski fakultet Sveučilišta u Zagrebu, 2021.
2. “Psihodinamika ljubavi i mržnje”, urednici Darko Marčinko, Miro Jakovljević i Vlasta Rudan. Medicinska naklada, 2019.
3. “Psihodinamika poslovnih odnosa”, urednik Darko Marčinko. Medicinska naklada, 2019.
4. “Nelagoda u kulturi 21.stoljeća – psihodinamska rasprava”, urednici: Darko Marčinko i Vlasta Rudan. Medicinska naklada, 2018.
5. “Histerija”, urednici: Darko Marčinko i Vlasta Rudan. Medicinska naklada, 2017.

**Thematic books edited by Professor Darko Marčinko, MD, Ph.D. with associates:**

1. “Stress in clinical medicine - biological, psychodynamic and social factors”, editor Darko Marčinko. School of Medicine, University of Zagreb, 2021
2. “Psychodynamics of Love and Hate”, editors Darko Marčinko, Miro Jakovljević and Vlasta Rudan. Medicinska naklada, 2019
3. “Psychodynamics of Business Relations”, editor Darko Marčinko. Medicinska naklada, 2019
4. “Discomfort in the 21st Century Culture - A Psychodynamic Discussion”, editors Darko Marčinko and Vlasta Rudan. Medicinska naklada, 2018
5. “Hysteria”, editors Darko Marčinko and Vlasta Rudan. Medicinska naklada, 2017

6. "Psihoanalitički modeli komunikacije u vremenu brzih promjena", urednici: Darko Marčinko i Vlasta Rudan. Medicinska naklada, 2016.
  7. "Poremećaji ličnosti: stvarni ljudi, stvarni problemi", urednici: Darko Marčinko, Miro Jakovljević i Vlasta Rudan. Medicinska naklada, 2015.
  8. "Žalovanje", urednici Vlasta Rudan i Darko Marčinko, Medicinska naklada, 2014.
  9. "Od nasilja do dijaloga", urednici Vlasta Rudan i Darko Marčinko, Medicinska naklada, 2014.
  10. "Poremećaji hranjenja: od razumijevanja do liječenja", urednik: Darko Marčinko, Medicinska naklada, 2013.
  11. "Narcistični poremećaj ličnosti i njegova dijagnostička opravdanost – doprinos međunarodnoj raspravi, urednici Darko Marčinko i Vlasta Rudan, Medicinska naklada, 2013.
  12. "Suicidologija" - udžbenik Sveučilišta u Zagrebu, urednik: Darko Marčinko, Medicinska naklada, 2011.
  13. Isto tako objavljena je i knjiga koja spada u popularnu literaturu "Težina ljepote", autor Neda Dropulić (uz paralelne stručne komentare Darka Marčinka), Profil, 2014.
6. "Psychoanalytic models of communication in a time of rapid changes", editors Darko Marčinko and Vlasta Rudan. Medicinska naklada, 2016
  7. "Personality Disorders: Real People, Real Problems", editors Darko Marčinko, Miro Jakovljević and Vlasta Rudan. Medicinska naklada, 2015
  8. "Mourning", editors Vlasta Rudan and Darko Marčinko, Medicinska naklada, 2014
  9. "From Violence to Dialogue", editors Vlasta Rudan and Darko Marčinko. Medicinska naklada, 2014
  10. "Eating Disorders: From Understanding to Healing", editor: Darko Marčinko. Medicinska naklada, 2013
  11. "Narcissistic personality disorder and its diagnostic justification - a contribution to the international debate, editors Darko Marčinko and Vlasta Rudan. Medicinska naklada, 2013
  12. "Suicidology" - textbook of the University of Zagreb, editor Darko Marčinko. Medicinska naklada, 2011
  13. "The Weight of Beauty", a book classified as popular literature by author Neda Dropulić (with parallel expert comments by Darko Marčinko). Profil, 2014

#### **Courses and professional-scientific conferences organised by members of the Division:**

The following courses and professional-scientific conferences were organised by members of the Division:

#### **Tečajevi i stručno-znanstveni skupovi u organizaciji članova Zavoda:**

U nastavku su navedeni tečajevi i stručno-znanstveni skupovi u organizaciji članova Zavoda:

- Stručno-znanstveni skup (i tečaj) "Narcistični poremećaj ličnosti i njegova dijagnostička opravdanost – doprinos međunarodnoj raspravi", organizatori Darko Marčinko i Vlasta Rudan, mjesto održavanja: KBC Zagreb, ožujak 2013.
  - Stručno-znanstveni skup (i tečaj) "Poremećaji hranjenja: od razumijevanja do liječenja", organizator: Darko Marčinko, mjesto održavanja: KBC Zagreb, studeni 2013.
  - Stručno-znanstveni skup (i tečaj) "Od nasilja do dijaloga", organizatori Vlasta Rudan i Darko Marčinko, mjesto održavanja: HAZU, ožujak 2014.
  - Stručno-znanstveni skup (i tečaj) "Žalovanje", organizatori Vlasta Rudan i Darko Marčinko, mjesto održavanja: HAZU, prosinac 2014.
  - Stručno-znanstveni skup (i tečaj) "Poremećaji ličnosti: stvarni ljudi, stvarni problemi", organizatori: Darko Marčinko, Miro Jakovljević i Vlasta Rudan, mjesto održavanja: HAZU, svibanj 2015.
  - Stručno-znanstveni skup "Psihoanalitički modeli komunikacije u vremenu brzih promjena",
- Professional-scientific conference (and course) "Narcissistic personality disorder and its diagnostic justification - contribution to the international debate", organisers Darko Marčinko and Vlasta Rudan, venue: UHC Zagreb, March 2013
  - Professional-scientific conference (and course) "Eating Disorders: From Understanding to treatment", organiser: Darko Marčinko, venue: UHC Zagreb, November 2013
  - Professional-scientific conference (and course) "From violence to dialogue", organised by Vlasta Rudan and Darko Marčinko, venue: Croatian Academy of Sciences and Arts, March 2014
  - Professional-scientific conference (and course) "Mourning", organisers Vlasta Rudan and Darko Marčinko, venue: Croatian Academy of Sciences and Arts, December 2014
  - Professional-scientific conference (and course) "Personality disorders: real people, real problems", organisers: Darko Marčinko, Miro Jakovljević and Vlasta Rudan, venue: Croatian Academy of Sciences and Arts, May 2015
  - Professional-scientific conference "Psychoanalytic models of communication in the time of fast changes", organisers: Darko Marčinko and Vlasta Rudan, venue: Croatian Academy of Sciences and Arts, 2016

- organizatori: Darko Marčinko i Vlasta Rudan. mjesto održavanja: HAZU, 2016.
- Stručno-znanstveni skup "Hrvatski modeli liječenja poremećaja hranjenja", organizator: Darko Marčinko, mjesto održavanja: Klinika za psihijatriju KBC Zagreb, Zagreb, 21. 1. 2016.
  - Stručno-znanstveni skup "Histerija", organizatori: Darko Marčinko i Vlasta Rudan. Mjesto održavanja: HAZU, 2017.
  - Stručno-znanstveni skup "Nelagoda u kulturi 21.stoljeća – psihodinamska rasprava", organizatori: Darko Marčinko i Vlasta Rudan. Mjesto održavanja: HAZU, 2018.
  - Stručno-znanstveni skup "Psihodinamika ljubavi i mržnje", organizatori Darko Marčinko, Miro Jakovljević i Vlasta Rudan. Mjesto održavanja: HAZU, 2019.
  - Stručno-znanstveni skup „Stres u kliničkoj medicini – biologijski, psihodinamski i socijalni faktori“. Mjesto održavanja: Medicinski fakultet /i online putem/, Zagreb, 28. 5. 2021.
  - Od 2016.g. (svake godine u kontinuitetu), prof. Marčinko je organizator psihijatrijske sekcije međunarodnog neuropsihijatrijskog kongresa - INPC Pula, svake godine s novim temama (iz područja psihijatrije i psihološke medicine).

**Tematski tečajevi i stručno-znanstveni skupovi na kojima su sudjelovali članovi Zavoda:**

- Drugi hrvatski psihoterapijski kongres, Zagreb - 22. 2. 2013. Naziv predavanja: Primjena kratkih psihoterapija u bolničkom liječenju poremećaja hranjenja.
- Šesti hrvatski psihijatrijski kongres – Zagreb, 10. 10. 2014. Naziv predavanja: Poremećaji ličnosti – trendovi istraživanja
- Simpozij i radionice KBT-E multistep: Novi pristup liječenju svih poremećaja hranjenja dr. Dalle Gravea, Zagreb – 26.2.2015. Naziv predavanja: Liječenje oboljelih od poremećaja hranjenja na Zavodu za personologiju i poremećaje hranjenja Klinike za psihijatriju Medicinskog fakulteta i KBC-a Zagreb
- Simpozij povodom Dana Klinike za psihijatriju KBC Zagreb, Zagreb - 10. 12. 2013. Naziv predavanja: Personologija i DSM-5.
- Stručna tribina: Psihoterapija u liječenju poremećaja hranjenja, Zagreb - 28.2.2013. KBC Sestre milosrdnice, organizator: BEA – centar za poremećaje hranjenja. Naziv predavanja: Bolnički tretman i uloga mentalizacije u liječenju oboljelih od poremećaja hranjenja
- Edukacija liječnika obiteljske i opće medicine o pravovremenom otkrivanju poremećaja hra-

- Professional-scientific conference "Croatian models of treatment of eating disorders", organiser: Darko Marčinko, venue: Department of Psychiatry, University Hospital Centre Zagreb, Zagreb, 21 January 2016
- Professional-scientific conference "Hysteria", organisers: Darko Marčinko and Vlasta Rudan, venue: Croatian Academy of Sciences and Arts, 2017
- Professional-scientific conference "Discomfort in the culture of the 21st century - a psychodynamic debate", organisers: Darko Marčinko and Vlasta Rudan, venue: Croatian Academy of Sciences and Arts, 2018
- Professional-scientific conference "Psychodynamics of love and hate", organised by Darko Marčinko, Miro Jakovljević and Vlasta Rudan, venue: Croatian Academy of Sciences and Arts, 2019
- Professional-scientific conference "Stress in clinical medicine - biological, psychodynamic and social factors", venue: School of Medicine / and online /, Zagreb, 28 May 2021
- Since 2016 (every year in continuity), Professor Marčinko has been the organiser of the psychiatric section of the International Neuropsychiatric Congress - INPC Pula, every year featuring new topics in the field of psychiatry and psychological medicine.

**Thematic courses and professional-scientific conferences attended by members of the Division:**

- Second Croatian Psychotherapeutic Congress, Zagreb - February 22, 2013 Lecture title: Application of short psychotherapies in hospital treatment of eating disorders.
- Sixth Croatian Psychiatric Congress - Zagreb, October 10, 2014 Lecture title: Personality disorders - research trends
- KBT-E multistep symposium and workshops: A new approach to the treatment of all eating disorders by Dr. Dalle Grave, Zagreb - 26 February 2015 Lecture title: Treatment of patients suffering from eating disorders at the Division of Personology, Personality Disorders and Eating Disorders of the Department of Psychiatry at the School of Medicine and University Hospital Centre Zagreb
- Symposium for the occasion of the Day of the Department of Psychiatry, University Hospital Centre Zagreb, Zagreb - December 10, 2013 Lecture title: Personology and DSM-5.
- Expert forum: Psychotherapy in the treatment of eating disorders, Zagreb - 28 February 2013 UHC Sestre milosrdnice, organiser: BEA - Centre for Eating Disorders. Lecture title: Hospital treatment and the role of mentalization in the treatment of patients with eating disorders

- njenja. Organizator: Centar za poremećaje hranjenja BEA. Pokrovitelji: Gradski ured za zdravstvo i Gradski ured za socijalnu zaštitu. Partner: Nastavni zavod za javno zdravstvo „Dr. Andrija Štampar“. Zagreb - 2. 7. 2015. Naziv predavanja: Važnost komunikacije obiteljskih liječnika s psihijatrima i drugim stručnjacima bitnim u procesu liječenja oboljelih od poremećaja hranjenja.
- Jednodnevni simpozij za medicinske sestre „Poremećaji hranjenja u psihijatriji“, Zagreb - 15. 11. 2013. Naziv predavanja: Tretman oboljelih od poremećaja hranjenja na Zavodu za personologiju i poremećaje hranjenja Klinike za psihijatriju KBC Zagreb.
  - VI. Hrvatski kongres o psihofarmakoterapiji - Dubrovnik, od ?? do 28. rujna 2013. godine u organizaciji Hrvatskog društva za psihofarmakoterapiju i biologijsku psihijatriju HLZ-a i Akademije medicinskih znanosti Hrvatske.
  - VII. Hrvatski kongres o psihofarmakoterapiji - Dubrovnik, od 23. do 26. rujna 2015. godine u organizaciji Hrvatskog društva za psihofarmakoterapiju i biologijsku psihijatriju HLZ-a i Akademije medicinskih znanosti Hrvatske.
  - Edukativni simpozij „Stres, psihotrauma i PTSP u suvremenoj medicini i društvu“ Klinike za psihijatriju KBC Zagreb u suradnji s Hrvatskim društvom za psihofarmakoterapiju i biologijsku psihijatriju Hrvatskog liječničkog zbora i Akademijom medicinskih znanosti Hrvatske - Zagreb - 10. 12. 2012. Naziv predavanja: PTSP i suicidalnost.
  - Edukativni simpozij „Ratna psihijatrija i psihologija“, program edukacije ukrajinskih psihijatara i psihologa, Zagreb - 20. 10. 2015. Naziv predavanja: Ratna trauma i suicidalno ponašanje.
  - Trening djelatnika i djelatnica u sustavu ostvarivanja prava i pomoći preživjelima seksualnog nasilja u ratu. Organizatori treninga su Ministarstvo branitelja i UNDP Ured Hrvatska. Mjesto održavanja KBC Zagreb, 10.12. 2015. Naziv predavanja: Psihodinamika nasilja.
  - Drugi simpozij “Mladi i mentalno zdravlje”: Slušam te. Škola narodnog zdravlja “Andrija Štampar”, Zagreb, 8. 12. 2017. Naziv predavanja: Psihologija i psihopatologija ličnosti u ljubavnim odnosima - važnost psihodinamike.
  - Znanstveno-stručni skup Prevencija i liječenje poremećaja hranjenja: Novi pristupi i izazovi, Zagreb, 16. svibnja 2017. Edukacijsko-rehabilitacijski fakultet u Zagrebu. Naziv predavanja: Liječenje poremećaja hranjenja.
  - Education of family and general practitioners on the timely detection of eating disorders. Organiser: BEA Centre for Eating Disorders. Sponsors: City Office of Health and City Office of Social Welfare. Partner: “Dr. Andrija Štampar” School of Public Health Zagreb - July 2, 2015 Lecture title: The importance of family physicians communicating with psychiatrists and other key experts in the process of treating patients with eating disorders.
  - One-Day Symposium for Nurses “Eating Disorders in Psychiatry”, Zagreb - November 15, 2013 Lecture title: Treatment of patients with eating disorders at the Division of Personology and Eating Disorders of the Department of Psychiatry at the UHC Zagreb
  - Sixth Croatian Congress on Psychopharmacotherapy - Dubrovnik, from ?? until September 28, 2013 organised by the Croatian Society for Psychopharmacotherapy and Biological Psychiatry of the Croatian Medical Association and the Croatian Academy of Medical Sciences.
  - Seventh Croatian Congress on Psychopharmacotherapy - Dubrovnik, from 23-26 September 2015 organised by the Croatian Society for Psychopharmacotherapy and Biological Psychiatry of the Croatian Medical Association and the Croatian Academy of Medical Sciences.
  - Educational symposium “Stress, psychotrauma and PTSD in modern medicine and society” Department of Psychiatry of the UHC Zagreb in cooperation with the Croatian Society for Psychopharmacotherapy and Biological Psychiatry of the Croatian Medical Association and the Croatian Academy of Medical Sciences - Zagreb - December 10, 2012 Lecture title: PTSD and suicidality.
  - Educational symposium “War Psychiatry and Psychology”, education program of Ukrainian psychiatrists and psychologists, Zagreb - October 20, 2015 Lecture title: War trauma and suicidal behaviour.
  - Training of employees in the system which provides rights and assistance to victims of sexual violence in war. Organised by the Ministry of War Veterans and UNDP Office Croatia. Venue UHC Zagreb, 10 December 2015 Lecture title: Psychodynamics of violence.
  - Second Symposium “Youth and Mental Health”: I’m listening to you. “Dr. Andrija Štampar” School of Public Health, Zagreb, December 8, 2017. Lecture title: Psychology and psychopathology of personality in love relationships - the importance of psychodynamics.
  - Scientific-professional conference “Prevention and treatment of eating disorders: New approaches and challenges”, Zagreb, 16 May 2017 Faculty of

- Radionica-prevenција i liječenje poremećaja hranjenja u RH 2017: Izazovi i prilike. Zagreb, Psihijatrijska bolnica Sveti Ivan, 8. 9. 2017. Naziv predavanja: Liječenje poremećaja hranjenja.
- Edukacija iz poremećaja hranjenja za obiteljske liječnike. Naziv predavanja: Važnost komunikacije psihijataru s obiteljskim liječnicima i drugim stručnjacima bitnim u procesu prepoznavanja i liječenja oboljelih od poremećaja hranjenja. Pula, 23. 9. 2016.
- Tematsko predavanje u HLZ. Naziv predavanja: Nelagoda u kulturi 21. stoljeća: porast poremećaja ličnosti i poremećaja hranjenja. Hrvatski liječnički zbor. Zagreb, 7. 3. 2018.
- Treći simpozij "Mladi i mentalno zdravlje": Slušam te. Škola narodnog zdravlja "Andrija Štampar", Zagreb, 14. 12. 2018. Naziv predavanja: Moram li biti savršen.
- 8. Hrvatski psihijatrijski kongres. Naziv predavanja: Poremećaji ličnosti - dijagnostička i terminološka pitanja. Opatija, 26.10.2018.
- *Diabetes Expert Forum*. Naziv predavanja: Utjecaj adherentnosti na klinički ishod – važnost nesvjesnog. Zagreb, 10.11.2018.
- Škola hitne medicine za medicinske seste i medicinske tehničare. Naziv predavanja: Pristup suicidalnom bolesniku. Zagreb, 23.11.2018.
- Imunološki dani. Dermatološka sekcija, naziv predavanja: Psihodinamika i psorijaza. Umag, 18. 5. 2019. g.
- Edukativno predavanje o poremećajima hranjenja u centru BEA. Zagreb, 23. 3. 2019. Naziv predavanja: Poremećaji hranjenja-od paradoksa do kontradikcija (problemi prepoznavanja i liječenja).
- Edukativno predavanje o suicidalnosti u centru BEA. Zagreb, 26. 10. 2021. Naziv predavanja: Suicidalnost mladih (online).
- Hrvatski psihijatrijski dani, Opatija 21. 10. 2021. Naziv predavanja: Poremećaji ličnosti u vrijeme naglašenih narcističnih obrana.
- Simpozij "Mentalno zdravlje u pandemiji i nakon nje: Što smo naučili i kamo idemo?" Organizatori - Gradski ured za socijalnu zaštitu, zdravstvo, branitelje i osobe s invaliditetom Centar za zdravlje mladih Doma zdravlja Zagreb – Istok, Poliklinika za zaštitu djece i mladih Grada Zagreba. 17. 2. 2022. Naziv predavanja: Kontinuum narcističnih modela ponašanja u vrijeme pandemije: od reaktivnih narcističnih obrana do punog poremećaja ličnosti (online).
- Education and Rehabilitation Sciences in Zagreb. Lecture title: Treatment of eating disorders.
- Workshop "Prevention and treatment of eating disorders in the Republic of Croatia 2017: Challenges and opportunities". Zagreb, Sveti Ivan Psychiatric Hospital, September 8, 2017 Lecture title: Treatment of eating disorders.
- Eating Disorders Education for Family Physicians. Lecture title: The importance of communication between psychiatrists and family physicians and other professionals important in the process of identifying and treating patients with eating disorders. Pula, September 23, 2016
- Thematic lecture at the Croatian Medical Association. Lecture title: Discomfort in the 21st Century Culture: Rising personality disorders and eating disorders. Croatian Medical Association. Zagreb, March 7, 2018
- Third Symposium "Youth and Mental Health": I'm listening to you. "Dr. Andrija Štampar" School of Public Health, Zagreb, December 14, 2018 Lecture title: Do I have to be perfect.
- Eighth Croatian Psychiatric Congress. Lecture title: Personality disorders- diagnostic and terminological issues. Opatija, October 26, 2018
- Diabetes Expert Forum. Lecture title: Influence of adherence on the clinical outcome - the importance of the unconscious. Zagreb, November 10, 2018
- School of Emergency Medicine for Nurses and Medical Technicians. Lecture title: Approach to a suicidal patient. Zagreb, November 23, 2018
- Immunological days. Dermatological section, lecture title: Psychodynamics and psoriasis. Umag, May 18, 2019
- Educational lecture on eating disorders at the BEA Centre. Zagreb, March 23, 2019 Lecture title: Eating disorders - from paradoxes to contradictions (problems of recognition and treatment).
- Educational lecture on suicide at the BEA Centre. Zagreb, October 26, 2021 Lecture title: Youth suicide (online).
- Croatian Psychiatric Days, Opatija 21 October 2021 Lecture title: Personality disorders at a time of pronounced narcissistic defences.
- Symposium "Mental health in the pandemic and after: What have we learned and where are we going?" Organisers - City Office for Social Protection, Health, War Veterans and Persons with Disabilities Youth Health Centre Zagreb of the Health Centre - East Polyclinic for Child and Youth Protection of the City of Zagreb. 17 February 2022. Lecture title: The continuum of narcissistic patterns of behaviour during a pandemic: from reactive narcissistic defences to full personality disorder (online).



### Međunarodna suradnja s temama poremećaja ličnosti i poremećaja hranjenja:

- Na 10. CENP-u (*Central European Neuropsychopharmacological Symposium*), održanom u Sarajevu (17-20. 10. 2007.), pozvano predavanje "Algorithms for treatment of personality disorders"
- 2. hrvatski kongres o prevenciji i rehabilitaciji u psihijatriji s međunarodnim sudjelovanjem, Zagreb-10.2.2012.g., voditelj simpozija „Suicidologija“.
- 2012- *Department of Psychology, Penn State University, USA*, Prof.dr.sc. Aaron L. Pincus; suradnja na temu psihometrijskih instrumenata za mjerenje narcističnog poremećaja ličnosti
- 1. hrvatsko ruski kongres duhovne psihijatrije s međunarodnim sudjelovanjem. Opatija, 2. 3. 2013., sekcija „Suicidalno ponašanje“.
- 2014 - *Department of Psychiatry, Washington University School of Medicine in St. Louis, USA*, Prof.dr.sc. C. Robert Cloninger, Prof.dr.sc. Dragan Svrakic; suradnja na temu kroskulturalne psihometrijske validacije Inventara temperamenta i karaktera – revidirano izdanje (TCI-R)
- 2015 - *Department of Psychiatry, University of British Columbia, Canada*, Prof.dr.sc. John Ogrodniczuk; suradnja na temu narcističnog poremećaja ličnosti i suicidalnosti
- Simpozij Psihičke smetnje u adolescenciji, s međunarodnim sudjelovanjem, a u organizaciji Bolnice za psihijatriju djece i mladeži-Kukuljevićeva. Zagreb, 18. 9. 2015. Naziv predavanja: Liječenje adolescenata sa smetnjama ličnosti i hranjenja na Spec. zavodu za personologiju i poremećaje hranjenja KBC Zagreb.
- *The 2<sup>nd</sup> International Congress on Controversies in Primary and Outpatient Care*, Zagreb 6. 10. 2017. Naziv predavanja: *Management of depressive disorders*.
- Godišnji sastanak Hrvatskog društva za endokrinologiju i diabetologiju HLZ, Brijuni, 9. 10. 2017. Naziv predavanja: Scile i haribde terapije inzulinom: kako ga uvesti i njime trajno liječiti.
- 2017 - *Department of Psychology, Norwegian University of Science and Technology, Norway*, Prof. dr.sc. Wei Wang; suradnja na temu međukulturalne perspektive ličnosti i poremećaja ličnosti
- Međunarodni kongres „Nutricionizam i dijetetika“. Međunarodni kongres Hrvatskog društva nutricionista i dijetetičara. Zagreb, 10.-11. 6. 2018. Sekcija - Poremećaja hranjenja odraslih osoba.
- Edukacija iz poremećaja hranjenja u Sveučilišnoj bolnici Mostar, 18. 4. 2018. Naziv predavanja: Poremećaji ličnosti i poremećaji hranjenja

### International cooperation on the topics of personality disorders and eating disorders:

- 10th CENP (*Central European Neuropsychopharmacological Symposium*), held in Sarajevo (October 17-20, 2007), invited lecture "Algorithms for the treatment of personality disorders"
- 2nd Croatian Congress on Prevention and Rehabilitation in Psychiatry with International Participation, Zagreb, February 10, 2012, leader of the symposium "Suicidology".
- 2012 - *Department of Psychology, Penn State University, USA*, Professor Aaron L. Pincus, Ph.D.; collaboration on psychometric instruments for measuring narcissistic personality disorder
- 1st Croatian-Russian Congress of Spiritual Psychiatry with international participation. Opatija, March 2, 2013, section "Suicidal behaviour".
- 2014 - *Department of Psychiatry, Washington University School of Medicine in St. Louis, USA*, Professor C. Robert Cloninger, Ph.D. Dragan Svrakic; cooperation on cross-cultural psychometric validation of the Inventory of Temperament and Character - revised edition (TCI-R)
- 2015 - *Department of Psychiatry, University of British Columbia, Canada*, Professor John Ogrodniczuk, Ph.D.; collaboration on narcissistic personality disorder and suicidality
- Symposium on Mental Disorders in Adolescence with international participation, organised by the Hospital for Psychiatry of Children and Youth-Kukuljevićeva. Zagreb, September 18, 2015 Lecture title: Treatment of adolescents with personality disorders and eating disorders at the Special Division of Personology, Personality Disorders and Eating Disorders, University Hospital Centre Zagreb.
- *The 2nd International Congress on Controversies in Primary and Outpatient Care*, Zagreb, October 6, 2017 Lecture title: Management of depressive disorders
- Annual meeting of the Croatian Society for Endocrinology and Diabetology of the Croatian Medical Association, Brijuni, October 9, 2017 Lecture title: The Scylla and Charybdis of insulin therapy: how to introduce it and use it for permanent treatment.
- 2017 - *Department of Psychology, Norwegian University of Science and Technology, Norway*, Professor Wei Wang, Ph.D.; collaboration on intercultural perspectives of personality and personality disorders
- International Congress "Nutrition and Dietetics". International Congress of the Croatian Society of Nutritionists and Dieticians. Zagreb, 10-11 June 2018. Section - Adult Eating Disorders.

- nja-od paradoksa do kontradikcija (problemi prepoznavanja i liječenja).
- Skup „Bioetika i aporije psihe“. Naziv predavanja: Psihodinamika ljubavi i mržnje. Zagreb, 21. 11. 2019.
  - 6. Hrvatsko-ruski psihijatrijski kongres, Opatija 10. 9. 2021. Naziv predavanja: *Personality disorders and shame during COVID-19*.
  - 2020 - *Psychiatric Research Unit, Center for Personality Disorder Research, Slagelse Psychiatric Hospital*, Slagelse, Novi Zeland, Prof.dr.sc. Bo Bach, suradnja na temu hrvatske adaptacije Skala intenziteta poremećaja ličnosti – MKB-11 (eng. Personality Disorder Severity ICD-11 scale, PDS-ICD-11);
  - Od 2016. g. (svake godine u kontinuitetu) organizator psihijatrijske sekcije međunarodnog neuropsihijatrijskog kongresa - INPC Pula, svake godine imam novo predavanje.
  - 2022 - “Adaptacija i provjera skala za poremećaje ličnosti u MKB-11 klasifikacijskom sustavu”. Jakšić N, Marčinko D, Bilić V, Šimunović Filipčić I. Klinika za psihijatriju i psihološku medicinu, KBC Zagreb.

**Osnivanje Hrvatskog društva za personologiju, poremećaje hranjenja i poremećaje ličnosti pri HLZ:**

- Dne 13. 6. 2015. Hrvatski liječnički zbor, na svom Glavnom odboru, dao je završno odobrenje za osnivanje Hrvatskog društva za personologiju, poremećaje hranjenja i poremećaje ličnosti pri HLZ (predsjednik društva: Darko Marčinko), većina osoblja zavoda uključena aktivno u rad društva).
- Dne 11. 2. 2022. održana je redovna godišnja i izborna skupština društva, koje bilježi porast članova te stručnih, znanstvenih i edukativnih aktivnosti koji uključuju problematiku ličnosti, poremećaja ličnosti i poremećaja hranjenja. U završnoj fazi je izrada stručnih smjernica za poremećaje hranjenja koja se planira implementirati u skorije vrijeme.

**Popis znanstvenih i stručnih radova s temama personologije, poremećaja ličnosti i poremećaja hranjenja:**

1. Marčinko D, Marčinko V, Karlović D, Marčinko A, Martinac M, Begić D, Jakovljević M. Serum lipid levels and suicidality among male patients with schizoaffective disorder. *Prog Neuropsychopharmacol Biol Psychiatry* 2008; 32(1):193-6.
2. Marčinko D, Vuksan-Ćusa B. Borderline personality disorder and bipolar disorder comorbidity in suicidal patients: diagnostic and therapeutic challenges. *Psychiatr Danub* 2009;21(3):412-25.

- Education in Eating Disorders at the University Hospital Mostar, 18 April 2018 Lecture title: Personality disorders and eating disorders - from paradoxes to contradictions (problems of recognition and treatment).
- Meeting “Bioethics and aporia of the psyche”. Lecture title: Psychodynamics of love and hate. Zagreb, November 21, 2019
- 6th Croatian-Russian Psychiatric Congress, Opatija 10 September 2021 Lecture title: *Personality disorders and shame during COVID-19*.
- 2020 - Psychiatric Research Unit, Centre for Personality Disorder Research, Slagelse Psychiatric Hospital, Slagelse, New Zealand, Professor Bo Bach, Ph.D., collaboration on the Croatian adaptation of the Personality Disorder Severity ICD-11 scale (PDS-ICD-11);
- Since 2016 (in continuity) organisation of the psychiatric section of the International Neuropsychiatric Congress - INPC Pula, every year with a new lecture.
- 2022 - “Adaptation and verification of scales for personality disorders in the ICD-11 classification system”. Jakšić N, Marčinko D, Bilić V, Šimunović Filipčić I. Department of Psychiatry and Psychological Medicine, University Hospital Centre Zagreb.

**Establishment of the Croatian Society for Personology, Eating Disorders and Personality Disorders at the Croatian Medical Association:**

- On June 13, 2015, the Main Board of the Croatian Medical Association gave the final approval for the establishment of the Croatian Society for Personology, Eating Disorders and Personality Disorders at the Croatian Medical Association. The President of the Society is Darko Marčinko and most of the staff of the Division are actively involved in the work of the Society).
- On February 11, 2022, the regular annual and election assembly of the society was held, which recorded an increase in the number of members and professional, scientific and educational activities that include issues of personality, personality disorders and eating disorders. The development of expert guidelines for eating disorders, which is planned to be implemented in the near future, is in the final stage.

**List of scientific and professional papers on the topics of personology, personality disorders and eating disorders:**

1. Marčinko D, Marčinko V, Karlović D, Marčinko A, Martinac M, Begić D, Jakovljević M. Serum lipid levels and suicidality among male patients with schizoaffective disorder. *Prog Neuropsychopharmacol Biol Psychiatry* 2008; 32 (1): 193-6.

3. Marčinko D, Bilić V. Family therapy as addition to individual therapy and psychopharmacotherapy in late adolescent female patients suffering from borderline personality disorder with comorbidity and positive suicidal history. *Psychiatr Danub.* 2010; 22:211-214.
4. Marčinko D. Intersubjectivity and psychopharmacotherapy in the treatment of chronically suicidal patients. *Psychiatr Danub.* 2011;23(3):325-7.
5. Marčinko D, Bilić V, Pivac N, Tentor B, Franić T, Lončar M, Medjedović Marčinko V, Jakovljević M. Serum cholesterol concentration and structured individual psychoanalytic psychotherapy in suicidal and non-suicidal male patients suffering from borderline personality disorder. *Coll Antropol* 2011; 35(1):219-223.
6. Bilić V, Marčinko D, Miličić D. Super-ego in Patients with Coronary Artery Disease. *Coll Antropol* 2011; 35(1):127-131.
7. Podobnik J, Foller Podobnik I, Grgić N, Marčinko D, Pivac N. The effect of add-on treatment with quetiapine on measures of depression, aggression, irritability and suicidal tendencies in children and adolescents. *Psychopharmacology (Berl)* 2012; 220(3):639-41.
8. Aukst Margetić B, Jakovljević M, Ivanec D, Marčinko D, Margetić B, Jakšić N. Current suicidality and previous suicidal attempts in patients with schizophrenia are associated with different dimensions of temperament and character. *Psychiatry Res* 2012; 200(2-3):120-5.
9. Jakšić N, Brajković L, Ivezić E, Jakovljević M. The role of personality traits in posttraumatic stress disorder (PTSD). *Psychiatria Danubina* 2012; 24:256-266.
10. Jakšić N, Čuržik D. Antisocijalni poremećaj ličnosti i psihopatija – pregled suvremenih spoznaja. *Socijalna psihijatrija* 2012; 40:57-69.
11. Čuržik D, Jakšić N. Patološki narcizam i narcisoidni poremećaj ličnosti – pregled suvremenih spoznaja. *Klinička psihologija* 2012; 5:15-25.
12. Aukst Margetić B, Kukulj S, Šantić Ž, Jakšić N, Jakovljević M. Predicting depression with temperament and character in lung cancer patients. *European Journal of Cancer Care* 2013; 22:807-814.
13. Jakšić N, Aukst-Margetić B, Jakovljević M. Does personality play a relevant role in the placebo effect? *Psychiatria Danubina* 2013; 25:17-23.
14. Mirnics Z, Heincz O, Bagdy G, Surányi Z, Gonda X, Benko A, Molnar E, Jakšić N, Lazary J, Juhasz G. The relationship between the big five
2. Marčinko D, Vuksan-Ćusa B. Borderline personality disorder and bipolar disorder comorbidity in suicidal patients: diagnostic and therapeutic challenges. *Psychiatr Danub.* 2009;21(3):412-25.
3. Marčinko D, Bilić V. Family therapy as addition to individual therapy and psychopharmacotherapy in late adolescent female patients suffering from borderline personality disorder with comorbidity and positive suicidal history. *Psychiatr Danub.* 2010; 22:211-214.
4. Marčinko D. Intersubjectivity and psychopharmacotherapy in the treatment of chronically suicidal patients. *Psychiatr Danub.* 2011; 23(3):325-7.
5. Marčinko D, Bilić V, Pivac N, Tentor B, Franić T, Lončar M, Medjedović Marčinko V, Jakovljević M. Serum cholesterol concentration and structured individual psychoanalytic psychotherapy in suicidal and non-suicidal male patients suffering from borderline personality disorder. *Coll Antropol* 2011; 35 (1): 219-223.
6. Bilić V, Marčinko D, Miličić D. Super-ego in Patients with Coronary Artery Disease. *Coll Antropol* 2011; 35 (1): 127-131.
7. Podobnik J, Foller Podobnik I, Grgić N, Marčinko D, Pivac N. The effect of add-on treatment with quetiapine on measures of depression, aggression, irritability and suicidal tendencies in children and adolescents. *Psychopharmacology (Berl)* 2012; 220(3):639-41.
8. Aukst Margetić B, Jakovljević M, Ivanec D, Marčinko D, Margetić B, Jakšić N. Current suicidality and previous suicidal attempts in patients with schizophrenia are associated with different dimensions of temperament and character. *Psychiatry Res* 2012; 200 (2-3): 120-5.
9. Jakšić N, Brajković L, Ivezić E, Jakovljević M. The role of personality traits in posttraumatic stress disorder (PTSD). *Psychiatria Danubina* 2012; 24: 256-266.
10. Jakšić N, Čuržik D. Antisocial personality disorder and psychopathy - a review of contemporary knowledge. *Social Psychiatry* 2012; 40: 57-69.
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