

Public health in Hungary

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Sažetak

The improvement of the state of health of the population and prevention of mortality are individual and social responsibility. Public health activities should be focused on factors which influence health, so that is an all-society task which can be fulfilled through public health program. Health status of Hungarian population is not satisfactory compared to international health status. The situation is also difficult because of the social situation unevenness in the country. In case of chronic non-communicable diseases, cardiovascular diseases and malignant tumors are the major causes of early death. Certain lifestyle influenced diseases are inadequately prevented. Prevention of diseases caused by obesity, insufficient physical activities and illegal substances abuse should be an important task for the individual, the family and the society as a whole.

A new Public Health Strategy has been started in 2011 in Hungary; the most important elements of the strategy are development of preventive activities, broadening of health visitors' domains and improvement of public health activities in early detection of illnesses through screening programs. Smoking prevention is the most prominent element, as well as health culture improvement, especially through school education, healthy diet promotion and national and international examples of good practice application. The priorities are promoting epidemiological safety, environment protection and mental health improvement.

It is very important to point out the great importance of public health researches – development, education, upbringing and making quality systems.

As for financing, the EU tenders, funds for public health and state impetus will be used.

Action plans realization from the Public Health Strategy and their efficacy obtains significant investments and lots of tasks for health experts and public health experts in small settlements, as well as towns, counties, so the goal is to improve the state of health of the population.